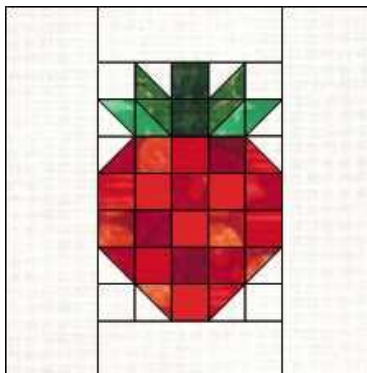


Hearts and Hands
Block of the Month
May 2020 - Strawberry



Fabric Requirements: A white on white, two medium greens, a dark green and assorted red and/or pink scraps.

Cutting Directions:

White – cut 2 rectangles - 3" x 10 ½"

cut 2 rectangles - 2" x 5 ½"

cut 5 squares - 1 7/8" (these will be used for HST)

(cut these at 2" if you prefer to trim them)

cut 4 squares - 1 ½"

Medium Green – cut 2 squares 1 7/8" from each medium green (for HST) (4 total)

Dark Green – cut 2 squares 1 ½" (stem)

Red – cut 17 squares 1 ½"

cut 3 squares 1 7/8" (for HST)

Sewing Directions:

Using the 1 7/8" squares, pair the 5 white squares with the 3 red squares and 2 different medium green squares. Pair the remaining medium green squares with each other (these will form the leaves of the strawberry).

Draw a diagonal line on wrong side of white squares and one of remaining medium green squares. Sew ¼" on either side of the line, cut on the drawn line and press to dark side. Your HSTs should measure 1 ½" square.

Assemble the strawberry in rows following the diagram at the top of the page. Press the rows in opposite directions.

Sew the rows of the strawberry together; press the rows toward the center of the strawberry. Your berry should measure 5 ½" x 7 ½".

Sew the white 2" x 5 ½" rectangle to the top and bottom of the strawberry; press away from the center.

Sew a white 3" x 10 ½" rectangle to each side of the strawberry; press away from the strawberry

The block is 10.5" unfinished; 10" finished.