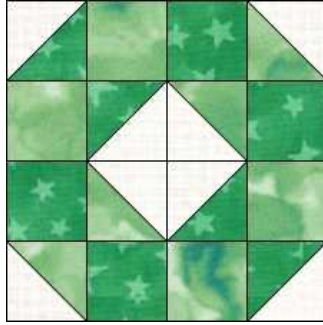


Hearts and Hands
Block of the Month
November 2020 - Cheyenne



Fabric requirements: White on white and two shades of green (Green 1 and Green 2)

Cutting Directions:

White – cut 4 squares $3\frac{3}{8}''$ x $3\frac{3}{8}''$

Green 1 – cut 2 squares $3\frac{3}{8}''$ x $3\frac{3}{8}''$ and 4 squares $3''$ x $3''$

Green 2 - cut 2 squares $3\frac{3}{8}''$ x $3\frac{3}{8}''$ and 4 squares $3''$ x $3''$

Sewing Directions:

On the wrong side of the 4 white squares, draw a diagonal line. Placing the white squares right sides together with the $3\frac{3}{8}''$ Green 1 and Green 2 squares, sew $\frac{1}{4}''$ on each side of the line. Cut on the drawn line to make 8 half square triangles and press open. These HSTs should be trimmed to $3''$.

Following the diagram above, construct the block in rows. Press the Rows 1 and 3 to the left and Rows 2 and 4 to the right.

Sew the rows together, press the seam between Rows 1 and 2 to the top. Press the seam between Rows 3 and 4 to the bottom. Press the seam between Rows 2 and 3 to the top.

The block is 10'' finished (10.5'' unfinished)