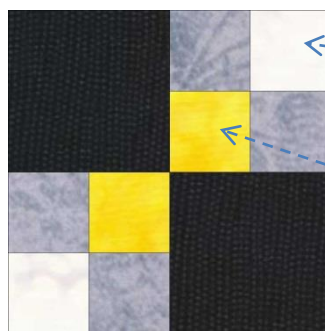


Hearts and Hands BOM September 2019

Autumn Tints



White squares
In the corners

Bright squares
In the center

Flattening the Center of a Four Patch

This block is more successful if you flatten the center of all the four patches. If you don't already know how to do this, check out an on-line tutorial.

Video tutorials (YouTube..) Carrie Nelson – Popping Seams of Four Patch
Edyta Sitar -How to Sew & Press a Four Patch (Spinning Seams)

Twiddle Tails – Fanning (Spinning) 4 Patch or 9 Patch

Written Tutorial - Quiltville.com, Tips & Techniques, Spin the 4 Patch Seams

Cutting Directions:

Cut two 5 ½” squares of black (solid, tonal or batik)

Cut 4 3” squares of medium gray

Cut 2 3” squares of white (or white on white)

Cut 2 3” squares of a bright tonal , solid , or batik

Sewing Directions

Sew the white squares to gray squares, press to the gray

Sew the bright squares to gray squares, press to the gray

Sew a white and gray rectangle to a bright and gray rectangle to form a four patch as shown above. Spin your seams to flatten

Sew each four patch to a black squares. Sew the resulting rectangles together to form the large four patch. Spin your seams again.

This is a 10” (finished) block; 10 ½ “ unfinished