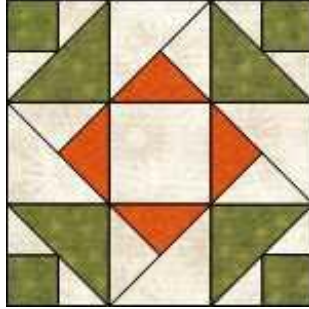


Hearts and Hands  
Block of the Month  
September 2021 - Aunt Dinah



**Fabric Requirements:** Cream background, a muted fall green and another fall color of your choice such as gold, maroon, dark red or orange (referred to a Color 2 in this pattern)

**Cutting Directions:**

From the cream: cut 2 - 4 7/8" squares, cut once on the diagonal  
cut 1 - 5 1/4" square, cut twice on the diagonal  
cut 1 - 4 1/2" square  
cut 4 - 2 7/8" squares, cut once on the diagonal

From the green: cut 2 - 4 7/8" squares, cut once on the diagonal  
cut 4 - 2 1/2" squares

From color 2: cut 1 - 5 1/4" square, cut twice on the diagonal

**Sewing Directions:**

To make the corner blocks, sew a cream triangle to the sides of a green 2 1/2" square, press to the square.

Then sew the triangle you just made to green 4 7/8" half square triangle, press to the large triangle

To make the inner blocks, sew one cream triangle that was cut from the 5 1/4" square to the side of a Color 2 triangle of the same size, press to the Color 2 triangle.

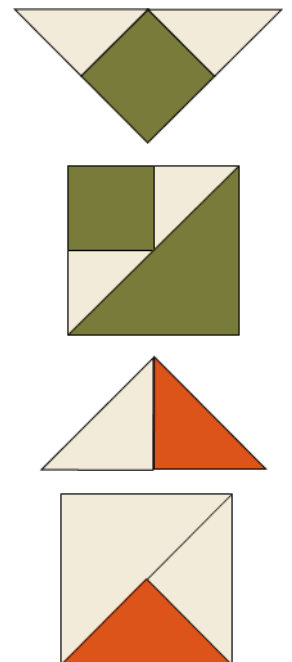
Then sew the triangle you just made to cream 4 7/8" half square triangle, press to the large triangle

Assemble in 3 rows.

Press Rows 1 and 3 to the outside.

Press Row 2 to the center

Sew the rows together and press to the center



**The block is 12.5" unfinished; 12" finished.**