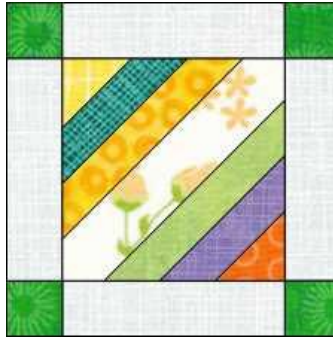


Hearts and Hands
Block of the Month
August 2026– Bordered String Block



Fabric requirements:

White on white and scraps

Cutting Directions:

From white – cut 1 strip 2" x 13"

cut 4 strips 2 ½" x 8 ½"

From scraps – cut 4 squares 2 ½" x 2 ½" and several strips of varying widths of 2" or less

Sewing Directions:

Start with a piece of paper that is 8 ½" square.

Lay the 2" x 13" white strip diagonally on the paper square right side up.

Lay a second strip of any color right sides together with the white strip and sew a ¼" seam.

Press away from the white strip,

Continue adding strips to both sides of the white strip, pressing after each addition.

When the paper is covered with strips, turn it to the wrong side and trim away the excess fabric.

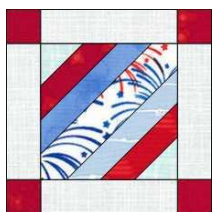
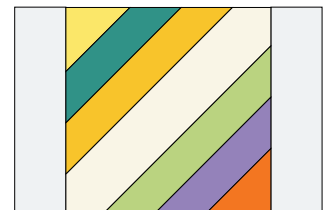
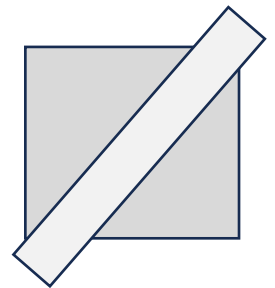
Remove the paper foundation.

Sew a 2 ½" x 8 ½" strip to opposite sides of the string pieced square.

Press to the strips

Sew a 2 ½" square to each end of the remaining 8 ½" strips. Press to the square.

Sew these units to opposite sides of the block and press away from the center.



RWB Option – Use red, white and blue strips and either red or blue squares for the cornerstones

The block is 12.5" unfinished; 12" finished.