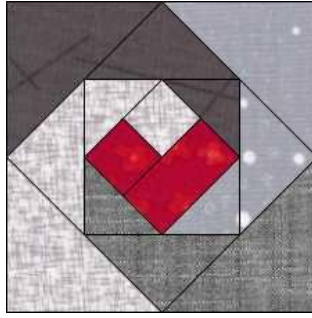


Hearts and Hands BOM January 2025

Hearts-A-Whirl



Fabric Requirements:

Red, 4 Shades of Gray

Cutting Directions:

From red - cut 1 square $2\frac{1}{2}''$ x $2\frac{1}{2}''$ and 1 rectangle $2\frac{1}{2}''$ x $4\frac{1}{2}''$

From lightest shade of gray - cut 1 square $2\frac{1}{2}''$ x $2\frac{1}{2}''$

From all shades of gray – cut 1 square $3\frac{3}{4}''$ x $3\frac{3}{4}''$ & cut once on the diagonal

- cut 1 square $4\frac{7}{8}''$ x $4\frac{7}{8}''$ & cut once on the diagonal

- cut 1 square $7\frac{1}{4}''$ x $7\frac{1}{4}''$ & cut once on the diagonal



Assembly Directions:

Note: This block is constructed from the center to the outside; it is a version of a square in a square block commonly called Snail Trail.

Sew the red square to the $2\frac{1}{2}''$ light gray square; press to the red.

Sew this unit to the red rectangle; press to the rectangle; the square is $4\frac{1}{2}''$ x $4\frac{1}{2}''$.

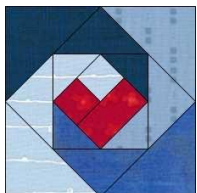
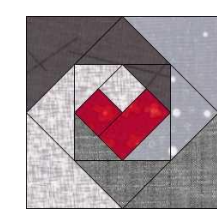
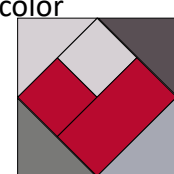
Using two of the $3\frac{3}{4}''$ triangles, sew one to each side the of the square made in the previous step; center on the square. Check the block at the top of the page for color placement. Press away from the square.

Add the remaining $3\frac{3}{4}''$ triangles to the opposite sides of this unit; press away from the square. This square should measure $6\frac{1}{8}''$.

Using the $4\frac{7}{8}''$ triangles, sew a triangle to the top and bottom of previous unit; press away from the center.

Add the remaining $4\frac{7}{8}''$ triangles to the sides of this unit; press away from the center. This square should measure $8\frac{3}{8}''$.

Complete the block by adding the $6\frac{7}{8}''$ triangles in the same manner. Press away from the center.



RWB option – substitute blue for the 4 shades of gray.
Alternate light and dark fabrics

**This is a 12" finished block
(12 1/2" unfinished)**