FoodTest95™
...Feel Better Again!

Common Food Panel

Patient Name:
Accession No:
Doctor/Clinic:
Order Doctor:
Fax#:
Comments:

Age:
Test ID:
Doctor ID:

Date of Birth:
External ID:
Data File:
Technician: ZT

Date Collected:
Date Received:
Date Run:
Date Reported:
Date Final:

Final Report

RESULT		Reference Range Low	Moderate	Avoid	ALLERGEN
					DAIRY
1673	Avoid	<150	150 - 450	>450	Casein
919	Avoid	<150	150 - 450	>450	Cheddar Cheese
1801	Avoid	<150	150 - 450	>450	Cottage Cheese
1496	Avoid	<150	150 - 450	>450	Cow's Milk
355	Moderate	<150	150 - 450	>450	Goat's Milk
1515	Avoid	<150	150 - 450	>450	Mozzarella Cheese
1218	Avoid	<150	150 - 450	>450	Swiss Cheese
1463	Avoid	<150	150 - 450	>450	Whey
					MEATS
39	Low	<100	100 - 250	>250	Beef
66	Low	<100	100 - 250	>250	Chicken
1922	Avoid	<150	150 - 450	>450	Egg White
780	Avoid	<150	150 - 450	>450	Egg Yolk
0	Low	<100	100 - 250	>250	Lamb
19	Low	<100	100 - 250	>250	Pork
0	Low	<100	100 - 250	>250	Turkey
					GRAINS
36	Low	<100	100 - 280	>280	Barley
0	Low	<100	100 - 280	>280	Buckwheat
7	Low	<100	100 - 250	>250	Corn
281	Avoid	<100	100 - 280	>280	Gliadin
237	Moderate	<100	100 - 280	>280	Gluten
31	Low	<100	100 - 350	>350	Hemp
36	Low	<100	100 - 280	>280	Malt
1	Low	<100	100 - 280	>280	Oat
22	Low	<100	100 - 280	>280	Quinoa
0	Low	<100	100 - 280	>280	Rice
407	Avoid	<100	100 - 280	>280	Wheat
					FISH
10	Low	<100	100 - 200	>200	Cod
0	Low	<100	100 - 200	>200	Halibut
0	Low	<100	100 - 200	>200	Salmon
0	Low	<100	100 - 200	>200	Sardine
0	Low	<100	100 - 200	>200	Sole
0	Low	<100	100 - 200	>200	Tilapia
0	Low	<100	100 - 200	>200	Trout
0	Low	<100	100 - 200	>200	Tuna
					SHELLFISH
13	Low	<100	100 - 200	>200	Clam
7	Low	<100	100 - 200	>200	Crab
36	Low	<100	100 - 200	>200	Lobster
41	Low	<100	100 - 200	>200	Oyster
11	Low	<100	100 - 200	>200	Shrimp
					NUTS
65	Low	<150	150 - 420	>420	Almond
1422	Avoid	<150	150 - 420	>420	Peanut
0	Low	<100	100 - 250	>250	Pecan
34	Low	<100	100 - 300	>300	Sesame Seed
69	Low	<100	100 - 300	>300	Sunflower Seed
4	Low	<100	100 - 250	>250	Walnut
					CANDIDA SCREEN
386	Avoid	<120	120 - 380	>380	Candida Albicans

Due to literature documented test sensitivity limitations,negative serum allergy tests should not be used to justify exposure to an allergen that is clinically suspected as the cause of anaphylactic reaction.

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Final Report

RESULT		Reference Range Low	Moderate	Avoid	ALLERGEN
					FRUITS
0	Low	<100	100 - 200	>200	Apple Mix
0	Low	<100	100 - 200	>200	Apricot
30	Low	<100	100 - 250	>250	Avocado
142	Moderate	<100	100 - 250	>250	Banana
0	Low	<100	100 - 200	>200	Blueberry
0	Low	<100	100 - 200	>200	Cranberry
0	Low	<120	120 - 250	>250	Grapefruit
0	Low	<120	120 - 250	>250	Lemon
2	Low	<100	100 - 200	>200	Nectarine
24	Low	<120	120 - 250	>250	Orange
13	Low	<120	120 - 250	>250	Papaya
0	Low	<100	100 - 200	>200	Peach
0	Low	<100	100 - 200	>200	Pear
1188	Avoid	<120	120 - 300	>300	Pineapple
0	Low	<100	100 - 200	>200	Plum
0	Low	<100	100 - 200	>200	Raspberry
0	Low	<100	100 - 250	>250	Red Grape
0	Low	<100	100 - 200	>200	Strawberry
50	Low	<100	100 - 200	>200	Watermelon
					VEGETABLES
46	Low	<100	100 - 250	>250	Asparagus
0	Low	<100	100 - 200	>200	Beet
0	Low	<100	100 - 200	>200	Black Olive
0	Low	<100	100 - 250	>250	Broccoli
0	Low	<100	100 - 200	>200	Cabbage
0	Low	<100	100 - 200	>200	Carrot
7	Low	<100	100 - 250	>250	Cauliflower
0	Low	<100	100 - 200	>200	Celery
7	Low	<100	100 - 250	>250	Cucumber
16	Low	<100	100 - 300	>300	Garlic
282	Moderate	<150	150 - 450	>450	Green Bean
41	Low	<100	100 - 250	>250	Green Pepper
554	Avoid	<150	150 - 450	>450	Kidney Bean
3	Low	<100	100 - 300	>300	Lentil
3	Low	<100	100 - 250	>250	Lettuce
0	Low	<100	100 - 300	>300	Lima Bean
80	Low	<100	100 - 250	>250	Onion
19	Low	<110	110 - 300	>300	Pea
1	Low	<100	100 - 200	>200	Potato
12	Low	<110	110 - 220	>220	Pumpkin
142	Low	<150	150 - 420	>420	Soybean
1	Low	<100	100 - 200	>200	Spinach
20	Low	<100	100 - 200	>200	Tomato
					MISCELLANEOUS
9	Low	<100	100 - 250	>250	Baker's Yeast
88	Low	<120	120 - 300	>300	Brewer's Yeast
6	Low	<100	100 - 200	>200	Cane Sugar
9	Low	<100	100 - 200	>200	Chocolate
0	Low	<90	90 - 200	>200	Coffee
14	Low	<100	100 - 200	>200	Honey
81	Low	<100	100 - 250	>250	Mushroom

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