



CGNA pre-conference workshop

The Canadian Network for Nurse Researchers in Aging (CNNRA) workshop: An Introduction and Discussion

Thursday May 2, 2019 1630-1800

Summary

Attendance: 20 delegates (many of whom were interested in joining as new members)

Introduction:

Co-chairs- Drs. Lisa Cranley and Hannah O'Rourke

Coordinator- Jenny Swindle

Founding chairs: Drs. Kathy McGilton and Wendy Duggleby

Workshop Objectives:

- Introduce the mission, vision, and purpose of CNNRA;
- Explore possible advantages of a closer collaboration between CGNA and CNNRA members;
- Discuss inclusion of CNNRA workshops or other events at future CGNA conferences;
- Identify topics and skill-building activities that are of interest to CGNA members and which could be offered by CNNRA
- Questions for discussion (CNNRA CAFÉ)

CNNRA survey:

- Results of the CNNRA survey were discussed
- An online survey was sent to CNNRA members asking the following 4 questions:
 1. Are you still interested in being on the CNNRA mailing list?
 2. How do you see yourself being involved in CNNRA?
 3. Collaborating with other groups may support sustainability of CNNRA. What groups would you suggest we partner or collaborate with (i.e. CAG, CNA, CGNA)?
 4. Is there anything more you would suggest or like to add that would make the work of CNNRA meaningful?

CNNRA CAFÉ:

General Discussion/Suggestions from the Group:

- Increase CNNRA visibility and profile (e.g., twitter, CGNA website)
- Create an action plan
- Determine research priorities by connecting with clinicians and funders
- Consider applying for a CIHR/ collaborating and convening research grant
- Sustainability- house CNNRA initially with CGNA then can look at spreading it further



(where there is a research mandate)

- Connect members more frequently throughout the year (Zoom, etc)

The following questions were discussed:

Are the mission, vision, and purpose of CNNRA of value to you? Should they be revised in any way?

- Vision was reworded by group members, suggestion was: Leading excellence in research, collaboration and innovation to improve the health and well-being of aging Canadians
- “Academic” research capacity may be too narrow. Perhaps make it more broad to be inclusive of practitioners (practice impact)
- Identify research priorities to improve quality of care and life of older adults
- Develop strategies to optimize knowledge dissemination and utilization

How valuable is networking as part of CNNRA’s activities and what would this look like?

- Very valuable
- To know who to invite on project-who to go to
- Newsletters, Go To Meetings, holding meetings at various conferences
- Requires practical benefits for people to be involved (ie: networking, information on funding and clinical initiatives)

What interests you about CNNRA and what would keep you interested?

- Networking/ building national collaborations
- Mentorship from senior researchers successful in grants (collaboration)
- Moving research agendas forward/ connecting research with practice/clinicians
- Building research capacity/ opportunities to get students excited about research
- Developing research projects across Canada

How could CNNRA benefit from collaborating with CGNA and vice versa?

- CGNA + CNNRA partner- learners and researchers are able to meet and learn from each other
- Building research capacity- teaching what research entails (time and effort)
- How to make research a priority to front line staff and management
- Communications between CGNA (Perspectives Journal) with CNNRA to link researchers to journal submission

What are the workshops or events that would be of value, if offered at CGNA? What specific topic areas would be of interest?

- CNNRA preconference workshop on demystifying research and how to get involved in research
- Work with clinicians for implementation
- Grant writing
- Funding /priorities: which research areas would attract research topics
- Peer review sharing via conference call on anything you were working on
- List of mentors and research areas



- Collaboration with senior researchers/clinicians

Thank you for your participation in the CNNRA workshop!