

Annual Report to Members

April 1, 2023- March 31, 2024

For Presentation at the Annual General Meeting

May 25, 2024



Annual Report for 2023 – 2024

President

Name and Position/Committee: Julie Rubel, President (2023-2025)

Canadian Gerontological Nursing Association is an energetic national association. With membership spanning coast to coast to coast, we seek to represent gerontological nurses from all corners of this beautiful country, across sectors, from various registration categories, and with all levels of experience. We are steadfastly guided by our mission, *romoting excellence in gerontological nursing through leadership, knowledge and scholarship*. Our commitment to these pillars has shaped the work we have engaged in over the past year and will continue to drive the work we are planning for 2024–2025.

In the area of leadership, CGNA continues to be represented at the Canadian Nurses Association (CNA) Canadian Network of Nursing Specialties (CNNS) committee. Our connection with CNA provides an important connection to advocacy efforts at the national level and supports the maintenance of our gerontology certifications (GNPC(c) & GNC(c)). Another important way CGNA encourages leadership is through the work of our board members. Currently, members representing nine provinces are engaging in leadership roles at the provincial and national level. These positions require an incredible level of dedication and an ongoing commitment of time. Without these efforts, the work of CGNA and its provincial chapters would not be possible. I wish to extend my tremendous thanks to all members, provincial and national, who are giving of their time to support this important work. Both our national board and our provincial chapters are always looking for new leaders. If you have interest in joining us, please [connect with us](#), we welcome the opportunity to work together.

Many exciting opportunities have come to fruition in the past year under the pillar of knowledge. Each of these are detailed in our Director of Education report, which I encourage you to review. Several of these opportunities have been made possible through the hard work of our education committee. I would like to take this opportunity to thank these committee members (Roslyn Compton, Abigail Wickson-Griffiths, Barbara Tallman, Debbie Lashbrooke, Lori Schindel Martin, Winnie Sun, and Mariana Ribeiro). I welcome all members to follow news of our educational offerings via our email blasts, social media, and via your professional networks. Another critical way CGNA contributes to the knowledge of gerontological nurses is through our peer-reviewed journal, *Perspectives*. I am tremendously proud of the recent work *Perspectives* has done to reflect the diverse work gerontological nurses are engaging in across sectors and populations. With this in mind, I encourage members to consider our current [Call for Manuscripts](#) for an upcoming special issue, *Older Adults Experiencing Homelessness*, set for release in 2025.

Finally, CGNA supports scholarship in three important ways: through *Perspectives* (as noted above), through our awards and scholarships program, and through our partnership with the Canadian Network for Nurse Researchers in Aging (CNNRA). Every year CGNA offers a research grant award as well as the Ann C. Beckingham scholarship, both of which are open to any member who meets the criteria. Excitedly, this year we saw an increase number of applicants. Thank you to all those who applied. Winners will be officially recognized at our May 2024 Annual General Meeting. Lastly, visitors to the CGNA website may have noticed our colleagues from CNNRA now have space on our website. We were pleased to welcome them and are encouraged by the potential for future partnership, which will seek to promote scholarship and knowledge amongst gerontological nurses.

Activities during this period:

The following is a list of events I was pleased to attend as your 2023-2024 CGNA President.

CGNA Administrative Huddles (President, Past President, President-Elect, Office Manager)

April 10/23, April 17/23, May 1/23

CGNA Executive Meetings

April 19/23, June 21/23, July 4/23, September 6/23, October 18/23, December 20/23, February 21/24

CGNA Full Board Meetings

April 20/23, May 27/ 23, September 20/23, November 15/23, January 17/24, March 20/24

CGNA 2023- April 20-22/23

CGNA Annual General Meeting (AGM)- May 27/23

CGNA 2023 Conference Planning Committee

May 15/23 (post conference debrief)

CGNA 2025 Conference Planning Committee

September 28/23, October 26/23, November 20/23, December 6/23, January 10/24

Provincial Chapter Sustainability (special committee convened to discuss unique needs of Provincial Chapters)

February 8/24, February 27/24

Canadian Nurses Association: Canadian Network of Nursing Specialities

July 31/23, October 16/23

Partnership Meetings

October 18/23 (Canadian Nurses Foundation), November 29/23 (Pallium ECHO), February 14/24 (brainXChange)

Additional Notes:

Again, I would like to thank the CGNA board for their continued commitment to our mission statement and to our members. Each of you brings a unique perspective and energy to the table which makes our work feel not only possible, but also energizing and impactful. I am inspired by you. It is an honour to work with you and for you. I would like to extend a special thanks to Elaine Campbell who has been a supportive and thoughtful mentor. Thank you for bringing the calm, reflective vibes to balance my fiery passion!

I would also like to thank those who have taken on other leadership roles within our association including Elaine Moody (Research and Scholarship Chair), Dawn Prentice (Editor in Chief, *Perspectives*), and Carrie Gumpel & Brandy Stadnyk (Co-Chairs, CGNA 2025 Planning Committee). Each of these great leaders is supported by an incredible team of either reviewers or committee members who make this work possible and in doing so, strengthen the impact of CGNA.

Additional thanks goes to CGNA Office Manager, Anthony Lombardo. We are grateful for his commitment to CGNA and consistent efforts to keep our members informed through various communication channels including our [website](#), email blasts and social media. Not yet following us on our socials? Follow us here [X \(formerly Twitter\)](#), [Facebook](#) & [LinkedIn](#).

Finally, I would like to extend an invitation to our May 2024 Annual General Meeting (AGM). We welcome you to join us for a pre-AGM education session featuring current and future partners: Pallium ECHO, brainXchange, and CNNRA. We invite you to learn more about the ways in which we envision these partnerships enriching your CGNA membership and furthering the work of gerontological nurses. Please watch your email for event details.

In closing, I thank all CGNA members for allowing me the privilege to serve as your President, it is an honour I fully embrace. I look forward to delivering for members in 2024-2025 with our dedicated Board and with the enthusiasm of members from across Canada.

Respectfully submitted,

Julie Rubel, RN MScN GNC(c), CGNA President



Annual Report for 2023 – 2024

President - Elect

Name and Position/Committee: Brandy Stadnyk, President-Elect

Activities during this period: The main activities during this first year as a part of the CGNA executive involve becoming orientated to the role and scope of issues and activities across Canada. Participating in regular board and executive meetings has enabled me to meet leaders in gerontology from the other provinces and see the collaborative inter-provincial approach CGNA takes to ensure all members are supported in practice. It has been a privilege to be warmly welcomed into the fold alongside the incredible executive and board members.

On behalf of CGNA, I am co-chairing the 2025 conference planning committee with MGNA president Carrie Gumpal. We are so excited for the CGNA conference to return to Winnipeg, MB. “Reuniting at the Forks: Inclusivity in Gerontological Nursing Practice” will provide an opportunity to celebrate the rich, 40-year history of the CGNA while looking forward to advancing inclusivity in gerontological nursing practice. We look forward to seeing everyone in person My 29-31, 2025.

Additional Notes: Thank you.



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Past President

Name and Position/Committee: Elaine Campbell, RN MN GNC (C), CGNA Past President

Activities during this period: I attended CGNA Executive and Full Board Meetings throughout the 2023-24 year. I attended all committee meetings associated with the upcoming planning of our CGNA 2025 23rd Biennial Conference to be held in Winnipeg Manitoba May 2025.

Along with CGNA President Julie Rubel I co-chaired special meetings with representatives from provincial chapters to discuss ongoing provincial and chapter membership challenges and explore options for future structure of CGNA and its provincial representatives.

CGNA Board and Executive Nominations – As Chair of the Nominations committee I prepared the slate of nominees for available Board Executive and Director positions to be presented and voted on at the Annual General Meeting on May 25, 2024.

Additional notes: It has been a pleasure to support the ongoing activities of Julie Rubel, President as well as all members of the Executive and Board of Directors. I look forward to continuing my final term as past president on the CGNA executive of the board 2024-25 and supporting the continued growth of CGNA and its membership.

Annual Report for 2023 – 2024

Secretary

Name and Position/Committee: Therese Lim, Secretary

Activities during this period:

Attended every Executive and Board of Director meeting since the AGM held May 27, 2023. All meetings were held by Zoom platform unless otherwise noted.

Executive Meeting:

- June 21, 2023
- September 6, 2023
- October 18, 2023
- December 20, 2023
- February 21, 2024
- April 17, 2024

Board of Director Meeting:

- May 27, 2023 Pre and Post AGM meetings
- September 20, 2023
- November 15, 2023
- January 17, 2024
- March 20, 2024

Additional Notes:

Prepared and circulated to Executive and Board members the meeting minutes and associated documents.

Facilitated the collation of reports for the AGM.

It has been an honour and pleasure to support the activities of the Executive Team and Full Board of Directors of CGNA, as the first year of my second term as Secretary draws to a close.

Therese Lim BScN (Hons), BA, RN, GNC (C)



Annual Report for 2023-2024

Name & Position/Committee: Treasurer, Lindsay Thomas NP, BScN, MN

Activities during this period:

1. Membership report April 1, 2023-March 31, 2024

Total Members & Associates: 1,419

Members: 1,254

Associates: 46

Student Associates: 119

2. Financial Statement for January 1, 2023-December 31, 2023.

For further details on the financial review, the CGNA Unaudited Statement of Financial Position is available as a supplement to this document.

0. Budget for the January 1, 2024-December 31, 2024

The 2024 CGNA budget was approved by the Board of Directors on November 15, 2023.

1. Accounting firm, Ouseley, Hanvey, Clipsham & Deep (OHCD) for CGNA Financial Statements.

OHCD was appointed by members as CGNA's public accountants to perform financial reviews from 2015-2023. Appointment of the 2024 public accountants will occur at the AGM, May 25, 2024.

Canadian Gerontological Nursing Association

Budget Overview: 2024 Budget - FY24 P&L

January - December 2024

	TOTAL
Income	
4110 GO - Membership Fees	35,000.00
4122 GO - Perspectives	400.00
Total Income	\$35,400.00
GROSS PROFIT	\$35,400.00
Expenses	
5110 GO - Board Expenses	200.00
5135 GO - Executive Expenses	0.00
5140 GO - AGM Costs	100.00
5145 GO - Bank and Credit Card Ch...	1,000.00
5150 GO - Website	300.00
5153 GO - Database Fee	2,000.00
5155 GO - Grants	2,500.00
5160 GO- Postage, Mailing & Courier	50.00
5162 GO - Annual Filing	20.00
5170 GO - Insurance	1,450.00
5172 GO - Operation Management Fee	50,000.00
5173 GO - Provincial Support	2,000.00
5185 GO - Network & Partnership	200.00
5190 GO - Journal	4,150.00
5193 GO - Webinars	250.00
5210 GO - Accounting & Audit Fee	4,000.00
5211 GO Bookkeeping	6,000.00
5215 GO - Promotion	500.00
5220 GO - Videoconferencing	200.00
GST/HST Expense	3,000.00
Total Expenses	\$77,920.00
NET OPERATING INCOME	\$ -42,520.00
NET INCOME	\$ -42,520.00

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Communications

Name and Position/Committee: Kim Ritchie, Director of Communication

Activities during this period:

I was thrilled to join the CGNA Executive team in January, 2024. Give my recent tenure in this position, the last couple of months have been spent meeting members on the executive and learning about the role and responsibilities. Goals for the remainder of the years are to develop innovative ways to meet the evolving needs for meaningful communication with the membership.

Social Media

Social media outlets were appropriately the primary means of communicating information about awards, new initiatives, and conferences. Anthony Lombardo supports and administers the Twitter, Facebook, and LinkedIn accounts.

Recent discussions with the executive suggest that social media is the preferred method of communication among the membership as it is short and digestible content, which can be easily accessed.

Perspectives

I recently attend an editorial meeting with the Perspectives team and am eager to actively engage in developing communicate channels with the CGNA board.

Additional Notes:



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Education

Name and Position/Committee: Roslyn M. Compton, Director of Education

Activities during this period:

CGNA Education team was formed post May 2023 AGM. The first meeting was held over Zoom in September 2023 after the summer vacation period. Team consisted of 4 team members – self-selected to be members of the team:

Roslyn M Compton Director of Education – Saskatchewan

Abigail Wickson-Griffiths – Saskatchewan

Barbara Tallman – Manitoba

Debbie Lashbrooke – Ontario

Meeting scheduled to begin every 2nd month starting October 2023 (November, 2023, January 2024, March 2024, with future meetings booked May, September, November 2024).

New members joined the team in November 2023:

Lorie Schindel Martin – Ontario

Winnie Sun – Ontario

Mariana Ribeiro – Saskatchewan

November 2023 – Feed Your Mind (FYM) was created –an opportunity for CGNA members to come together and learn on topics identified by members in collaboration with experts in the field. Through ongoing conversations, FYM was placed on hold to pursue a partnership with Pallium Canada ECHO series. Jonathan and Holly from Pallium presented to the CGNA Education team. From this conversation, further conversations pursued between Pallium Canada and CGNA Board members. February 2024 a MOU was signed between CGNA and Pallium Canada with the first ECHO session scheduled for April 4, 2024 (Altered Responses).

ECHO sessions have been designed to maximize opportunities for nurses to attend during break times at work – 2 30-minute sessions on the 1st and 2nd Thursday of the month. The first session is a presentation of the concept, and the second session is an application session with the opportunity for case presentations and discussion facilitated by the presenter.

Schedule for Pallium/CGNA ECHO series:

April 4 and 11, 2024 – Altered Responses (Erin Yakiwchuk and Deb Schick)

June 6 and 13, 2024 – Family integration into care teams (Sharon Anderson and Jasneet Parmar)

September 5 and 12, 2024 – Extracellular vesicles in longevity research (Ayesha Saleem)

November 7 and 14, 2024 – Palliative Oral Care (Heather Woodbeck)

December 2023 - Roslyn met with Heather Woodbeck and Cathy Schoales to explore learning opportunities and best practices in long-term care. Connections were shared and partnerships were established to share knowledge and resources to engage nurses in the field of gerontology.

January 2024 – Shell created for CGNA Education page on the website. The education team is planning to address the plan for the development of the web page at the May 2024 meeting.

February 2024 – Julie and Roslyn met with Jillian McConnell from BrainXchange to explore opportunities to collaborate on building learning and engagement opportunities for nurses caring with older adults. Conversations are ongoing with potential collaborations and linking out to site from CGNA education web page.

March 2024 – Roslyn confirmed pre-AGM education session speakers (12:45 – 1:30 pm EST)

Pallium Canada – Jonathan and Diane

BrainXchange – Jillian

CNNRA - Lisa

2024-2025 Plan

- Establish web page on CGNA website, including section for upcoming education sessions from sources across Canada and internationally (free sessions)
- Plan FYM sessions
 - 2025 Conference – possible conference session on future potential roles of nurses in communities caring with older adults with post-conference follow-up session June 2025
 - Possible topics include sharing projects facilitated by CGNA members in practice highlighting interprofessional care, unique solutions, self-care, education series in collaboration with ED and oncology nurse, preparation for CNA GNC exam
- Revise CGNA (2020) Gerontological Nursing Standards of Practice and Competencies (4th ed.).
 - Mental health
 - Unhoused/homelessness
 - Reconsider pillars
 - Conduct survey of members/non members
- Review and archive webinars housed on CGNA website

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Perspectives

Name and Position/Committee: Dawn Prentice, Editor-in-Chief-Perspectives, Journal of the Canadian Gerontological Nursing Association.

The *Perspectives* Editorial Team comprised of (Lorna Guse- Past Editor, Roslyn Compton- Associate Editor and Dawn Prentice)

Activities during this period:

- Perspectives had an information booth at the 2023 CGNA conference in Niagara Falls and hosted a well-attended Meet and Greet for prospective authors.
- Eight manuscripts were submitted.
- Three issues of *Perspectives* were published.
- Five editorial team meetings were held during this time.
- Four Perspectives Advisory Board meetings were held- Chaired by Lorna Guse.
- A new Guidelines for Authors instruction sheet has been implemented.
- A call for a special edition focusing on Homelessness in Older Adults has been issued for publication in 2025.

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Perspectives Advisory Committee

Name and Position/Committee: Lorna Guse, Chair, *Perspectives* Advisory Committee

Membership consists of representatives from all provincial/territorial associations, the Editor-in-Chief and CGNA Communications Director are ex officio members

Activities during this period:

- The Committee met three times in 2023: March 2, June 1 and September 7 by videoconference
- Representatives share the news from their associations at each meeting
- In relation to the function of the committee to provide advice to the Perspectives Editorial Team, the following advice was put forward:
 - 1) To develop a statement to nursing students inviting them to submit manuscripts to *Perspectives* (Brandy Stadnyk). This action was carried out by Dawn Prentice and Jasmine Hwang who completed the call for manuscripts aimed at nursing students.
 - 2) To develop a feature in *Perspectives* that highlights the clinical expertise of gerontological nursing in Canada (Carla Wells). This action was carried out by Lorna Guse, and the first feature will be published in 2024.
- The Terms of Reference of the Committee were reviewed with no changes from the 2022 Version.

The purpose of the *Perspectives* Advisory Committee is to support the work of the *Perspectives* Editorial Team in their mandate to publish original manuscripts describing issues, research and clinical, educational or administrative innovations of interest to gerontological nurses and others who provide care to older adults.

1. Goals

Perspectives is the Journal of the Canadian Gerontological Nursing Association whose mission is to address the health concerns of older Canadians and the nurses who participate with them in health care. The goal of the Advisory Committee is to contribute innovative approaches to promote *Perspectives* as the national journal of CGNA.

2. Functions

- Provide a communication link between the Editorial Team and the conjoint provincial/territorial organizations
- Encourage members of conjoint provincial/territorial organizations and non-conjoint members to volunteer as reviewers and submit their manuscripts to *Perspectives*
- Provide advice to the Editorial Team
- Act as reviewers as requested by the Editorial Team

3. Accountability

The Advisory Committee is accountable to the Editorial Team.

4. Membership

- Must be a member of CGNA in good standing
- Each conjoint provincial/territorial organization will have one representative (the provincial/territorial President or designate). In provinces/territories where there are no conjoint provincial/territorial organizations in place, through CGNA Office, provincial/territorial CGNA members will be asked to elect a representative from their ranks.
- The Chair, Past Editor of *Perspectives*, will be appointed by Executive
- The Editor-in-Chief, *Perspectives* and CGNA Communication Director will be ex officio members
- Members shall serve a term of three years with an opportunity to serve a second term

5. Records

Terms of reference, agenda, minutes and material considered at all Advisory Committee meetings will be collated electronically and distributed by the Chair. Copies will be archived through the main CGNA business office.

6. Administration and Finances

- Administrative support is provided by CGNA

- Financial support is provided through membership fees, advertising in the journal and ProQuest royalties.
- Financial expenses for a gathering at the biennial conferences will acknowledge the Editorial Team, Advisory Committee, reviewers and authors.

7. Decision Making

Decision-making will occur by consensus, reflecting the values and principles of *Perspectives* and CGNA.

8. Terms of Reference

Terms of Reference will be reviewed annually prior to the CGNA Annual General Meeting.

9. Meetings

Meetings will be held twice a year (just prior to the CGNA Annual General Meeting and six months later) or at the call of the Chair or any member. Meetings should not normally exceed four per year. Meetings are by video or audio conference.

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Research and Scholarship Committee

Name and Position/Committee: Elaine Moody, Chair Research and Scholarship Committee

Activities during this period:

The committee successfully completed the Grant and Scholarship competition for 2024 awards. We had an excellent response to the call for applications. We awarded one research grant of \$2,500 to Jen Calver from the Ontario Tech University

We awarded 4 Ann C. Beckingham Scholarships in the amount of \$4,000 to:

- Rianne Carragher
- Kelly Baskerville
- Mariana S. Ribeiro
- Joey Wong

There was no competition for the Memorial Scholarship this year, due to consistent lack of applicants. The board is discussing the future of this opportunity.

Leadership:

As I am completing my second term as chair of this committee, there will be a new chair appointed. The board will likely announce the new chair at the AGM.

Respectfully submitted,

Elaine



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Nominations Committee

Name and Position/Committee: Elaine Campbell RN MN GNC(C), Chair Nominations Committee

Activities during this period:

As required in the CGNA By-Laws, the Nominations Committee is chaired by the Immediate Past President. At the full Board meeting on March 20, 2024 those present were encouraged to inform their own provincial membership that there would be a nomination call for those interested in the position of CGNA Treasurer 2024-2026. A call for nominations will be circulated to all members prior to the 2025 Annual Meeting.

Call for Nominations: CGNA Treasurer (2024-2026). The Canadian Gerontological Nursing Association is a premium national professional nursing organization, a not-for-profit, registered charity with CRA since July 1, 1987. We are calling for nominations for the position of CGNA Treasurer. We are accepting applications from inclusive, diverse, energetic, growth-oriented leaders to join our volunteer executive in the position of treasurer.

For more information, please consult the official Call for Nominations and nomination form.

The nomination slate will be formally presented and members will vote at the Annual General Meeting of the membership to be held May 25, 2024.

Respectfully submitted,

Elaine Campbell, RN, MN, GNC(C), CGNA Past President, Chair – Nominations Committee

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Provincial Association: Alberta Gerontological Nurses Association

Name and Position: Kelly Baskerville, President

Activities during this period:

Board meetings were held in 2023 on June 13th, August 10th, November 8th, and in 2024 on February 5th. We held our AGM on July 18th. We have been fortunate to fill most all board positions and thank everyone, particularly those who are finishing their term.

Memberships decreased this year, as we normally see in a non-conference year. That said, we have been able to maintain one of the stronger memberships in Canada, and have seen steady recruitment as our Chapter and Provincial teams have re-initiated in-person events and worked to build relationships in our community of practice.

Our Education committee was very active and collaborated with Chapters to host both virtual and in-person events. We hosted our first in-person Education Day in several years, held in September 2023 in Red Deer. We celebrated an overdue anniversary, as we reached our 40th year in 2021, and recognized two new honorary members, Andy LeBlanc and Jennifer Boone.

Online sessions were recorded and available for on-demand viewing by members.

A significant success was the launch of a series of Gerontological Nursing education modules during the first week of January. The modules, gifted to AGNA, were developed by a research team led by Dr. Sherry Dahlke at the University of Alberta, which includes several AGNA members and past board members. The modules aim to provide knowledge about aging and older people to practicing and student nurses. Tested with positive feedback, the modules were part of an Awakening Canadians to Ageism research grant. The modules, containing games, videos, quizzes, and case studies, are free to members and non-members – another testament to AGNA's commitment to lifelong learning and skill advancement. Dr. Dahlke, AGNA President Kelly, and Education Lead Cherryll submitted an article to Canadian Nurse about nursing education addressing ageism through digital access and professional associations. We eagerly await confirmation of a publication date. We encourage anyone to access the learning at www.courses.agna.ca.

Dr. Dahlke, AGNA President Kelly, and Education Lead Cherryll submitted an article to Canadian Nurse about nursing education addressing ageism through digital access and professional associations. We eagerly await confirmation of a publication date.

In January, we presented to the Alberta Health Service (AHS) Nursing Mentorship network, *How to build nursing leadership, learning and your support network: Making the most of professional associations*. This presentation discussed professional organizations' support nurses to pursue professional development and reflective practice, build networks and leadership skills, and find opportunities to mentor others.

We continue to offer AGNA Continuing Education Awards, with our application period in spring 2024.

We initiated a project to feature our honorary members on our AGNA Website. This project has been inspirational and pays tribute to our members who have served AGNA over the years and inspired Alberta Gerontological Nurses with their devotion, commitment, and passion to advance the practice of Gerontological Nursing in Alberta.

We collaborate with the Alberta Association on Gerontology (AAG), as a member of the AAG Stakeholder Collaborative Committee, in which we regularly work with government, provider organizations, social service organizations, educators, and represent the perspective of gerontological nurses.

Our Communications committee represented AGNA as an exhibitor both virtually and in person at the Healthy Aging Alberta Summit in October in Calgary, and had a representative at the private policy planning consultation session. The Communications Co-Leads have revitalized our presence with members, releasing a newsletter every 2 months, managing our website blog, social media accounts, managing our Zoom account and member emails.

We were pleased to have formed a relationship with the Alberta Association of Nurses and attend quarterly meetings for specialty interest/practice groups.

Chapter Activities:

Calgary:

Our Calgary Chapter has built a robust board, and was able to host several events:

- November 15, 2023 – “An overview of arts-based health interventions for seniors living with dementia” presented virtually by Julie Burns, RN, BN, IBCLC, CCHN(C)
- December 6, 2023 – “A dementia-friendly environment quality improvement project” presented virtually by Martha Neguse, RN, BN, MN, GNC(C) and Carol Truong, RT.
- February 22, 2024 – “Understanding dementia” presented in person by Lori Randall, RPN, BScPN at the Faculty of Nursing, University of Calgary.

The Calgary chapter of AGNA continues to offer study groups for gerontological nurses. An information session was offered in January but had only a few attendees. Several people expressed interest later in the year, so study resources were shared with an invitation to one-on-one mentorship. The Chapter supports members' gerontological competency through financial

incentives, including reimbursement for the initial certification and successful certification renewal.

Edmonton:

Our Edmonton Chapter recruited a few new board members, and was able to support two events; one virtual and one in person.

- November webinar featuring the AHS Behavioral Safety Program, which featured the Clinical Practice standard for identifying and communicating the safety risks and safe care strategies for patients who may display harassing or violent behaviours.
- Dr. Gail Low and her research team presented their innovative project –"Living After Social Distancing—A Study of Older Canadians." This project studied the effects of the pandemic on the mental health of older adults, and resulted in a one-of-a-kind resource to help seniors manage mental health and improve nutrition through an electronic booklet called 'Cooking up Calm.'

Longtime member and a past provincial board member, Jennifer Boone, was recognized as an Honorary Member for her contributions to AGNA and the Edmonton Chapter.

Red Deer:

The Red Deer Chapter was excited to take a leading role in planning and to play host to the AGNA Education Day in September 2023.

Andy LeBlanc who was presented with an Honorary Membership for his commitment and support of the Red Deer Chapter of AGNA.

The Chapter is committed to learn about, highlight, support, and partner with local organizations such as the Alzheimer's Society, The Lending Cupboard, The Red Deer Foodbank and Red Deer PCN

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Provincial Association: Gerontological Nurses' Association of BC

Name and Role of Director Reporting: Shelley Canning RN PhD GNC(c); President GNABC

Contact Information: Shelley.Canning@ufv.ca

Current issues facing the provincial Gerontological Nursing Association:

Building membership remains a challenge following the pandemic. We are slowly building back membership numbers with 73 members for 2022-2023 up from 44 members in 2022-2023.

Need to revise the Bylaws, Mission/Vision/Values statements to reflect the current processes of GNABC e.g. no longer a chapter-based organization, we now have a centralized focus and mandate.

Activities undertaken during this period: (E.g. education sessions, chapter activities.)

1. AGM: Our AGM was held over zoom during our annual conference May 6 2023.
2. Annual conference: Over 60 people attended our virtual annual conference – *"Connections and Collaborations in the Care of Older People"*. The conference was free and open to the public with the bulk of registrations being GNABC members. The conference included presentations, a panel, and a keynote.

We are currently planning for GNABC annual conference 2024. Our theme is:
"Equity, Diversity, & Inclusion: Directions for Gero Nursing"

3. Annual GNABC Education award: The recipient of the 2023 GNABC Education Award was announced at our AGM. We will be awarding a \$500 GNABC Education Award at the 2024 GNABC conference on May 4 2024.

4. CNA Study sessions: GNABC Education Chair Jade Sol continued organizing CNA certification study session series – 6 webinars in the fall 2023 and spring 2024. Attendance has been great with 15-20 participants in all sessions.

5. Joanne Brown, GNABC Membership Chair continued to produce the GNABC newsletter with stories, events, and reminders for members around the province. Nicole Percival partners with Joanne in producing this really successful newsletter.

6. Gero-Nurses: Tales from the Front Podcast: nine episodes have been shared across streaming platforms with over 650 downloads. The podcast is a collaboration of GNABC and the Centre for Education and Research on Ageing at the University of the Fraser Valley. Guests included gerontology nurses working in a variety of settings including LTC, acute care, research, and education. Gero-Nurses is available on all the major streaming services including Podbean and Spotify.

7. Board Directors: At our 2024 AGM several board members will finish their terms. I will be moving to the Past-President role with Mariko Sakamoto assuming the role of GNABC President. We will be trialing a Communications Chair that will replace our current Media and Membership chairs.

Activities that will be undertaken during 2024-2025:

- Membership registration and renewal will move to CGNA
- GNABC bylaws will be revised
- Mission/Vision/Values will be revised
- Targeted membership recruitment strategies will be implemented
- Official dissolution of provincial chapters

A very big thank you to all members of the board over the past year 😊

Finally, I am proud to continue in the position of Past-President GNABC for 2024-2025.

Regards,



Shelley Canning RN PhD GNC(c)

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Director Reporting: Brandy Stadnyk

Contact Information: bstadnyk@wrha.mb.ca

Current Issues:

Ongoing membership recruitment efforts through social media and offering engaging in-person continuing education opportunities.

Activities during this period (e.g., educational sessions, participation in provincial policy development):

Education sessions:

- May 2023: Presentation of MGNA Nursing Distinction Award to Karen Livingston for Excellence in Education/Research and Administration.
- September 2023: “An overview of the Home Care program & Geriatric Community Resources” by Jillian Lajeunesse, Case Management Specialist and Terri Bowser, Regional Educator Rehabilitation, Healthy Aging and Seniors Care
- November 2023: “Aging Outside” Reducing the Experience of Homelessness for Older Adults by Shannon Watson Health Services Manager Lead CCSI and Homelessness
- February 2024: “Polypharmacy in the Elderly: When too much of a good thing becomes bad” by Grazia Prochazka, Clinical Resource Pharmacist
- May 2024: “How 2SLGBTQ+ History Impacts Community’s Access to Care” by Ashley Smith

Engagement:

- September 2023 Exhibitor booth at Palliative Manitoba conference “It’s Everybody’s Business”

- March 2024 Participation in Centre on Aging Social Aspects in Aging highlight in careers in gerontology

Additional notes and items to report:

The MGNA and the city of Winnipeg welcomes CGNA members in May 2025 at the next national conference.

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Director Reporting: Sylvie Bernard, non-acting president

Contact Information: 506-686-0909 email : sylvie.bernard2@vitalitenb.ca

Current Issues: Lack of interest in current members and no interest from the nursing professionals. The acting president Sylvie Bernard and the treasurer Rhonda McCready organized an in-person meeting on June 26 2023, in Moncton NB to try and reactivate the association one last time. Only one member showed up at the meeting and at the meeting it was decided that Sylvie Bernard contact the CGNA president to discuss the state of the NBGA. The decision was for now the New Brunswick's association will be inactive until further discussion with the CGNA members. No discussion or meeting were held until this past April 2024. No decision on the status of the association reached yet.

Activities during this period (e.g., educational sessions, participation in provincial policy development): no activities as the association is non active since June 2023.

Additional notes and items to report:



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Provincial Association: NLGNA (Newfoundland and Labrador Gerontological Nursing Association)

Name and Role of Director Reporting: Carla Wells, Board Representative, NLGNA

Contact Information: 709-630-0793

Current Issues: NLGNA has continued to remain inactive. No one has come forward to indicate willingness to serve in an executive position.

Activities during this period (e.g., educational sessions, participation in provincial policy development): None

Additional notes and items to report: We look forward to discussions with CGNA and joint provincial gerontological nursing groups about future directions regarding membership.



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Provincial Association: Nova Scotia Gerontological Nursing Association (NSGNA)

Director Reporting: Katie Pitt- Provincial Representative

Contact Information: pittkathlene@gmail.com

Current Issues:

- There maintains a challenge to find active board members. Many board positions are open without candidates.
- Currently reaching members with emails and Facebook to deliver information.
- Membership is mostly inactive.

Activities during this period (e.g., educational sessions, participation in provincial policy development): None

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Director Reporting: Therese Lim, Past President GNAO

Contact Information: therese.lim@tbh.net

Current Issues:

GNAO continues to confront the issue of member engagement from a chapter and provincial executive level. Of the previously 11 active chapters, four remain at inactive status, as previously established. A further three chapters have no active executive or reported activities.

Activities during this period (e.g., educational sessions, participation in provincial policy development):

The remaining 4 active chapters continue to plan events, with varying degrees of successful member engagement. These events include online and in person ventures. Some events are offered in collaboration with other community/healthcare partners.

Plans are underway for a virtual AGM in June.

Additional notes and items to report:





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Provincial Association: Prince Edward Island Gerontology Nurses Association (PEIGNA)

Director Reporting: Keara Bryanton, President, PEIGNA

Contact Information: 902-940-4426 (ph); Email: kearabryanton@ihis.org

Current Issues: Recruitment to executive board – Positions remain open without candidates

Activities during this period (e.g., educational sessions, participation in provincial policy development):

The PEIGNA AGM was held in-person on September 21st, 2023. It included a presentation by Dr. Janet Loo, titled “Bone Health 101” providing education on osteoporosis care.

Additional notes and items to report:

PEIGNA remains committed to providing educational opportunities for nurses interested in working with older adults. The gaps in our executive board are challenging the ability to perform the duties effectively. We look forward to the upcoming meetings with CGNA and the East Coast provincial associations for discussion on future directions.