

Annual Report to Members

April 1, 2022- March 31, 2023

For Presentation at the Annual General Meeting

May 27, 2023



Annual Report for 2022 - 2023

Name and Position/Committee: Elaine Campbell, President (2021-2023)

Members of the CGNA Executive, Directors of the Board and the organization's representatives completed another full year of activities. Detailed reports from the individual members of the Executive and Board Committee leaders are provided within this Annual Report.

Therese Lim, Secretary, has provided huge support to the executive and full board, capturing minutes of meetings, circulating agendas and reports, contributing meaningful feedback, and collating the AGM annual report. Thank you, Therese, for your immense effort and dedication to getting everything accurately recorded and disseminated, often with very short turnaround deadlines.

Lindsay Thomas, Treasurer has dedicated time and effort working with CGNA office manager Anthony Lombardo to prepare and review the annual budget, monthly financial statements, oversee financial responsibility and contribute to discussions and considerations involving fiscal accountability. Lindsay, we are grateful for your willingness to provide oversight on these matters as well as your meaningful contributions to CGNA operational discussions with the executive and full board.

Activity Highlights during this period:

May 2022: Annual General Meeting held virtually on May 14, 2022

The Executive of the Board met regularly through this term: June 27 (2022), August 17 (2022); October 25 (2022); December 21 (2022); February 15 (2023)

The CGNA Full Board met: May 14, (2022); September 21 (2022); November 16 (2022); January 18, (2023); March 15 (2023) April 20(2023). This past year we continued incorporating Provincial Highlight moments (rotating) in the meeting agenda in an effort to share the accomplishments and challenges of provincial representatives and their members.

2022-2023: Monthly administrative huddles were held with Lori Schindel Martin Past President; Julie Rubel, President-Elect; and Anthony Lombardo, Office Manager as well as designated executive board members to review financial statements, prepare agenda items, consider infrastructure needs, and discuss ongoing support for CGNA members.

2022-2023: 2023 Conference planning Co- Chairs Julie Rubel, President Elect and Dr. Esther Coker led a national committee of volunteers in monthly planning meetings

culminating in a very successful in person Biennial Conference held in Niagara Falls April 19-22. It was truly a delight to meet old and new faces again and share research, best practice, and comradery across the continuum of gerontological nursing. Congratulations to the entire planning committee including office Manager Anthony Lombardo and Patricia Pearson (CanPlan) for overseeing operative details. Special acknowledgement to Julie and Esther who took responsibility for chairing this event and connecting with CGNA members, sponsors, exhibitors, Can Plan Team and all those in attendance at the conference.

2022-2023: CGNA continued to strengthen partnerships with the Canadian Nurses Association (CNA), Canadian Network of Nursing Specialties (CNNS) and CNA Certification Centre (CPAC), Canadian Association of Nurses in Oncology (CANO), and Canadian Network of Nurse Researchers in Aging (CNNRA). CNNRA now has a home on the CGNA website. We thank Lori Schindel Martin, Past President who has provided stellar representation and meaningful engagement with these and other partner groups on behalf of CGNA.

Fall 2022: CGNA Board Executive and Provincial Directors completed an annual evaluation of our Service Agreement with The Lombardo Group (TLG) /office manager position. A contract was signed for the fiscal business year January 2023 through December 2023.

February 2023: CGNA disseminated the newly released and published Health Standards Organization (HSO) HSO Long- term Care standards throughout the general membership. In the fall of 2021 CGNA submitted recommendations gathered through consultative working group sessions with its membership to the Health Standards Organization Long-Term Care Standards Technical Committee to help inform this important work.

April 2023: CGNA submitted a grant proposal to the Community Services Recovery Fund, Strategic Renewal Theme, directed by the Canadian Red Cross (CRC). Lori Schindel Martin, Past President and Kelly Baskerville, Communications Director led engagement with the CGNA executive developing a proposal which incorporates revitalizing CGNA's Mission, Vision, and Propositional Value Statement, as well as its national operational structure. We are hopeful a successful application would provide added resources to support this upcoming work for CGNA.

April 2023: We are very excited to have a full slate of nominees available for CGNA Board Executive and Director positions. Nominations Chair Lori Schindel Martin presented this slate at the CGNA 22nd Biennial Conference, on April 22. A final nomination slate of the Board is to be presented and voted on at the Annual General Meeting on May 27, 2023.

April 2023: A CGNA Trends & Issues session chaired by Lori Schindel Martin, Past President was held on Saturday, April 22 at the Ann C. Beckingham Breakfast as part of the CGNA Biennial Conference. There was enthusiastic engagement and passionate discussion amongst the membership affirming challenges and opportunities acknowledged by the CGNA board and executive in the past year. Effects of the pandemic, securing health human resources, national operational structure, membership recruitment, fiscal responsibility, partnerships, options for participation, communication, advocacy, education, inclusivity, and accountability were highlighted by participants. Members provided constructive

criticism, valuable input, and suggestions for moving forward. There was consensus to explore avenues to apply this feedback and ensure the continued growth of CGNA.

May 2023: In follow up to the April CGNA Trends and Issues session and in response to membership inquiries Kelly Baskerville, Communications Director, is leading a series of Online Consult Sessions seeking ideas, discussion, and involvement. This is one of the many creative communications means Kelly has spearheaded to keep members engaged and updated on important CGNA initiatives and events, including the launch of a CGNA Blog web page in Spring of 2022. We appreciate Kelly's dedication to the communication director role and thank her for her immense contribution to the work of the CGNA executive, Full Board Perspectives Advisory Committee, and general membership.

Thank you to the provincial representatives on CGNA's Board of directors, Shelley Canning (GNABC), Edythe Anderson (AGNA), Jennifer Fulcher (MGNA), Mel Kelly (GNAO), Katie Pitt (NSGANA), Valerie Abd-El-Aziz (PEIGNA), and Carla Wells (NLGNA) who have provided commitment and focused contributions to the activities of the board. CGNA wishes to acknowledge individuals who have provided immense support to board activities over the past number of years. These are Lori Schindel Martin, outgoing CGNA Past President, Kelly Baskerville, outgoing Director of Communications, Edythe Anderson outgoing AGNA representative and Jennifer Fulcher outgoing MNGNA representative.

We are grateful for the dedicated work of Dawn Prentice (Perspectives Editor in Chief) and her editorial team publishing the national journal of CGNA. The addition of the Perspectives Advisory Committee led by Lorna Guse, which includes CGNA representation from provinces and territories, has provided valued support to the Perspectives Team.

We greatly appreciate the excellent leadership of Dr. Elaine Moody, Chair, Research and Scholarship Committee who review applicants for the CGNA Research Grant and the Ann C Beckingham Scholarships as well as abstract submissions for the biennial conference.

Thank you to Lori Schindel Martin, Past President, and Julie Rubel, President Elect for their leadership and overall support of CGNA activities.

Julie has worked hard to support the activities of the CGNA executive and board and has assumed many roles of responsibility in her term as president elect. She will provide CGNA with tremendous leadership in the coming two years. Julie's dedication to integrity and accountability has, and will continue to, deliver critical support to the organizational structure of CGNA. Her passion and strive for excellence in gerontological nursing is contagious and we look forward to her term as CGNA president.

I wish to extend a heartfelt appreciation to outgoing Past President Lori Schindel Martin. Lori will be completing her six-year term on the CGNA executive at the May 27, AGM. Lori has provided leadership, expertise, mentorship, and a passionate personal and professional investment to CGNA during her term on the executive. Lori has supported the development of our board and association, knowing when to be there, when to compliment, when to question, when to encourage input, when to problem solve, when to shoulder tap, when to share knowledge, guidance, and motivation. She has a wealth of experience with CGNA and can recall contributions of key members past and present. Her representation and

association with our partner organizations has provided immeasurable support to CGNA's operational commitments. Her contribution was colossal in advancing the CGNA Standards of Care for Gerontological Nursing. Excelling as an esteemed nurse educator, Lori has contributed to excellence in gerontological nursing research, enhancing nursing education competencies, advocating for policy change, and contributing to competent care for older adults across the care continuum. Her passion, willingness, service, feedback, responsiveness, and connections- SO MANY CONNECTIONS-have been a tremendous and valuable gift to CGNA. Lori, we know this is not goodbye and thank you hardly seems to capture our gratitude for your time and presence on the CGNA board. On behalf of the CGNA membership we THANK YOU.

It has been my pleasure and privilege to serve as president for CGNA the past two years. Members of the Executive and the Board of Directors are volunteers who are dedicated and committed to representing our membership and keeping CGNA viable and its activities meaningful. I felt energized by the support of this team of educated, experienced and resilient, gerontological nurses. I am especially appreciative of the availability, mentorship, and encouragement of Lori Schindel Martin (Past President) and Julie Rubel President Elect- my steadfast bookends and two stellar CGNA ambassadors!

Thank you to Anthony Lombardo, our CGNA Office Manager, for keeping our business in operating order and providing oversight for CGNA's operations! It takes a village, and we have an amazing team of CGNA leaders keeping the mission, vision, and values of CGNA at the helm.

Elaine Campbell RN MN GNC(C)

Annual Report for 2022 - 2023

Name and Position/Committee: Julie Rubel, President-Elect

Activities during this period: Once again, it was my pleasure to work as part of the CGNA Board of Directors to deliver on our mission to ‘promote excellence in gerontological nursing through leadership, knowledge and scholarship’. Below is a summary of my activities in relation to our mission.

1. Leadership

As I reflect on my final year as President-Elect, I am incredibly grateful for the opportunity to learn from leaders such as Elaine Campbell and Lori Schindel-Martin. Both have demonstrated commitment to succession planning through their ongoing efforts to nurture new leaders. In creating space for Executive huddles, Lori has ensured that future CGNA leaders can keep our mission at heart as we oversee the operations of our association. In navigating challenging times, such as those experienced during the COVID-19 pandemic, Elaine has instilled the importance of continued connection and of valuing the unique contributions of each member as well as the possibilities we can achieve through collaboration. Thank you, Elaine and Lori, for the time you have invested, it has meant the world to me and to the success of our association.

Moving forward, I hope to continue to grow in my leadership following the examples of many successful CGNA leaders from our recent and distant past. I will continue to connect and engage with our members (and potential members) through social media (Twitter- @jrubel21), as we know this is where much important advocacy and knowledge sharing occurs. I also look forward to opportunities to review and revise our strategic plan, so that we may continue to realize our mission using tactics that are dynamic and engaged members in meaningful ways.

2. Knowledge

The majority of my CGNA time this year was spent as a Co-Chair of the CGNA2023 Biennial conference planning committee. It was a pleasure to work alongside Esther Coker (Co-Chair), Kathleen Hunter, Elaine Campbell, Lori Schindel-Martin, Kelly Baskerville, Anthony Lombardo and the team from CanPlan to see the conference to fruition in April 2023. The conference is anticipated to draw more than 200 delegates who will attend more than 150 oral and poster presentations. Our committee was able to draw two keynote speakers with unique gerontological nursing programs of research and life stories which will most certainly be both educational and enjoyable for conference attendees. Rounding out the conference experience are two traditional offerings, the Ann C. Beckingham Breakfast with our Trends & Issues sessions and the Social event & Memorial Scholarship fundraiser. Representing our first in-person encounter with members since 2019, we are thrilled to re-connect and re-energize whilst also providing meaningful opportunities for members to expand their base of knowledge and immerse themselves in emerging best practices.

3. Scholarship

Another of my President-Elect responsibilities is acting as a liaison between the CGNA Board and our CGNA Research and Scholarship Chair, Elaine Moody. In her role, Elaine leads a team of reviewers during our annual Scholarship and Grant competition which opens annually in late December and closes in January. This year, we will fund one Ann C. Beckingham scholarship, winner to be announced at CGNA2023. We will be convening in the near future to review how best to generate more interest in our research grant and Memorial scholarship, neither of which received any applications this year.

In a conference year, Elaine's duties as Chair extend to her involvement in the conference abstract review process. This work is critical to ensuring rigor in our oral presentations and poster offerings. On behalf of the CGNA Board, we would like to thank Elaine and those members who volunteered to act as reviewers. We would not be able to achieve the same level of excellence at our conferences without your diligent support.

4. Board & Executive Meeting Attendance

In realizing my role, I consistently attended monthly Board and/ or Executive meetings as well as Executive huddles to discuss the strategic vision and operations of the board.

Additional Notes:

As we emerge from the mist and adjust to a post-COVID world, I would like to extend my sincere thanks to each and every member for the work you do every day. To those who do this work and also find time to share their energies with our provincial chapters across Canada, you are an inspiration and CGNA is stronger for your steadfast dedication.

Julie Rubel, RN, MScN, GNC(C), CGNA President Elect

Annual Report for 2022 - 2023

Name and Position/Committee: Lori Schindel Martin, RN, PhD, GNC(C), CGNA Past President

MAIN Activities during this period:

I attended CGNA Executive and Full Board Meetings throughout the 2022-23 year. I also attended monthly Administrative Huddles with Elaine Campbell, President; Julie Rubel, President-Elect; and Anthony Lombardo, Office Manager. The focus of these meetings included fiscal responsibility decisions, identification and assignment of ongoing task to support the infrastructure for the CGNA. I attended all committee meetings associated with the upcoming planning of our CGNA2023 22nd Biennial Conference held in Niagara Falls April 19-22.

In collaboration with the President and President Elect, I contributed to the development of a survey to collect feedback and suggestions from the CGNA Board Executive and provincial Directors to inform the renewal of the Service Agreement with The Lombardo Group (TLG). As a result of this process, the agreement was signed in alignment with our fiscal business year January through December 2023. A follow-up survey will be prepared and distributed in the fall of 2023.

At the request of the President, based upon a recommendation brought forward by Kelly Baskerville, Director of Communication, I chaired a group of the CGNA Executive and Board in the writing of a grant proposal submitted to the Community Services Recovery Fund, Strategic Renewal Theme, directed by the Canadian Red Cross (CRC). The grant was reviewed and edited by the group members and the final draft was reviewed in confidence by the CEO of one of the other organizational members of the Canadian Nurses Association panel, the Canadian Network of Nursing Specialties (CNNS). This individual provided some suggestions to strengthen the grant proposal, and it was submitted in early February. The focus of CGNA's proposal is to renew its Mission, Vision and Propositional Value Statement, as well as its national operational structure through a series of in-person and on-line focus groups. The CRC review panel is expected to announce the outcome of the granting process in early-mid June. Additionally, I supported the President by maintaining contact with the following partner organizations:

Canadian Nurses Association (CNA) – During the 2022-23 year I was CGNA's official representative at the Canadian Network of Nursing Specialties (CNNS) quarterly meetings as well as the CNA Long-Term Care Home Expert Advisory Panel; and attended some meetings of the CNA Certification Centre (CPAC) to keep abreast of GNC(C) and GPNC(C) exam status completion, renewal and registration rates. Gerontological Nurse certification (GNC and GPNC) numbers have dropped during this reporting year, as is the case for all the nursing specialties who are members of the CNNS. The CNNS committee activities have been renewed as a result of the sudden and unexpected death of Ms. Marie Marques, CNA's key leader for CNNS and CPAC activities. New CNA ambassadors for these two programs have recently been appointed,

Ms. Josée Morin and Ms. Misty Fortier. As a result of the restructuring currently taking place at CNA, the CNNS membership agreed to revisit the annual fee for all member organizations. The \$200 organizational fee, usually paid in January of each year, has therefore been delayed and will be sent via email by CNA, to The Lombardo Group's attention later this spring.

We are delighted that CNA had a wonderful presence at the CGNA2023 Biennial national conference. Dr. Sylvain Brousseau, CNA President, provided recorded greetings at the Ann C. Beckingham Breakfast, Trends & Issues session. Josée Morin was present at the CNA booth and provided a good deal of update information to CGNA members. CNA also donated three hard copies of the history of CNA for a door prize at the closing ceremonies of our conference.

Finally, I have been delighted to serve as CGNA's formal representative on the CNA's new STELLAR Accreditation Advisory Panel. The STELLAR Accreditation initiative is being developed based on SIX standards of clinical nursing leadership that will initially be implemented within long-term care homes in Canada. The advisory panel pan-Canadian representatives have been invited to attend FOUR meetings to review the proposed outcome indicators for the six standards. The panel Terms of Reference (TORs), the outline for the six standards (high level), and Standard 1 were reviewed in the first meeting on April 12. The TORs and Standard 1 were ratified by vote (unanimous approval) and Standard 2 was reviewed and revised in its entirety, and Standard 3 partially reviewed during meeting 2 on May 4. Standards 3 and 4 will be reviewed in late May/early June, and Standards 5 and 6 will be reviewed at meetings to take place in mid-June. A final summary report will be submitted to the CGNA Board Executive after the last advisory panel meeting.

Health Standards Organization (HSO) – As reported last year, CGNA was engaged in the review and submission of a consultation report submitted to Canadian Health Standard Organization (HSO) Long-Term Care Standards Technical and Services committee by Director of Communication, Kelly Baskerville on behalf of the CGNA Board in December 2021. We are pleased to announce that CGNA disseminated throughout their general membership the published standards upon their release by HSO on January 31, 2023. We also reached out to the HSO and acquired their active presence at the CGNA2023 22nd Biennial Conference. Representatives of HSO answered members' questions about the new LTC Standard. They also participated in the delivery of a breakout session during which the development and content of the new LTC Standard were outlined and questions were answered about the standard's importance for quality care.

Canadian Association of Nurses in Oncology (CANO) – I reached out CANO leaders Lorelei Newton and Fay Strohschein to invite them to circulate an invitation to CANO members to submit abstracts and/or attend the CGNA 2023 22nd Biennial Conference. Dr. Newton and Dr. Strohschein were unable to attend the conference themselves due to competing priorities preparing for International Council of Nurses (ICN) Canadian-based conference in June 2023, in Montreal. It is recommended that CGNA continue to explore opportunities for CANO and CGNA members to collaborate on relevant nursing education opportunities. This is because cancer nurses are now providing ongoing care to a growing population of older Canadians and would like to learn more about best practices for an aging cohort of cancer patients. It is also recommended that the Education Committee consider developing a co-webinar that could be recorded and made available on both CGNA and CANO websites as a first initiative.

Canadian Network of Nurse Researchers in Aging (CNNRA) – The Co-Chairs of CNNRA, Hannah O’Rourke and Lisa Canning have finalized a formal agreement with CGNA. CNNRA’s landing page now has a home on the CGNA website, launched in April 2023. CNNRA also hosted a CGNA2023 pre-conference workshop, ‘The Tenacious Nurse’ on April 19 in Niagara Falls. The workshop was well-attended and was of mutual benefit to members of CGNA and CNNRA, helping both organizations grow capacity for gerontological nursing research, quality improvement projects and policy influence.

CGNA Board and Executive Nominations – I prepared and delivered a slide deck including the slate of nominees for available Board Executive and Director positions at the CGNA 22nd Biennial Conference, on Saturday, April 22 at the Ann C. Beckingham Breakfast Trends & Issues session. I wrote and provided a text of the email blast circulated to the CGNA general membership notifying them of the final nomination slate of the Board to be presented and voted on at the Annual General Meeting on May 27, 2023.

Additional Notes – It has been a pleasure to support the ongoing activities of Elaine Campbell, President as well as all members of the Executive and Board of Directors. It has been an honor to be involved as a member of the executive of the board. The continued health and contributions of CGNA as a national organization of influence is in the hands of a wonderful executive and board! I wish the board and the general membership all the best as they continue their activities to strengthen the care and wellbeing of older Canadians. I look forward to contributing to the work of committees of the Board in the future, as the Board Executive requests, including Strategic Planning initiatives, as well as the Education and Advocacy Committees.

Lori Schindler Martin, RN, PhD, GNC(C), CGNA Past President

Annual Report for 2022 - 2023

Name and Position/Committee: Therese Lim, Secretary

Activities during this period:

Attended every Executive and Board of Director meeting since the AGM held May 14, 2022. All meetings were held by Zoom platform unless otherwise noted.

Executive Meeting:

- June 27, 2022
- August 17, 2022
- October 25, 2022
- December 21, 2022
- February 15, 2022
- The regularly scheduled April 2023 Executive meeting was changed to an in person Full Board meeting for those attending the 2023 CGNA Biennial Conference

Board of Director Meeting:

- May 14, 2022 Pre and Post AGM meetings
- September 21, 2022
- November 16, 2022
- January 18, 2023
- March 15, 2023
- April 20, 2023 in person Full Board meeting for those attending the 2023 CGNA Biennial Conference in Niagara Falls.

Additional Notes:

Prepared and circulated to Executive and Board members the meeting minutes and associated documents.

Facilitated the collation of reports for the AGM.

It has been an honour and pleasure to support the activities of the Executive Team and Full Board of Directors of CGNA.

Therese Lim BScN (Hons), BA, RN, GNC (C)

Annual Report for 2022-2023

Name & Position/Committee: Lindsay Thomas NP, BScN, MN, Treasurer

Activities during this period:

1. Membership report April 1, 2022-March 31, 2023

Total Members & Associates: 1509

Members: 1348

Associates: 66

Student Associates: 95

2. Financial Statement for January 1, 2022-December 31, 2022.

For further details on the financial review, the CGNA Unaudited Statement of Financial Position is available as a supplement to this document.

3. Budget for the January 1, 2022-December 31, 2022

The 2023 CGNA budget was approved by the Board of Directors on **January 18, 2023**.

4. Accounting firm, Ouseley, Hanvey, Clipsham & Deep (OHCD) for CGNA Financial Statements.

OHCD was appointed by members as CGNA's public accountants to perform financial reviews from 2015-2022. Appointment of the 2023 public accountants will occur at the AGM May 27, 2023.

Canadian Gerontological Nursing Association

Operating Budget

January - December 2023

Income	2023 Budget
4110 GO - Membership Fees	35,000.00
4115 GO - Educational Income	0.00
4122 GO - Perspectives	400.00
Total Income	\$ 35,400.00
Expenses	
5110 GO - Board Expenses	200.00
5135 GO - Executive Expenses	5,000.00
5140 GO - AGM Costs	100.00
5145 GO - Bank and Credit Card Ch...	1,000.00
5150 GO - Website	300.00
5153 GO - Database Fee	2,000.00
5155 GO - Grants	2,500.00
5160 GO- Postage, Mailing & Courier	50.00
5162 GO - Annual Filing	20.00
5170 GO - Insurance	1,450.00
5172 GO - Operation Management Fee	50,000.00
5173 GO - Provincial Support	2,000.00
5185 GO - Network & Partnership	200.00
5190 GO - Journal	4,150.00
5193 GO - Webinars	250.00
5195 GO - Photocopy, Printing & Stat...	0.00
5210 GO - Accounting & Audit Fee	4,000.00
5211 GO Bookkeeping	5,000.00
5215 GO - Promotion	500.00
5220 GO - Videoconferencing	200.00
GST/HST Expense	3,000.00
Total Expenses	\$ 81,920.00
Profit (deficit) -- to be offset by conference profit	(46,520.00)

Annual Report for 2022 - 2023

Name and Position/Committee: Kelly Baskerville, Director of Communication

Activities during this period:

It has been my pleasure to work alongside the CGNA Executive and Board and *Perspectives* Editorial Board these past two years. The role of communications in any organization has evolved and changed substantially in the past 5 years and the opportunity to explore how we engage with a nationwide community of practice has been exceptional. We have overcome several challenges and are now poised to connect and collaborate with our members in new, meaningful work for years ahead.

Social media

We have seen a gradual increase in followers of our two primary social media accounts, on Twitter and Facebook. In the past year, our Twitter followers rose to 1,444, and Facebook to 1,386. Our primary focus on both accounts was to share timely information on our conference, awards and scholarships, our journal and membership. We also shared and promoted professional education and awareness days aligned with our association, including elder abuse, Truth and Reconciliation, public policy, research projects and even a podcast.

Our social media accounts are used to share information with our members, other gerontological professionals and the public, and are guided by our CGNA Social Media policy. Accounts are supported by Anthony Lombardo and Kelly Baskerville, with special thanks to Julie Rubel for actively promoting our association's account.

Blog

This year, we introduced the CGNA blog, which aligned with the launch of our CGNA website in April. Our goal is to offer an engaging and easy-to-access format to connect with our members, with the option to involve a broad range of contributors.

Guidelines have been introduced for the format, process for approval and publication. Our goal is to publish monthly, with initial entries posted on our website on March 1st and March 28th.

Conference

I supported our bi-annual conference as an ad-hoc member of the planning committee. I hosted a drop-in session to support abstract submissions, which successfully supported a team to present in Niagara Falls. During the conference in Niagara Falls, I posted several times on CGNA's social media accounts to promote our presenters, hosts, and award winners. During our Ann C. Beckingham breakfast, the Perspectives Meet and Greet, and other sessions, I collected feedback on member preferences for CGNA resources, communication, and engagement. Noting high member engagement, the board has supported me to initiate a series of drop-in sessions for

members in May, to provide feedback on three main areas: education, advocacy, and communication.

Perspectives

The journal of CGNA, *Perspectives*, is an important tool for our members and community of practice. Please see our Editor-in-Chief's report for an in-depth report. I attended Editorial Board meetings to enable communication with the CGNA board and provided updates from the *Perspectives* team to the CGNA board as well. The journal was profiled in the CGNA blog, which was posted on March 28th.

I provided administrative support for Advisory Board meetings, held every 6 months, with meetings on June 1st, 2022, November 3rd, 2022, and March 2nd, 2023.

The CGNA Board extends their sincere appreciation to the *Perspectives* Editorial Board, our reviewers, Advisory Board members, and those who submitted material for publication.

Additional Notes:

Thank you to the CGNA board for your mentorship and collaboration over the past two years. I sincerely encourage nurses to get involved with their provincial association and CGNA not only for professional development and chance to contribute, but for mentorship and relationships that can last your whole career.

Annual Report for 2022 - 2023

Name and Position/Committee: Julie Rubel, RN, MScN, GNC(C), CGNA President Elect, CGNA2023 Co-Chair

Our 22nd biennial national conference was held in Niagara Falls, Ontario, April 20-22 2023. Did you hear the echoing “Hurrah” as conference delegates from all over Canada ‘emerged from the mist’ at this wonderful UNESCO site? Over 240 of us gathered to enjoy the spring beauty. CGNA2023 provided delegates with the opportunity to attend two of 4 pre-conference workshops; over 55 poster and 100 paper presentations; and hear 2 expert gerontological nursing keynote speakers as well as participate in the CGNA Trends & Issues meeting during the Ann C. Beckingham Breakfast. Thank you to the many sponsors (including: Gold Sponsor – Advanced Gerontological Education (AGE) Inc.; Silver Sponsors – Essity, Integrated Health Solutions (Bayshore Health), MIP and Niagara College Canada; Bronze Sponsor – Health Standards Organization (HSO); Host Organization & Lanyard Sponsor – Gerontological Nursing Association Ontario (GNAO) and over 20 exhibitors. Financial support from these organizations totaled \$43,000.00 – a significant amount that helped us realize a great conference experience for all. If you were unable to attend the April CGNA2023 conference, here are a few highlights:

Two inspiring Keynote Speakers

Dr. Matthias Hoben, YorkU, provided an evocative overview of his research titled, *‘Between home care and long-term care: Appreciating adult day programs and assisted living communities as important, yet under-valued care settings’*.

Dr. Lorraine Venturato, UCalgary, spoke about her fascinating research journey using arts-informed methodology titled, *‘Home: Is it really where the heart is? (Reconsidering Aging, Home, Place & Community)’*.

Four Pre-Conference Workshops

- What -- Me Ageist? Exploring Ageism in Healthcare and Ourselves – Workshop facilitators, Dr. Sherry Dahlke and Dr. Kathleen Hunter, UofAB
- Medical Assistance in Dying (MAiD) for Front-Line Nurses – Nurse Practitioner workshop facilitators, Sandra Andreychuk, Quality Life Planning and Lindsay Thomas, Alberta Health Services
- Facilitating Conversations about Intimacy Needs in Dementia – Behavioural Supports Ontario SED Working Group facilitators, Katelynn Aelick, Dr. Birgit Pianosi, Dr. Rosemarie Mangiardi, Kristy McGibbon and Lori Schindel Martin

The Tenacious Nurse: Strategies to Support Your Publication = Canadian Network of Nurse Researchers in Aging (CNNRA) Co-Chairs and workshop facilitators, Dr. Lisa Canning, UofT and Hannah O'Rourke, UofAB.

Posters and Oral Presentations

The excellent quality of posters and oral presentations provided a robust sharing of clinical and research topics that were exceptional. We encourage all who presented via poster or oral presentation to consider submitting a manuscript to Perspectives, CGNA's peer-reviewed journal. You are already well on your way!

Also gratifying, we were able to raise funds for the Scholarship Fund from the Silent Auction at the Social evening on April 21 in the Niagara Brewing Company. Thank you to all who provided donations to the auction and to those who bid on the items. We hope you enjoyed sharing a drink, perhaps one of the special cocktails/mocktails that the bartenders conjured up to help us celebrate the first in-person CGNA conference in four years!!

We look forward to planning the **23rd Biennial National CGNA2025, which is to be held in Winnipeg, Manitoba, co-hosted by MGNA and CGNA** - more news to share on that event in the coming months.

Sincerely,

Julie Rubel, CGNA President Elect, CGNA2023 Co-Chair, on behalf of:

Julie Rubel, RN, MScN, GNC(C), CGNA President Elect

Esther Coker, Conference2023 Co-Chair and

Kathleen Hunter, Past Co-Chair, Committee member

Elaine Campbell, CGNA President, Committee member

Kelly Baskerville, CGNA Director of Communication, Advising Member (Communications)

Lori Schindel Martin, CGNA Past President, Committee member

Elaine Moody, CGNA2023 Chair – Abstract Review Committee

Anthony Lombardo, CGNA Office Manager

Patricia Pearson, CanPlan Inc.

Annual Report for 2022 – 2023

Name and Position/Committee: Dawn Prentice Editor-in-Chief, *Perspectives*, Journal of the Canadian Gerontological Nursing Association.

Activities during this period:

The *Perspectives* Editorial Team comprised of (Lorna Guse- Past Editor, Roslyn Compton- Associate Editor and Dawn Prentice) held five editorial meetings over the last year. Thank you to Kelly Baskerville for her support as the CGNA Communications Director.

- Nine manuscripts were submitted.
- Three issues of *Perspectives* were published.
- A special edition focusing on Older Indigenous Adults was published in March 2023
- Two new journal reviewers joined our team.
- Four editorial team meetings were held during this time period.
- Three *Perspectives* Advisory Board meetings were held – Chaired by Lorna Guse.
- Dawn attended the International Academy of Nurse Editors (INANE) virtual conference August 1-3, 2022, as a representative of *Perspectives*.
- The editorial team made amended the manuscript review form to be reflective of equity, diversity and inclusivity.

Annual Report for 2022 - 2023

Name and Position/Committee: Elaine Moody, Chair Research and Scholarship Committee

Activities during this period:

The committee successfully reviewed abstracts for presentations at the the 2023 annual meeting. We also reviewed applications to scholarships and research awards with the following results:

- Ann C. Beckingham Scholarship awarded to Ellen Guo
- We did not receive any applications for the Memorial Scholarship or for the research award this year.

Additional Notes:

The committee is always seeking new members. Those interested should send an expression of interest to the Chair. Activities next year will include exploring ways to promote the awards and scholarships to members.

Respectfully submitted,

Elaine



Annual Report for 2022 - 2023

Name and Position/Committee: Lori Schindel Martin, RN, PhD, GNC(C), CGNA Past President, Chair, Nominations Committee

As required in the CGNA By-Laws, the Nominations Committee is chaired by the Immediate Past President. At the full Board meeting on January 18, 2023 a discussion was held amongst the directors and executive members regarding those individuals who would serve second terms as representatives of their member provinces. Those present at the full Board meeting were encouraged to inform their own provincial membership that there would be a nomination call for those interested in taking on open CGNA executive roles for the 2023-2025 board. Subsequent to the January meeting, the Past President, President, President Elect and Director of Communication of the Board met in mid-February to review and revise the Call for Nominations. The final message was circulated to all members on February 24, 2023 through the means of an email blast. Nominations were due Friday, March 10th to the Past President. The message read:

Call for Nominations: CGNA Board of Directors (2023-2025)

Canadian Gerontological Nursing Association is a premium national professional nursing organization, a not-for-profit, registered charity with CRA since July 1, 1987. We are calling for new members to join our Board of Directors (BOD) to expand our organization's capacity to meet the healthcare needs of older Canadians. We're inviting you to apply so that we have the best people to help CGNA improve the quality and accessibility of gerontological nursing care in Canada. We are accepting applications from inclusive, diverse, energetic, growth- oriented leaders to join our volunteer Board of Directors.

We are seeking new BOD members who share our passion and commitment to deliver care to older persons in Canada according to evidence-informed, competency-driven standards for best gerontological nursing practice. CGNA is embarking on development of a new significant strategic plan including: i) expansion of membership diversity, ii) broader dissemination of our educational webinars, iii) growth into northern territories as well as Indigenous and Francophone communities and iv) revising our National Gerontological Nursing Standards & Competencies, updated to the 5th Edition by 2025. All members of CGNA are eligible to serve on our board of directors.

We invite members interested in serving on the CGNA Board to consider a nomination for the following:

Board Executive:

- President-Elect
- Secretary
- Director of Communication
- Director of Education

Board of Directors (Representatives for the following provinces):

- British Columbia
- Alberta
- Manitoba
- Ontario
- New Brunswick
- Nova Scotia
- Prince Edward Island
- Newfoundland & Labrador

For more information, please consult the official [Call for Nominations and nomination form](#).

After reviewing inquiries and nomination forms submitted, the proposed nomination slate was reviewed by the full Board of Directors and approved in principle at the meeting held March 15, 2023. This final nomination slate be presented to members at the Ann C. Beckingham Breakfast, Trends & Issues session held on Saturday, April 22, at the CGNA2023 Biennial Conference. The nomination slate will be formally presented and members will vote at the Annual General Meeting of the membership to be held May 27, 2023. The nomination slate to be voted on by the membership is as follows:

President – Julie Rubel – ON

President Elect – Brandy Stadnyk - MB

Past President – Elaine Campbell - PEI

Treasurer – Lindsay Thomas – AB

Secretary – Therese Lim – ON

Director of Communication – Under Review

Director of Education – Roslyn Compton - SK

Director, BC - Shelley Canning

Director, AB - Kelly Baskerville

Director, MB - Brandy Stadnyk

Director, ON - Melanie Kelly

Director, NB - Sylvie Bernard

Director, NS - Katie Pitt

Director, PEI - Valerie Abd-El-Aziz

Director, NL - Carla Wells

*Lori Schindel Martin, RN, PhD, GNC(C), CGNA Past President, Chair -
Nominations Committee*



Annual Report for 2022 - 2023

Provincial Association: Alberta Gerontological Nurses Association

Name and Position: Edythe Andison, Past President and Kelly Baskerville, President

Activities during this period:

Memberships remained steady and increased slightly, to a total of 261 this year. This reflects a sustained commitment by our Provincial Board, as well as our Edmonton, Red Deer, and Calgary Chapters, to reach out and engage with members.

Board meetings were held on September 22nd, October 28th, November 4th of 2022 and February 16th and April 5th in 2023.

We held our AGM on April 30th last year and look forward to this year's in June. We have been able to recruit to board positions as they became vacant and are eagerly looking for a Provincial President-Elect.

Our education committee supported online sessions which were recorded and available for on-demand viewing by our active members. We are planning our first in-person Education Day in several years, to be held in September 2023 in Red Deer.

We offered the ACE Awards again this year and were pleased to provide financial assistance of \$1,000 to each of two applicants to travel and attend the CGNA conference in April.

We were very pleased to nominate Dr. Kathleen Hunter for a honorary CGNA membership for all the years of service and her contributions to the field of gerontological nursing. Kathleen was recognized in person at the CGNA conference in April 2023.

Our partnership with the Alberta Association on Gerontology continued this year, as we provided sponsorship for their "Futures Forum" webinar series, which you can find on their website at www.albertaaging.ca. We provided administrative and leadership support for an Alberta Health funded project, the "Cultural Change Project: Enhancing Seniors' Services Workforce Think Tank." This work is published and publicly available as a report with recommendations for government, organizations, and educational institutions, and is also available on their website. Finally, we have been invited as a regular member of their Stakeholder Collaborative Committee, to regularly advise and represent the perspective of gerontological nurses.

We were pleased to have formed a relationship with the Alberta Association of Nurses.

This organization is celebrating their first anniversary, having formed after the separation of College and Association of Nurses in Alberta in 2022. We promote their organization on our website and in member communication, and they do the same in return. We look forward to collaborating on projects in the future as they gain capacity and stability.

Chapter Activities:

Calgary:

Calgary has been able to maintain a strong board team, with the addition of two members at large. They continue to offer study groups, mentorship and financial incentives to members pursuing their CNA Certification in Gerontological Nursing. They offered three virtual educations:

- “A Discussion of Small Homes for People with Dementia in Alberta”
- “Dying with Dignity”
- “Honoring our Nurses: Past, Current and Future” panel discussion

Edmonton:

Our Edmonton Chapter is working to build their board after a particularly challenging few years. The Chapter awarded two financial awards to members to support their attendance at the CGNA conference. A survey has gone out to Edmonton members to help with future decision making about the future and sustainability of the Chapter.

Red Deer:

Last year our goal for the 2022/2023 was to host more in-person events to allow our membership to reconnect and network face-to-face. I can proudly say we accomplished this goal and more! Our chapter jumped into a voyage of learning more about the resources in our area by taking meetings on the road and hosting events directly in the building of the organization we were learning about. We want to take the time to recognize the hard work, dedication, and important role that our community organizations play in supporting older adults in our area as well as the nurses that work in gerontology.

The highlight of this year was being able to host a public education event once again. Our presentation from our local audiologist was well received and we hope to host many more in the future.

Membership Meetings/Chapter Activities:

October 5, 2022: Chapter Meeting/Member Education Event

- **Hybrid, in-person and zoom at Alzheimer Society office**
- **Alzheimer Society – Red Deer Chapter provided education on memory and memory loss, how the society is run, funding, how referrals are made, and support for caregivers and people living with dementia**

November 15, 2022: Chapter Meeting/Member Education Event

- **In-person at Alzheimer Society Office**
- Red Deer Primary Care Network MINT Memory Clinic provided education on services they offer, how clients can access, how an assessment looks, support for caregivers and people living with memory loss

December 13, 2022: Chapter Social Event, Networking

- In-person social event

January 17, 2023: Member Education Event

- In-person at The Lending Cupboard
- The Lending Cupboard provided education on their history, process of accepting, cleaning and lending medical equipment, people served and volunteer roles. Also provided a tour of their facility and equipment available.

March 21, 2023: Public Education Event

- Hosted in partnership with The Golden Circle – Seniors Resource Centre
- Dr. Towers, audiologist presented on myths and truths about hearing aids, the process and importance of hearing testing by an audiologist, and types of hearing aids

Annual Report for 2022 - 2023

Provincial Association: Gerontological Nurses' Association of BC

Name and Role of Director Reporting: Shelley Canning RN PhD GNC(c); President GNABC

Contact Information: Shelley.Canning@ufv.ca

Current issues facing the provincial Gerontological Nursing Association:

Maintaining membership numbers and filling executive chapter positions has continued to be challenging. During 2022-2023 GNABC had two functional chapters with full executives. The Fraser Valley/Simon Fraser chapter has now folded with members resigning from board positions in support of a new "model" with a more robust provincial board mandate. Going into the 2023-2024 year there will be only one chapter: Vancouver/Richmond.

Current provincial membership is 44 – this is a significant decline from approximately 100 members in 2021-2022 and 150 members in 2020-2021.

Activities during this period:

(E.g. education sessions, chapter activities.)

1. Annual conference: Over 60 people attended our virtual annual conference – "*Connections and Collaborations in the Care of Older People*". The conference was free and open to the public with the bulk of registrations being GNABC members. The conference included the following presentations/panel/and keynote:

- i. Victoria Casas-Alcuaz – "Delirium and Frailty Prevention"
- ii. Margaret Lin – "Social Prescribing"
- iii. Lynn Jackson, Dr. Jim Mann, Dr. Alison Phinney – "Flipping Stigma on its Head"
"Action Team panel"
- iv. Dr. Debra Sheets – "Intimate Connections: Addressing the Narrative Scarcity of the Voice of Caregivers"

2. AGM: Our AGM was held over zoom during our annual conference.

3. Annual GNABC Education award: The recipient of the 2023 GNABC Education Award was announced at our AGM.

4. Honourary Lifetime GNABC Membership: Lilian MacTaggart was awarded an honorary lifetime membership. Li was honoured during the AGM and spoke to the membership. Li is the first honorary lifetime member of GNABC.

5. CNA Study sessions: GNABC Education Chair Kimberly Smith collaborated with members from the Fraser Valley and Vancouver/Richmond chapters in hosting a series of study sessions for members studying for the CNA exam spring 2023. This work built on the successful work of the Fraser Valley chapter who initiated a study session series in the fall 2022. Approximately 10 members attended each of the fall 2022 and recent spring 2023 sessions. These webinars will be saved on the GNABC website.

5. Joanne Brown, GNABC Membership Chair successfully launched the inaugural GNABC newsletter with stories, events, and reminders for members around the province. Nicole Percival joined Joanne in producing this really successful newsletter.

6. Gero-Nurses: Tales from the Front Podcast: nine episodes have been shared across streaming platforms with over 650 downloads. The podcast is a collaboration of GNABC and the Centre for Education and Research on Ageing at the University of the Fraser Valley. Guests included gerontology nurses working in a variety of settings including LTC, acute care, research, and education. Gero-Nurses is available on all the major streaming services including Podbean and Spotify.

7. Board Directors: At our 2023 AGM several board members finished their terms. GNABC recognizes the important contributions of outgoing board members: Traci Skaalrud, Sharon Wang, and Kimberly Smith. We also welcome the following new board members: Traci Skaalrud (Treasurer); Victoria Pickles (Secretary); Jade Sol (tentatively - Education Chair).

A very big thank you to all members of the board and those who participated in chapter boards over the past year 😊

Finally, I am proud to continue in the position of President GNABC for 2023-2024.

Regards,



Shelley Canning RN PhD GNC(c)

Annual Report for 2022-2023



Director Reporting: Brandy Stadnyk, RN MN CVAA GNC ©, MGNA President

Contact Information: bstadnyk@wrha.mb.ca

Current Issues:

We are in the process of rebuilding our dated website to refresh its appeal. Recruitment of members is ongoing, and we've been able to attract students and health care professionals from various points in their careers.

Activities during this period (e.g., educational sessions, participation in provincial policy development):

We have resumed in-person general meetings with education sessions to the delight of members and non-members alike. With several drop-ins due to interest in local presenters we have been able to regain our pre-COVID-19 membership numbers.

Our executive:

Past-President: Jennifer Fulcher
President: Brandy Stadnyk
President-Elect: Farrell Diaz term coming to an end
Treasurer: Alison Kokocinski term coming to an end
Membership: Kelly Dutiaume
Media: Brian Sawatzky
Secretary: Cathy Dear
Education: Carrie Wright term coming to an end

Fall conference October 28, 2022: Addressing gaps in the system: Bent but not broken

Our first full day in person conference hosted since 2018 had 63 people in attendance. Local Winnipeg speakers from health care and government presented how COVID-19 highlighted systemic gaps and barriers to care in the Manitoba health care system that pre-dated the pandemic. Speakers discussed trauma and harm experienced by older

adults accentuated by the pandemic and outlined ways the health care system can improve going forward to better serve older adults and all Manitobans.

Thank you to the CGNA for contributing education funds used to provide honorariums to our local experts and donating a free MGNA/CGNA membership to one lucky attendee.

General meeting November 24, 2022: Speaker Lynda Balneaves

Topic: Cannabis and the older adult

General meeting February 21, 2023: Speaker Genevieve Thompson

Topic: "You don't feel alone": Perceptions of the My Tools 4 Care, (MT4C) - In Care Web-based interactive toolkit for Family

Annual general meeting May 25, 2023: Speaker Lori Sookram

Topic: Recognizing Delirium in Older Adults

Additional notes and items to report:

MGNA is very pleased to host the 2025 CGNA conference in Winnipeg, MB. It is past due and we hope members from across Canada will make the short trip to our historical city.

Annual Report for 2022-2023



Director Reporting: Sylvie Bernard, acting president

Contact Information : 506-686-0909 email : sylvie.bernard2@vitalitenb.ca

Current Issues: Lack of interest in current members and no interest from the nursing professionals. The association was inactive until the president had a special Teams meeting with Lori Schindel Martin and Elaine Campbell in March 2023 to discuss the current issues faced by our association; lack of interest from actual members and the geographical and language issues we have here in our province. The acting president Sylvie Bernard and the treasurer Rhonda McCready are organizing an in-person meeting on June 26 2023, in Moncton NB to try and reactivate the association one last time.

Activities during this period (e.g., educational sessions, participation in provincial policy development): None

Additional notes and items to report: However, on a positive note, some new nurses from New Brunswick did attend the CGNA conference this past April so we are optimistic that we can reactivate the association and recruit more members.

Remaining two members, myself and Rhonda Mc Cready treasurer had a discussion by phone and will organize one more meeting in person, in Moncton NB on June 26 2023 to decide future direction of the NBGNA.



Annual Report for 2022-2023

Provincial Association: NLGNA (Newfoundland and Labrador Gerontological Nursing Association)

Name and Role of Director Reporting: Carla Wells, Board Representative, NLGNA

Contact Information: 709-630-0793

Current Issues: NLGNA has continued to remain inactive. Membership is at an all-time low and no one has come forward to indicate willingness to serve in an executive position.

Activities during this period (e.g., educational sessions, participation in provincial policy development): None

Additional notes and items to report: We look forward to discussions with CGNA and joint provincial gerontological nursing groups about future directions regarding membership.



Annual Report for 2022-2023

Provincial Association: Nova Scotia Gerontological Nursing Association (NSGNA)

Director Reporting: Katie Pitt- Provincial Representative

Contact Information: pittkathlene@gmail.com

Current Issues:

- There maintains a challenge to find active board members. Many board positions are open without candidates.
- Website issues resulted in dismantling the website. Currently using Facebook and Email to reach out to members with information.

Activities during this period (e.g., educational sessions, participation in provincial policy development):

AGM was held October 2022. It was an online event with 20 in attendance.



Annual Report for 2022 - 2023

Provincial Association: Gerontological Nurses Association Ontario

Name and Role of Director Reporting: Melanie Kelly. President, GNAO

Current issues facing the provincial Gerontological Nursing Association:

I was on hiatus from the President position for part of this year due to work demands. A special thank you to Therese Lim, Past President for stepping in to provide coverage in my absence. Chapters have been struggling to meet given the nature of our work and the pandemic however continue to find ways to stay engaged.

We continued to meet as a board with a focus on keeping connected virtually. We are confident that as a board we can continue to remain actively involved. There have been a couple of successful education events held by our individual chapters that were well attended. As a board we provided sponsorship for the most recent CGNA conference that was held in Niagara Falls. The energy and excitement from the participants was inspiring.

We are currently planning for our AGM to be held in June with a guest speaker to entice our members to join the meeting. We are also looking to recruit for President Elect, Communication Chair and Student Rep. We are looking forward to an upcoming in person board meeting as well as a Town Hall event that we hope to hear from our members on what direction they would like to see us go as an Interest Group.

Annual Report for 2022-2023



Provincial Association: Prince Edward Island Gerontology Nurses Association (PEIGNA)

Director Reporting: Keara Bryanton, President, PEIGNA

Contact Information: 902-940-4426 (ph); Email: kearabryanton@ihis.org

Current Issues:

- Membership recruitment
- Recruitment to executive board

Activities during this period (e.g., educational sessions, participation in provincial policy development):

The PEIGNA AGM was held on May 04, 2022. It was held in-person, with the option of attending virtually, ensuring members had access to both for attendance. It included a presentation by Jamie Constable, CEO of Alzheimer's Society PEI, on exploration of concrete ways to support family members of a person living with dementia.

The following executive positions were confirmed at the AGM:

- i. President: Keara Bryanton
- ii. Past-president: Valerie Abd-El-Aziz
- iii. Vice-president: Eileen Larkin
- iv. Treasurer: Sheila Rix
- v. Secretary: Krystin Mann

The annual education day was held on March 17, 2023, at the Rodd Charlottetown. Education sessions included advanced care planning, palliative care, and medical assistance in dying. Another education session on staff burnout has been deferred to a later date to be provided virtually for those that attended.

Additional notes and items to report:

PEIGNA remains committed to recruiting new members, ensuring all nurses interested in working with older adults have the opportunity of further education on relevant topics and being part of a team with the same passion.

Respectfully submitted by Keara Bryanton, PEIGNA President.