

President Annual Report for 2020-2021

Name and Position/Committee: **Lori Schindel Martin, President**

Activities during the 2020-2021 period

The activities completed by members of the CGNA Executive, Directors of the Board and the organization's representatives were numerous throughout this term. Detailed reports from the individual members of the Executive and Board Committee leaders are provided within this Annual Report, evidence of activities in support of the 4 priorities of the Strategic Plan (2019-2021): Partnership, Financial, Infrastructure and Renewal.



Leadership Activities of the Executive and Board

- The Executive of the Board met regularly through this term: June 17 (2020), August 26 (2020); October 14 (2020); December 16 (2020); February 17 (2021); April 14 (2021)
- The CGNA Full Board met: May 2 (2020); September 16 (2020); November 18 (2020); January 13, (2021); March 17 (2021); May 15 (2021)
- The CGNA Full Board approved:
 - Publishing CGNA Gerontological Nursing Practice Standards & Competencies 2020 (4th Edition) – now posted on our new website <https://cgna.net>
 - Awarding a one-time Ann C. Beckingham Scholarship offered by CGNA through Canadian Nurses Foundation, in honor of the International Year of the Nurse and Midwife (2020)
 - Establishing a contractual agreement with Lombardo Group to provide ongoing office management services for CGNA
 - Establishing a contractual agreement with CanPlan to provide infrastructure support for CGNA Conference 2021

- Combining the Research and Scholarship committees into a single committee of the Board
- Regional representatives submitting tailored versions of a Letter to the Editor/Member of Parliament recommending action to improve care delivery within the long-term care sector (July 2020)
- Creating a new committee of the Board: Advocacy Committee
- Moving the 21st Biennial CGNA Conference to a 100% VIRTUAL platform (hosted by Pheedloop) April 22-24, 2021
- Recommended recipients of the CGNA Research Award, Ann C. Beckingham and Memorial Scholarship winners for the 2021 cycle
- Updating and developing new governance policies

Gerontological Nursing Specialization Review

- Gerontological Nursing Certification summary:
 - 78 Registered Nurses/Nurse Practitioners wrote (n=27) or renewed (n=51) their gerontological nursing certification with CNA in the calendar year of 2020. This lower number reflects pandemic conditions that resulted in the cancellation of the spring 2020 exam writing cycle.
 - The GPNC(C) exam was offered again in the fall of 2020. In this cycle, 49 PNs were certified.
 - CGNA completed another webinar series as part of its National Study Group initiative in the fall of 2020. CGNA will continue to offer webinar education support to its members, and interested non-members, as they prepare for the writing of the fall 2021 cycle of the exam.

CGNA Networking and Strategic Partnerships

- Members of CGNA participated in an accreditation review for Canadian Nurses Association continuing education program, approving a modular on-line program focused on leadership and team communication
- Members of CGNA represented our organization on the following best practice review panels:
 - Public Health Agency of Canada (PHAC Interim Guidelines for Infection Control in Long-Term Care), National Institute on Aging (Disaster Preparedness)
- Members of CGNA participated as contributors to national interprofessional networks:
 - Canadian Deprescribing Network, Choosing Wisely Canada and Immunization Canada

Leadership Activities of the President

- Participated in monthly meetings with the CGNA Office Manager and the CGNA President-Elect to discuss Board Meeting Agendas, By-Laws, By-Law Resolutions, Contracts, Financial Statements and eligibility for CERB Grants
- Participated in monthly meetings with 21st Biennial Conference 2021 Planning Committee
- Provided consultation to Directors of committees of the board regarding strategic plans and initiatives, e.g. political advocacy, webinars, newsletters, journal and budgeting needs
- Represented CGNA board on several Canadian Nurses Association (CNA) committees
 - Quarterly meetings of the Canadian Network of Nursing Specialties (CNNS)
 - Ongoing consultation meetings between CGNA executive and CNA policy representatives to contribute to CNA initiatives such as 2020 Vision: Improving Long-Term Care for People in Canada, Federal Budget healthcare spending recommendations and Long-Term Care Expert Advisory Panel

- Submitted a 'message from the president' column to address gerontological nursing issues in the CGNA Newsletter
- Corresponded with various organizations to provide documentation in support of the work of ongoing CGNA research grantees
- Provided letters of support on behalf of CGNA for research teams submitting proposals relevant to gerontological nursing practice to funders such as SSHRC and CIHR
- Provided support to the new Chair of the Research and Scholarship Committee

Additional Notes

Thank you to Mollie Cole, Past-President and Elaine Campbell, President-Elect for their continued support of the overall activities of CGNA. Thank you to Lindsay Thomas, Treasurer; Joyce Taekema, Secretary; Lillian Hung, Director of Education; Julie Rubel, Director of Communication; Christine Johnson, Newsletter Editor; Elaine Moody, Chair, Research and Scholarship Awards Committee; and Julie Rubel and Kathleen Hunter, Co-Chairs of the 2021 biennial conference planning committee. CGNA continues to flourish thanks to your collaborative efforts. Thank you to Perspectives Editorial Team: Dawn Prentice, Editor-in-Chief; Roslyn Compton, Associate Editor and Lorna Guse, Past Editor. Your commitment to increasing publication of our organization's journal, as well as your innovative decisions to place a call for a special Indigenous issue and publishing articles submitted in the French language, are greatly appreciated. Thank you to the provincial representatives on CGNA's Board of Directors, Shelley Canning (GNABC), Edythe Andison (AGNA), Jennifer Fulcher (MGNA), Therese Lim (GNAO), Jennifer Hayes (NSGNA), Eileen Larkin (PEIGNA) and Mary Beresford (NLLGNA) who provide such important support, information and advice regarding organizational operations. You ensure CGNA's pan-Canadian reach, relevance and substance. CGNA wishes to acknowledge six individuals who have supported all activities of the Board during long terms of service and are thus stepping back as members. These are Mollie Cole, outgoing CGNA Past-President; Joyce Taekema, outgoing CGNA Board Secretary; Julie Rubel, outgoing Director of Communication; Edythe Andison, outgoing AGNA representative; Jennifer Fulcher, outgoing MNGNA representative; Eileen Larkin, outgoing PEIGNA representative and Sue Ann Mandville-Anstey, outgoing NLLGNA representative. Last, but not least, we also thank Anthony Lombardo, CGNA Office Manager who provides the administrative oversight for CGNA and thus supports our organization's overall health and well-being. Well done, team!

CGNA members: a new slate of Executive and Directors of the Board will be entering terms beginning May 15, 2021. The new board will be ready to serve you under the leadership of Elaine Campbell, incoming President. We challenge each of you to consider taking up your place amongst us as contributors to the work of various committees.

Lori Schindel Martin, RN, PhD, GNC(C), President (2019-2021)

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Name and Position/Committee: Elaine Campbell, President Elect CGNA

Activities during this period:

Participated in CGNA executive and full board meetings as well as planning meetings.

Participated in monthly meetings with the office manager to discuss By-Laws, Contracts, Financial Statements

Represented CGNA on the CGNA Conference Planning committee for the 2021 biennial virtual conference to be held April 22-24 2021.

Submitted a "message from the president elect" to CGNA Newsletters

Participated as a representative of CGNA in the Canadian Deprescribing Network Nursing working group meetings

Worked with CGNA executive and board members to build relationships and foster connections with members of CGNA.

Received ongoing mentorship from CGNA executive

Additional notes and items to report: Thank you to CGNA executive members and Board of Directors for their continued dedication to the Canadian Gerontological Nursing Association, its membership and mandate. A special Thank You to Lori, Mollie and Anthony for their mentorship and guidance as I transition to the role of CGNA President in the coming months.



Click here to enter text. Annual Report for 2020- 2021

Name and Position: Mollie Cole, Past-President (2019-21)

Activities during this period:

Attended CGNA Executive and Board Meetings.

Chaired the Nominations Committee. Prepared a full state of nominees for available positions to present to the membership at the AGM in May 2021.

Sought recommendations for the Honourary Life Award and made recommendation to the Board for a recipient of this reward.

Contributed to the Newsletter: May 2020 (call for nominations to the Board).

Facilitated a full review of all CGNA policies collaboration with Secretary.

Contributed to the development of CGNA advocacy activities (e.g. response to LTC reports during COVID).

Supported the President by maintaining contact with partner organizations:

Canadian Deprescribing Network: CGNA is represented on this committee by Winnie Sun (CGNA members). Winnie serves on the CaDeN Health Care Professionals working group: she provided feedback on the draft of [the White Paper on a Curricular Framework for an Interprofessional Approach to Deprescribing](#). This white paper is being reformatted for submission to an open access journal. Winnie presented on Nurses role in Deprescribing at a C.N.A. webinar in January 2020:

https://www.youtube.com/watch?v=Wd_CXe4JN-Q&list=PLh48wIGDIJ7Sj0zYH7eoCpZlR7V-wENiu&index=56

Winnie has also published in the Western Journal of Nursing Research an editorial about nursing role in deprescribing, and has published her research study:

<https://journals.sagepub.com/doi/full/10.1177/0193945920982599>

Immunize Canada (Adult Immunization Committee): Heidi Holmes represents CGNA at this national committee. The committee has been busy with the COVID immunization program. They recently held an HPV awareness campaign.

<https://immunize.ca/>.

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Name and Position/Committee: Joyce Taekema Executive CGNA Secretary

Activities during this period:

- Attended every Executive and BOD meeting since the AGM of 2020.

Executive Meetings:

August 26, 2020
October 14, 2020
December 16, 2020
February 17, 2021
April 14, 2021
May 15, 2021

BOD Meetings:

September 16, 2020
November 18, 2020
January 13, 2021
March 17, 2021
May 15, 2021

- Prepared, circulated, and filed all meeting minutes and associated correspondence.
- Worked with Executive members to review, update and file administrative policies.
- Facilitated and filed the report submissions for the AGM.

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Name and Position/Committee: Lindsay Thomas, NP, BScN, MN,

Activities during this period:

1. Membership Report for April 1, 2020 –March 31, 2021

Total Members & Associates: 3,336

Members: 1,423

Associates: 57

Student Associates: 1856

A detailed breakdown of membership is included on pages 2-3 of this report.

2. Financial Statement for January 1, 2020-December 31, 2020

For further details on the financial review, the CGNA Unaudited Statement of Financial Position is available as a supplement to this document.

3. Budget for the January 1, 2021-Decemeber 31, 2021

The 2021 CGNA budget was approved by the Board of Directors on February 17, 2021.

4. Accounting firm, Ouseley, Hanvey, Clipsham & Deep (OHCD) for CGNA Financial Statements.

OHCD was appointed by members as CGNA's public accountants to perform financial reviews from 2015-2020. Appointment of the 2021 public accountants will occur at the AGM May 15, 2021.

CGNA Membership Trends

	2010-11	2011-12	2012-13	2013-14	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21
Alberta	185	164	234	230	212	234	261	250	273	259	259
British Columbia	234	278	199	286	219	222	241	209	186	215	193
Manitoba	59	43	58	65	75	123	132	101	106	93	81
New Brunswick	14	22	14	22	34	39	39	36	37	41	42
Newfoundland and Labrador	10	8	44	5	11	20	30	46	29	30	23
Nova Scotia	36	44	63	75	64	75	90	93	76	78	76
Ontario	60	1730	1932	1954	1843	1925	2751	2052	1572	1723	2592
PEI	24	19	20	22	22	47	37	35	45	43	35
Quebec		3	2	6	6	4	8	12	11	14	12
Saskatchewan	12	18	12	14	22	24	14	14	12	11	12
Other non-conjoint				2	0	0	6	19	18	10	11
TOTAL	695	2329	2578	2681	2508	2713	3609	2867	2365	2517	3336

Totals include all CGNA members, associates and students.

CGNA Members, Associates and Students as at March 31, 2021

	Members	Associates	Students	Total
Alberta	232	10	17	259
British Columbia	181	12	0	193
Manitoba	76	2	3	81
New Brunswick	38	3	1	42
Newfoundland and Labrador	22	1	0	23
Nova Scotia	64	9	3	76
Ontario	754	12	1826	2592
PEI	35	0	0	35
Quebec	6	1	5	12
Saskatchewan	11	0	1	12
Other non-conjoint	4	7	0	11
TOTAL	1423	57	1856	3336

Canadian Gerontological Nursing Association

Operating Budget

January-December 2021

Income	Budget
4110 GO - Membership Fees	50,000.00
4115 GO - Educational Income	1,200.00
4120 GO - Advertising	1,000.00
4122 GO - Perspectives	1,000.00
Total Income	\$ 53,200.00
Expenses	
5110 GO - Board Expenses	150.00
5130 GO - Travel & Accommodations	1,400.00
5135 GO - Executive Expenses	5,000.00
5140 GO - AGM Costs	1,000.00
5145 GO - Bank and Credit Card Ch...	1,500.00
5150 GO - Website	300.00
5153 GO - Database Fee	5,000.00
5155 GO - Grants	2,500.00
5160 GO- Postage, Mailing & Courier	50.00
5162 GO - Annual Filing	20.00
5170 GO - Insurance	900.00
5172 GO - Operation Management Fee	50,000.00
5173 GO - Provincial Support	2,000.00
5185 GO - Network & Partnership	200.00
5190 GO - Journal	6,250.00
5193 GO - Webinars	500.00
5195 GO - Photocopy, Printing & Stat...	1,000.00
5210 GO - Accounting & Audit Fee	4,000.00
5211 GO Bookkeeping	5,000.00
5215 GO - Promotion	800.00
5220 GO - Telephone	700.00
Total Expenses	\$ 88,270.00
Profit (deficit) <i>To be offset by conference profit</i>	\$ (35,070.00)

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Name and Position/Committee: Julie Rubel, Director of Communication

Activities during this period:

Newsletter

Three issues of the CGNA newsletter were produced during this reporting period, with thanks to Newsletter Editor, Christine Johnson; Spring/ Summer 2020, Fall 2020, and Winter 2021. The newsletter serves to highlight the work of the CGNA board and our provincial chapters, to announce upcoming events as well as to acknowledge CGNA award winners. Our most recent issue served focused on the upcoming CGNA2021 Biennial Conference. It can be read [here](#).

Perspectives

Perspectives has welcomed a new Editor-in-Chief, Dawn Prentice. We acknowledge the tremendous work of outgoing Editor-in-Chief, Lorna Guse and thank her for her service. In collaboration with Guest Editor, Bernice Downey, Perspectives has issued a [Call for Manuscripts](#) for an upcoming special issue focusing on Indigenous Elders. Manuscripts will be accepted until September 2021. During this reporting period, Perspectives issues 41(1), 41(2) and 41(3) were published. Further details can be found in the Perspectives Annual Report.

Social Media

We have endeavored to be more consistently active on social media, particularly Twitter. Leading up to CGNA2021, posts have been at least weekly with thanks to CGNA Office Manager, Anthony Lombardo, who authors our promotional tweets/ posts. Both [Twitter](#) and [Facebook](#) have seen an increase in followers over the past year, 167 and 165 respectively, representing a 13% increase in both cases.

Website

We are incredibly proud of our reimagined [website](#). The site has been revised to enable visitors to find our most valued resources quickly and easily. It features an updated aesthetic with ready links to upcoming events and important resources including the revised Standards & Competencies. Thank you, Anthony Lombardo, for your work in achieving this important goal and to all who provided feedback regarding the desired look and site functionality.

Additional Board of Director Responsibilities

- Served as CGNA2021 Biennial Conference Co-Chair.

- Reviewed requests for letters of support for research grants and requests for CGNA endorsement.
- Attended CGNA Executive and BOD meetings regularly.

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Lillian Hung, Director of Education

Activities during this period:

Two national GNC study groups in the format of webinars were delivered in the fall of 2020 and spring 2021.

- Topics covered included: Diabetes, ageism, frailty, food and nutrition, medication management, vaccines, depression, ethics and decision-making, aging and environment.
- A study group experience paper has been published in Perspectives – Journal of CGNA, co-authored with Sribalan T and Mollie C. The paper has been shared with CNA.
- Due to COVID-19, CNA now offers a proctor U exam option for nurses to write certification exam at home. In the spring 2021, 122 nurses registered for the initial gerontology exam and 210 renewed (a total = 332).

Additional notes and items to report:

Digital technology seems to offer great potential for supporting education, especially during the times when we face pandemic challenges. We are currently utilizing Zoom platform for education webinars.

Our CGNA members, I welcome your ideas and contributions to enrich learning, knowledge exchange and education in gerontological nursing.

At our 2021 CGNA preconference workshop, I will share my research work in technology. I will describe the current landscape in involving people with dementia in developing technology-based interventions. I will also discuss facilitators and barriers to the meaningful involvement of users in technology development. Hope to meet and connect with you at the virtual conference.

Lillian

Lillian Hung RN PhD GNC (c)

Director of Education, CGNA





April 20th, 2021

Research and Scholarship Committee Report

The 2021 CGNA Research and Scholarship competitions were a great success.

Research Grant

There was a total of 4 grant applications received. The successful applicant is Marie-Lee Yous.

Memorial Scholarship

There were no eligible applications this year.

Ann C. Beckingham Scholarship

There was a total of 11 applications for this scholarship. This year we were able to provide 7 scholarships of \$2000. The successful applicants are: Mary Beresford, Marie-Lee Yous, Adebisola Adekoya, Alexia Cumal, Rianne Carragher, Jen Calver and Sadaf Murad

The committee is always seeking new members. Those interested should send an expression of interest to the Chair.

Respectfully submitted,

Elaine Moody, Chair of the Research and Scholarship Committee

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Name and Position/Committee: Dawn Prentice Editor-in-Chief, *Perspectives*, Journal of the Canadian Gerontological Nursing Association.

Activities during this period:

The *Perspectives* Editorial Team comprised of (Lorna Guse- Past Editor, Roslyn Compton- Associate Editor and Dawn Prentice) held five editorial meetings over the last year. In July, Dawn Prentice assumed the Editor-in-Chief position and Lorna Guse became the Past Editor. A heartfelt thank you to Lorna for all her contributions to *Perspectives* over the years. Thanks also to Julie Rubel for her support in her role as CGNA Communications Director.

- We had 10 manuscript submissions over the past year.
- We published three issues during this time period.
- A special edition call for Indigenous Elder manuscripts has been circulated with a deadline submission date of September 2021. We anticipate this issue to be published at the end of the 2021 year
- We have developed a welcome and resource package for new reviewers.
- The *Perspectives* ISSN was officially changed in May 2020 as the journal name had changed when it became the CGNA journal.
- Roslyn Compton and Dawn Prentice attended the virtual International Academy of Nurse Editors (INANE) conference in August 2020.
- The Editorial Team will be presenting a session on publishing at the 2021 CGNA conference.

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Provincial Association: Alberta Gerontological Nurses Association

Name and Role of Director Reporting: Edythe Andison, President

Contact Information:

Edythe Andison

President@agna.ca

Current issues facing the provincial Gerontological Nursing Association:

In this past year, the COVID-19 global pandemic consumed us all and continues to do so. In reflection, AGNA like many organizations had to reframe how we did business and how we continued to support our mandate. The role of the Gerontological Nurse has been front and center throughout this pandemic with our senior's population in Canada dramatically affected by COVID-19.

As an executive of volunteers, we have had to adjust to new realities of our own lives as well as our work lives by continuing to juggle competing priorities like so many others.

AGNA continues to see a challenge with recruitment to membership and to executive positions at the provincial level. At the beginning of this year, we had a full slate of officers however as COVID continued to impact people's lives, we had resignations from the provincial board. We were exceptionally fortunate to have our previous secretary step in for that vacancy. The education chair role remains vacant. Our communications committee has been busy which is exciting to see and continues to build momentum not only in the work that they are doing but also the members involved. We hope to be able to mimic this process for other areas of the board as well. We have a new slate of nominees forthcoming for our May AGM which is encouraging and exciting.

The three existing chapters, Edmonton, Calgary and Red Deer all are viable and engaged with meetings and activities through out the year. Active membership participation is a challenge, with some events held with low attendance. Finances are healthy in all chapters as well as provincially.

We are looking into innovative ways in which we can engage our membership using technology as well as opportunities to learn in partnerships with other organizations. We have also seen a great deal of interest with sharing chapter events which are so much easier with the new virtual platform. AGNA has become very familiar with zoom.

Activities during this period:
(E.g. education sessions, chapter activities.)

The last year saw AGNA move to virtual platforms with our first Annual General Meeting (AGM) by Zoom last June. We had to cancel a well-established tradition of combining our annual education day and AGM in observation of the public health restrictions in place. As a result of this, the executive decided to move to virtual education sessions instead.

The first of the sessions went live with Zoom in November 2020 with Brittany Walsh (our Edmonton Chapter Chair) presenting on *Exploring Acute care Nurses' Decision making in Psychotropic PRN Use in Hospitalized People with Dementia setting*. Followed by a December session on *Mood Distress in Older Adults* by Kelly Baskerville (our president elect) and Verdeen Buedkert. The New Year brought a third virtual presentation by Dr. Matthias Holben speaking on his research in Quality of Life measurement in care homes. A very timely topic.

With each virtual session, the participation numbers have increased each time. The ability to engage and support in offering education in a forum that is accessible is very exciting and we hope to continue this forum in the future regardless of the barriers that the pandemic continues to present.

AGNA had the opportunity to participate in advocacy activities at the provincial level by participating by invitation for a focus group set up by the Alberta Government to review the facility based continuing care system. We participated in a survey of questions with peer nursing associations in Alberta, CARNA, CLPNA, CRPNA and NPAA. It was an interesting conversation to identify opportunities for changing and improving facility-based continuing care in Alberta.

AGNA was also invited by the provincial health ministry along with other stakeholder groups to provide a written submission as a stakeholder organization for the review of legislation for the continuing care system in Alberta. The intent of the review is to create a new consolidated and updated legislative framework.

Each chapter has sponsored education virtual activities and as previously mentioned we have had combined chapter sessions.

The Calgary chapter continues to run AGNA's provincial study group platforms to support nurses who choose to work towards certification. This past year has seen few participants however we look forward to more in the upcoming year.

Of special note:

AGNA again was the recipient of a monetary donation by our webmaster services and the ACE (AGNA continuing education) award is a wonderful platform for individuals to apply to. We have had a number of individuals ask for registration support for the upcoming CGNA biennial conference. We are so very fortunate to have this sponsorship.

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Provincial Association: Gerontological Nurses' Association of BC

Name and Role of Director Reporting: Shelley Canning President-Elect GNABC

Contact Information: shelley.canning@ufv.ca

Current issues facing the provincial Gerontological Nursing Association:

Maintaining membership numbers and filling executive positions is more challenging for some of the seven GNABC chapters than others. Over the past year provincial membership was 165 with 37 renewals for 2021 to date.

Activities during this period:

(E.g., education sessions, chapter activities.)

1. Annual conference: The 2021 GNABC conference will be virtual in light of continuing pandemic guidelines. This year's conference is hosted by the Victoria chapter, and conference planning was jointly undertaken by members of the Victoria chapter executive and GNABC executive. The conference theme is *Modernizing Ageing in Place*, and this year's speakers' line-up includes keynote Dr. Alex Henri-Bhargava, a Victoria neurologist with a focus on dementia and cognitive health. Additionally, a diverse range of topics will be addressed by two sessions of speakers wrapping up with the AGM.

2. Annual GNABC Education award: The recipient of the 2021 GNABC Education Award was selected and will be announced at the AGM.

3. Joint provincial education sessions: Under the guidance of GNABC Education Director Jen Tabamo, GNABC is trialling a new way of providing education sessions for our members. For 2021, each of the seven GNABC chapters will be responsible for planning, organizing, and sharing one education session that is available provincially across all chapters. These seven virtual education sessions will be shared throughout the year and saved on the GNABC web-site.

4. Café re Covid-19 and LTC: hosted a café exploring issues related to Covid-19 and LTC with BC's Senior's Ombudsperson, Isobel MacKenzie.

5. Pod-cast: producing a pod-cast highlighting the work of gerontology nurses in collaboration with the Centre for Education and Research on Ageing at the University of the Fraser Valley.

Of special note: GNABC recognizes the contribution of Laura Braun to the LTC Reform Task Force with CNA and CGNA and, the contribution of Traci Skaalrud to the study group creating the GERO Nursing Standards.

Submitted by:

Shelley Canning RN PhD (GNC)c
GNABC President-Elect

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Provincial Association: Manitoba

Name and Role of Director Reporting: Jennifer Fulcher RN MN President

Contact Information: jfulcher@vgh.mb.ca

Current issues facing the provincial Gerontological Nursing Association:

- 1) COVID 19. We have moved to a virtual forum for our executive and general meetings.
 - a. Some front-line staff have been redeployed or are now working shift work and unable to attend our meetings.
 - b. Challenges with technology.
 - c. At our previous meetings we used to be able to provide a meal along with the education session. Now that things are being done in a virtual format, we are unable to offer the meal to our members. (it was a way to draw in more attendance)
- 2) Membership recruiting and retention.
 - a. We continue to post information on the WRHA Health Care Connection which goes to every staff member in the WRHA.
 - b. We are now using social media- Twitter and Facebook.

Activities during this period:
(E.g. education sessions, chapter activities.)

1. Our new executive began in Summer 2020.

President: Jennifer Fulcher

Past President: Victoria Marek

President Elect: Brandy Stadnyk

Treasurer: Shannon Bowman

Membership: Season Whaley

Media: Brian Sawatzky

Secretary: Cathy Dear

Education: Carrie Wright (continuing term)

August 24, 2020- in partnership with the Association of Registered Nurses of Manitoba (ARNM) met with Uzoma Asagawara MLA, NDP Critic for Health, Seniors and Active Living to advocate for support of Bill 212 which amends the Health services act.

September 9, 2020- in partnership with ARNM met with Dr. Jon Gerrard Liberal MLA to discuss both long term care and outsourcing of core public health services during COVID 19.

General Meeting: September 23, 2020

Speaker: Adekoya Adebisola

Topic: Meaning Behind Wandering in older adult with dementia.

September 30, 2020- In partnership with ARNM met with Manitoba Minister of Health Cameron Friesen to advocate for older adults.

General Meeting: December 8, 2020

Speaker: Katarina Lee-Ameduri

Topic: When your patient or patients advocate says no thank you palliative care.

February - May 2021- Manitoba Law Reform Commission: Elder Abuse Project Advisory Committee. Members of MGNA involved in the advisory panel.

March 18, 2021- Presentation advocating for MGNA and opportunities for furthering education and involvement in caring for the older adult.

General Meeting: March 24, 2021

Speaker: Lori Lamont and Pat Stephenson

Topic: COVID-19 Outbreaks in Winnipeg Personal Care Homes: Lessons Learned.

Of special note:

The conference that we were planning has been postponed to October 2021 with hopes of the same topic and speakers.

We were previously partnered with ARNM to assist with our meetings and education. We will now be using our own Zoom membership to facilitate these activities.

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Provincial Association: New Brunswick Gerontological Nurses' Association

Submitted by Ronda McCready (Treasurer) and Sylvie Bernard (Secretary).

Current issues facing the provincial Gerontological Nursing Association:

The NBGNA association has had to struggle along, as many in these difficult times, and really have not rebounded since the loss of our president John MacDonald. This along with the challenges Covid has created of getting together has led to a hold on association activities. We are hopeful that, in collaboration with CGNA and mass vaccinations this coming year, we will be able to hold elections and begin the road back to reviving our association. We are working on ways to send out Zoom links for members to allow for participation until in person provincial meeting can be held. Currently we need a new president to help us with these challenges and encourage any of our members to put their names forward to our secretary Sylvie Bernard who has agreed to step in as president for the time being. It is with sadness but much gratefulness that we announce the retirement of our past president elect Dawn Fenton. We thank her for her many years of dedication to our organization. To everyone out there stay strong but remember to lean on each other when you need to and together, we will get through this even more resilient than ever. Take care.

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Provincial Association: Newfoundland and Labrador Gerontological Nursing Association (NLGNA)

Name and Role of Director Reporting: Carla Wells, Incoming Board Member

Contact Information: cwells@grenfell.mun.ca

Current issues facing the provincial Gerontological Nursing Association:

- Diminished capacity for nursing staff to avail of virtual educational opportunities.
- Diminished membership numbers.
- Executive members' workload impacting involvement in CGNA/NLGNA work.

Activities during this period:

(E.g., education sessions, chapter activities.)

Executive meetings to prepare for post-pandemic educational opportunities. Planned education conference was postponed. Regional authorities were encouraged to send members to the Virtual CGNA conference.

Of special note: This past year has been a very quiet one for NLGNA. It is anticipated that post-pandemic, there will be an increase in activity for the association.



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Provincial Association: Nova Scotia Gerontological Nurses Association

Name and Role of Director Reporting: Jennifer Hayes (Past president)

Contact Information: jennifer.hayes@nshealth.ca

Current issues facing the provincial Gerontological Nursing Association:

As with many things, the pandemic changed some of our plans for in person meetings and education events. Members are being challenged with getting up to speed with various technology options.

Activities during this period:

(E.g. education sessions, chapter activities.)

We held our re-scheduled 35th AGM Sept 30/20 via teleconference & to get back on track we have held our 36th AGM Mar 31/21 via Zoom. There are several members who will be joining our current directors and will continue to work toward filling vacant executive positions.

In the coming year we are working on updating our website and continue to use Facebook to reach members. We have some education sessions planned which will be presented virtually.

We have provided bursaries to several members for certification or recertification and scholarships to aid in course fees. The Association also sponsored members to attend the virtual Alzheimer Society of Nova Scotia Oct 20/20.

Of special note:

The Association is providing the opportunity for members to attend a Pre-Conference workshop for CGNA 2021 as well as sponsoring our new Director, Katie Pitt's attendance.



Annual Report for 2020 - 2021

Provincial Association: Gerontological Nursing Association Ontario (GNAO)

Name and Role of Director Reporting: Therese Lim, GNAO Past President

Contact Information: limt@tbh.net

Current issues facing the provincial Gerontological Nursing Association:

It is a truth universally acknowledged, that all of our professional and personal lives continue to be heavily impacted by the COVID – 19 pandemic (to borrow heavily from Jane Austen). Even the GNAO BOD has not escaped unscathed. Members (like their counterparts in other provinces) have all faced the reality of rapidly changing demands, outbreaks and a heartfelt need to care not only for the population we serve, but also for family, loved ones and self.

The Association continues to have four inactive chapters, with further decisions suspended for the duration of the pandemic. Mentorship and connection continue to be available as requested.

Activities during this period:

(E.g. education sessions, chapter activities.)

GNAO members continue to support advocacy work being done by CGNA, the Registered Nurses' Association of Ontario (RNAO) and Registered Practical Nurses Association of Ontario (WeRPN).

The Provincial Board of Directors has continued to meet virtually on a regular basis. Even the 2021 Annual General Meeting of members will be virtual. Support has been provided via written endorsement of Dr S Sinha's work of the NIA's MyCOVIDVisitRisk Decision Aid as well as the NIA/CRC Closing the Gaps: Advancing Emergency Preparedness, Response and Recovery for Older Adults.

Active Chapters continue to offer a limited number of virtual education events. These may be in partnership with local health and/or educational organizations or stand alone, and are shared province wide for any GNAO member to attend.

Of special note:

GNAO is fortunate to have a committed Board of Directors. These leaders of the profession continue to share generously of their time and talent, in service of the organization and its membership.

Annual Report for 2020 - 2021

Provincial Association: Prince Edward Island Gerontology Nurses Association (PEIGNA)

Name and Role of Director Reporting: Eileen Larkin, Past President, PEIGNA

Contact Information:

Tel: 902-213-9387

Email: ealarkin@gov.pe.ca

Current issues facing the provincial Gerontological Nursing Association:

- Membership Recruitment
- Staying relevant through virtual engagement of members

Activities during this period:

(E.g., education sessions, chapter activities.)

PEI annual education day with the AGM to be hosted immediately following, was originally scheduled for May 14, 2020. Because they were in person events and we were in the midst of the COVID 19 pandemic, the meetings were cancelled. The AGM was subsequently scheduled for a virtual meeting via Zoom and held on July 6, 2020. Executive reports including membership, treasurer, and Chapter's Annual report for 2019-20 were submitted and approved.

The following executive positions were confirmed at the AGM:

Valerie Abd-El-Aziz, President

Keara Bryanton, Vice-President

Eileen Larkin, Past President

Lindsey Wallace, Secretary

Sheila Rix, Treasurer

An Education Committee was also confirmed with Sheila Rix and Keara Bryanton agreed to Co-Chair.

There were 3 other general meetings held during this reporting period where education was provided as follows:

September 2020

Presentation entitled “Hearing Matters” was provided by Annie Lee MacDonald and Daria Valkenberg of a local organization- Hear PEI. The presentation was shared with permission via our PEIGNA website and Facebook page.

November 25, 2020

Education Session presented by Kim Bustard- Spiritual Care Coordinator, Queen Elizabeth Hospital, Charlottetown, PE, entitled “Caring for our spirits during COVID- Care for Caregivers”. The presentation was shared with permission via our PEIGNA website and Facebook page.

February 24, 2021

PEIGNA Member Rianne Carragher, Nurse Practitioner, presented on her literature review and current state of evidence on the use of cannabinoids in the treatment of individuals with dementia. In her presentation she outlined the two-year goals for her research as her plans evolve towards shaping her research question in this emerging area.

Of special note: February 17, 2021 – Update to PEIGNA Bylaws

PEIGNA Executive hosted an executive meeting to hear a presentation on updated draft of PEIGNA Bylaws 2.0 completed by an external expert consultant Vicki Bryanton. The consultant met with the PEIGNA Bylaw Committee to review and update the PEIGNA Bylaws. Members of the PEIGNA Bylaw Committee included Mary MacSwain, Valerie, Abd-El-Aziz, Eileen Larkin and Elaine Campbell. This new version was created due to the many changes required since the last review and in consideration of recent proclamation of the Regulated Health Professions Act legislation and regulations.

A future PEIGNA project will be to create a PEIGNA policy and procedure manual from information taken from original PEIGNA Bylaws and new draft Bylaws which will be reviewed by members and voted on at the next AGM in 2021 (Date to be determined).

Respectfully submitted on behalf of PEIGNA by Eileen Larkin, CGNA Board Member