

# **Annual Report to Members**

**April 1, 2021- March 31, 2022**

For Presentation at the Annual General Meeting

May 14, 2022



## **Annual Report for 2021 - 2022**

**Name and Position/Committee:** Elaine Campbell, President

### **Activities during this period:**

Members of the CGNA Executive, Directors of the Board and the organization's representatives completed many activities this year. Detailed reports from the individual members of the Executive and Board Committee leaders are provided within this Annual Report.

The Executive of the Board met regularly through this term: August 18 (2021); October 20 (2021); December 15 (2021); February 16 (2022); April 20, (2022)

The CGNA Full Board met: June 16, (2021); September 15 (2021); November 17 (2021); January 19, (2022); March 15 (2022)

Monthly administrative huddles were held with designated executive members and our office manager Anthony Lombardo to renew financial statements, discuss budgets based upon insights brought forward by Lindsay Thomas (Board Treasurer), prepare agenda items, and discuss support for ongoing membership needs.

Fall 2021 arrived with several opportunities for participation of CGNA members and we put our heads down into the work as the year unfolded.

Kelly Baskerville, Director of Communication lead the hosting of virtual workshops in September to consult with our membership and with a tremendous work effort submitted recommendations for the workbook to the Health Standard Organization Long-Term Care Standards Technical Committee in December. Under the guidance of Kelly, we are developing a replacement to our traditional Newsletter approach to use creative communication means to keep members updated on important initiatives and events.

We are continuing work on a new CGNA website and have begun the transfer to a new membership data base which will be user friendly for our members and also less costly for our organization. Our goal is seeking innovative/inclusive ways to communicate and involve our membership.

A national election in September presented the opportunity for advocacy and election messages – the importance of voting; letters to the editor; informing candidates was discussed at the board level. We supported the advocacy messaging developed by the Canadian Nurses Association.

Dawn Prentice (Perspectives Editor in Chief) joined the September Board meeting presenting the Terms of Reference for a Perspectives Advisory Committee which will include CGNA representation all provinces and territories. We are grateful for the dedicated work of Dawn and her editorial team publishing the national journal of CGNA.

Invitational e-mails messages were sent throughout the year to the CGNA membership to test three e-learning activities (research of Dr. Sherry Dahlke and Dr. Kathleen Hunter at U of A) potential to meet gaps in nurses' knowledge about working with older people

In December with much excitement planning got underway for our 22nd biennial CGNA nursing conference to be held in Niagara Falls April 2023! Emerging from the Mist: Gerontological Nurses- We Are Ready website is launched and a call for abstracts has been circulated. Plan now to join us at this exciting in person conference!

In March 2022 Lori Schindel Martin (Past President) and I participated in a strategy meeting with CNA to discuss a GNC(C) and GPNC(C) certification application increase. Although numbers have declined (in part due to the ongoing challenges presented by COVID) Gerontological Nurse certification (GNC) numbers (1927 certified nurses in 2021) remain among the highest nursing specialties in Canada.

CGNA reviewed and endorsed the new Public Health Agency of Canada (PHAC) guidelines for the oral health screening of older people, a project under the direction of Dr. James Taylor, Chief Dental Officer of Canada.

With the guidance of Julie Rubel (President Elect) the CGNA board has revised and approved a number of operating policies over the year including a Social Media policy and a Biennial Conference Planning policy.

Lori Schindel Martin (Past President) and Lillian Hung (Director of Education) represented CGNA thru continued dialogue and partnerships with Canadian Nurses Association (CNA, CNNS and CPAC), Canadian Association of Nurses in Oncology (CANO), and Canadian Network of Nurse Researchers in Aging (CNNRA),

Therese Lim (Board Secretary) has incorporated provincial Highlight Minutes to capture updates discussed during Full Board meetings from provincial associations in an effort to stay connected and share what's working/ what's not.

Dr Elaine Moody provided excellent leadership in the review of applicants for the CGNA Research Grant and the Ann C Beckingham Scholarships and we are grateful for her dedication to this role. The successful applicants for 2022 will be presented at the AGM.

In reflection, the following challenges and/ or opportunities were some topics recognized by the CGNA board and executive in 2021-22: COVID, health human resources, technological changes, social media, communication, membership recruitment, financial investments, budgets, document management, infrastructure, partnerships, advocacy, education, balance, relevancy, inclusivity, accountability, and TIME.

It is my pleasure and privilege to serve as president for CGNA this past year. Members of the Executive and the Board of Directors are volunteers who are dedicated and committed to representing our membership and keeping CGNA viable and its activities meaningful. I am supported by a team of educated, experienced and resilient, gerontological nurses. I am extremely appreciative of the knowledge transfer, availability and mentoring of Lori Schindel Martin (Pat President).

Thank you to Anthony Lombardo, our Office Manager, for keeping our business in operating order.

Elaine Campbell RN MN GNC(C)

## Annual Report for 2021 - 2022

**Name and Position/Committee:** Julie Rubel, President Elect

### Activities during this period:

It was my pleasure to work alongside our Executive and Board of Directors in the past year to support the success of CGNA.

- CGNA 2021

As conference co-chair I worked alongside a dedicated, national committee of volunteers to plan and deliver CGNA2021 in April 2021. The event represented our first venture into virtual conference offerings. We were pleased to welcome attendees from across the country. Many excellent presentations and keynotes as well as our popular 'Issues' session allowed attendees to engage with us in meaningful ways. Thank you to each of the planning committee members as well as our conference planning vendor, CanPlan.

- CGNA Research Grants and Scholarships

#### Research Grant

One grant application was received. The successful applicant is Marilyn MacDonald.

#### Ann C. Beckingham Scholarship

There were four applicants for the Ann C. Beckingham Scholarship. The successful applicants, awarded \$2500 each, include Lucy Kpiebewieng, Brian Sawatzky, Cherryll de la Cruz-Cabalo and Monique Martin-Parent.

#### Memorial Scholarship

There were no eligible applications this year.

(Submitted on behalf of Elaine Moody, CGNA Chair of Research & Scholarship)

- Board & Executive Meeting Attendance

Consistently attended monthly alternating Board and Executive meetings as well as Executive huddles to discuss the operations and ambitions of the board.

Additional Notes: I would like to extend a thank you to all CGNA members for the honour of serving on the CGNA Board as President Elect. I have learned many new pieces of information that have deepened my understanding of our Association and its role in promoting excellence in gerontological nursing through leadership, knowledge and scholarship. As special thanks to Lori Schindel Martin and Elaine Campbell who continue to offer their support as mentors as I grow into this role.

## Annual Report for 2021 - 2022

**Name and Position/Committee:** Lori Schindel Martin, Past-President (2021-2023)

### Activities during this period:

I attended CGNA Executive and Full Board Meetings throughout the 2021-22 year. I also attended monthly Administrative Huddles with Elaine Campbell, President; Julie Rubel, President-Elect; and Anthony Lombardo, Office Manager. The focus of these meetings included fiscal responsibility decisions, identification and assignment of ongoing task to support the infrastructure for the CGNA. I have attended all committee meetings associated with the upcoming planning of our CGNA 2023 Biennial Conference to be held in Niagara Falls.

Additionally, I supported the President by maintaining contact with the following partner organizations:

**Canadian Nurses Association (CNA)** – During the 2021-22 year I was CGNA’s official representative at the Canadian Network of Nursing Specialties (CNNS) quarterly meetings as well as the CNA Long-Term Care Home Expert Advisory Panel; and attended some of the CNA Certification Centre (CPAC) to keep abreast of GNC(C) and GPNC(C) exam status and registration rates. Gerontological Nurse certification (GNC) numbers (total certified nurses in 2021=1927) remain amongst the three highest nursing specialties in Canada, along with Mental Health (total certified in 2021=1659) and Oncology (total certified in 2021=1533).

**Health Standards Organization (HSO)** – In the fall of 2021, I assisted Kelly Baskerville’s (Director of Communication) excellent work organizing CGNA member involvement in 2 focus group consultations to provide a joint response to questions about needed change in Canadian Long-Term Care Homes. I assisted Kelly in finalizing member feedback in the form of a consultation workbook report submitted to Health Standard Organization Long-Term Care Standards Technical Committee in early December. The draft technical standards were circulated to the public in late January 2022. On behalf of CGNA, I attended two of the HSO Town Hall meetings, one from the perspective of family caregivers (LTC Technical Standard 2 – March 8) of people living in Canadian LTCHs and the other from the perspective of LTCH Governance (LTC Technical Standard I – March 15).

**Canadian Association of Nurses in Oncology (CANO)** – Throughout the year Lillian Hung and I have communicated with Lorelei Newton and Fay Strohschein who approached CGNA to explore the development of a formal collaboration through which we could share educational resources. Cancer nurses are now providing ongoing care to a growing population of older Canadians and would like to learn more about best practices for an aging cohort of cancer patients. A published paper explicating CANO’s intent to grow gerontological nursing knowledge and skill can be found at:

M. Puts, F. Strohschein, W. Oldenmenger, et al., Position statement on oncology and cancer nursing care for older adults with cancer and their caregi..., J Geriatr Oncol, <https://doi.org/10.1016/j.jgo.2021.03.010>

**Canadian Network of Nurse Researchers in Aging (CNNRA)** – The Co-Chairs of CNNRA, Hannah O’Rourke and Lisa Canning have been negotiating with CGNA to formalize a relationship that will see CNNRA’s web-home as a landing page within the CGNA website. This CGNA board-approved initiative will be of mutual benefit to members of CGNA and CNNRA, helping both organizations grow capacity for gerontological nursing research.

**CGNA Board and Executive Nominations** – I prepared the slate of nominees for available positions to present to the membership at the AGM in May 2022.

It has been a pleasure to support the ongoing activities of Elaine Campbell, President as well as all members of the Executive and Board of Directors.

*Lori Schindel Martin, RN, PhD, GNC(C)*

## Annual Report for 2021 - 2022

**Name and Position/Committee:** Therese Lim, Secretary

### Activities during this period:

Attended every Executive and Board of Director meeting since the AGM held May 15, 2021

- Executive meeting
  - June 2, 2021
  - August 18, 2021
  - October 20, 2021
  - December 15, 2021
  - February 16, 2022
  - April 20, 2022
- Board of Director meeting
  - May 15, 2021 (Post AGM meeting)
  - June 16, 2021
  - September 15, 2021
  - November 17, 2021
  - January 19, 2022
  - March 15, 2022

Participated in the Health Standards Organization (HSO) public consultation in September 2021 for the Long Term Care Standards workbook submission.

Prepared and circulated to Executive and Board members the meeting minutes and associated correspondence.

Facilitated the collation of reports for the AGM.

Respectfully submitted, Therese Lim BScN (Hons), BA, RN, GNC (C)



## **Annual Report for 2021-22**

**Name and Position/Committee:** Lindsay Thomas, NP, BScN, MN

**Activities during this period:**

### **1. Membership Report for April 1, 2021 –March 31, 2022**

**Total Members & Associates: 1,530**

**Members: 1,362**

**Associates: 50**

**Student Associates: 118**

### **2. Financial Statement for January 1, 2021-December 31, 2021**

For further details on the financial review, the CGNA Unaudited Statement of Financial Position is available as a supplement to this document.

### **3. Budget for the January 1, 2022-December 31, 2022**

The 2022 CGNA budget was approved by the Board of Directors on March 15, 2022.

### **4. Accounting firm, Ouseley, Hanvey, Clipsham & Deep (OHCD) for CGNA Financial Statements.**

OHCD was appointed by members as CGNA's public accountants to perform financial reviews from 2015-2021. Appointment of the 2022 public accountants will occur at the AGM May 14, 2022.

# Canadian Gerontological Nursing Association

## Operating Budget

January-December 2022

<b>Income</b>	<b>Budget</b>
4110 GO - Membership Fees	41,000.00
4115 GO - Educational Income	550.00
4120 GO - Advertising	0.00
4122 GO - Perspectives	400.00
<b>Total Income</b>	<b>\$ 41,950.00</b>
<b>Expenses</b>	
5110 GO - Board Expenses	200.00
5130 GO - Travel & Accommodations	0.00
5135 GO - Executive Expenses	1000.00
5140 GO - AGM Costs	500.00
5145 GO - Bank and Credit Card Ch...	1,500.00
5150 GO - Website	300.00
5153 GO - Database Fee	2,000.00
5155 GO - Grants	2,500.00
5160 GO- Postage, Mailing & Courier	50.00
5162 GO - Annual Filing	20.00
5170 GO - Insurance	900.00
5172 GO - Operation Management Fee	50,000.00
5173 GO - Provincial Support	2,000.00
5185 GO - Network & Partnership	200.00
5190 GO - Journal	6,250.00
5193 GO - Webinars	500.00
5195 GO - Photocopy, Printing & Stat...	250.00
5210 GO - Accounting & Audit Fee	4,000.00
5211 GO Bookkeeping	5,000.00
5215 GO - Promotion	800.00
5220 GO - Telephone	500.00
GST/HST Expense	4,500.00
<b>Total Expenses</b>	<b>\$ 82,970.00</b>
<b>Profit (deficit) <i>To be offset by conference profit</i></b>	<b>\$ (41,020.00)</b>

## Annual Report for 2021 - 2022

**Name and Position/Committee:** Kelly Baskerville, Director of Communication

### Activities during this period:

#### Perspectives

The Journal of CGNA, [Perspectives](#), celebrates 45 years of publication in 2022.

The Perspectives Editorial board was led by Editor-in-Chief Dr. Dawn Prentice and included Dr. Lorna Guse and Dr. Roslyn Compton. The CGNA Board extend their appreciation to the Editorial Board, as well as the reviewers, for their production of a journal that reflects excellence in gerontological nursing as well as publishing. Thank you for your leadership and continued commitment.

During this reporting period, Perspectives issues 42(1), 42(2), 42(3), and 43(1) were published. Further details can be found in the Perspectives Annual Report. The Advisory Committee's Terms of Reference were reviewed with the Board in September, and a meeting is planned for June 2022.

#### Social Media

This year, CGNA's accounts on [Twitter](#) and [Facebook](#) reflected a shift in members' interest toward digital platforms, based on dramatic increases of over 800% in followers between April 2021 and April 2022; Twitter increased from 167 to 1,402 and Facebook increased from 165 to 1,338. Social media accounts were used to share information with members as well as the public. This was supported by Anthony Lombardo, Kelly Baskerville, and special thanks to Julie Rubel, Lillian Hung, and those who helped to promote our accounts.

A tribute to CGNA founding member Jessie Mantle was shared after she passed away in September 2021. Thanks to Dr. Carla Wells for preparation of the article.

The Board prepared and passed a Social Media Policy in November, which we expect will support our business for the future and prepare us for meaningful membership engagement.

We encouraged members to consider issues relevant to older people during the Federal Election in Fall 2021, and shared documents, including CNA's document, "Charting a course for a healthier nation."

We shared information on research and education available, including free education modules on Ageism through the University of Alberta.

## Website

This year, we were able to share information with members through our website, thanks to our office manager, Anthony Lombardo. Our efforts are currently directed to updating the website platform.

## Newsletter

The Newsletter was put on hold following our Winter 2021 issue. We wish to extend our tremendous gratitude to Christine Johnson, who acted as our Newsletter Editor for several years and dedicated countless hours to this work.

Information was shared this past year through emails, and on our social media accounts. We are exploring the option to utilize a blog format as we prepare for an update to our website. This will support a sustainable format for content creation and distribution to members and the general public.

## Collaboration with other organizations

### Health Standards Organization (HSO)

The HSO released a workbook on draft [Long Term Care Standards](#) in 2021 for public input. CGNA invited members to join one of two online meetings in September to review the defined questions. We offer our sincere thanks to everyone who participated and shared professional and personal experiences and expertise. A total of 21 people attended each meeting, including 3 from the Canadian Nurses Association and one from the Canadian Association on Gerontology. Participants joined from 7 provinces and territories. A summary of commentary and recommendations were submitted to the HSO in November 2021.

A few highlights of our submission included:

- National standards should include national benchmarks that capture best practice nursing standards for gerontological nursing practice (CGNA, 2020.)
- National standards should reflect an adequate number of regulated, licensed nurses in each care setting to provide comprehensive clinical assessments, provide leadership for care planning, conduct data analysis for evaluation of quality of care provision and initiate quality improvement projects. This includes a comprehensive skill mix, including Advanced Practice Nurses (E.g., Nurse Practitioners, Nurse Educators, Clinical Nurse Specialists.)
- A minimum ratio of regulated nurses, clinical managers and leaders should have current Gerontological Nursing Certification (Canadian Nurses Association, CPAC certification program.)

In spring 2022, CGNA sent delegates to a series of discussions on elements of the drafted standards for additional clarification and feedback.

## Canadian Nurses Association

CGNA sent delegates to the Global Changemakers Series webinar on March 2<sup>nd</sup>, 2022. We look forward to continued collaboration as the CNA develops their relationship with specialty practice groups in the coming year.

### Additional Board of Director Responsibilities

- Attended CGNA Executive and BOD meetings regularly.
- Attended Perspectives Editorial Board meetings

## **Annual Report for 2021- 2022**

Lillian Hung, Director of Education

I want to take this opportunity to thank CGNA for allowing me to contribute in the past four years serving as the Director of Education. I appreciate learning from so many members, educators, and friends across provinces in the country. I also learned a lot from President Elaine Campbell and Past President Lori Schindel Martin. It was very nice for me to contribute and participate in conversation and activities related to the needs of Canadian LTC and the HSO National Long-Term Care Services Standard. Now I have completed my two terms of serving CGNA, I wish the next Director of Education will find the opportunity rewarding and meaningful.

I have prepared my last activity – the Pre AGM-Educational Webinar: Testing your GeroPharmacology Knowledge, with a fun game for members presented by two clinical pharmacists. I am confident that members will find it fun to participate, play and learn. For more education resources, members can see the recorded GNC study groups in the format of webinars on our CGNA website, housed in the ‘Members Only section.

Lillian

Lillian Hung RN PhD GNC (c)

Director of Education, CGNA



## Annual Report for 2021 – 2022

**Name and Position/Committee:** Dawn Prentice Editor-in-Chief, *Perspectives*, Journal of the Canadian Gerontological Nursing Association

### Activities during this period:

The *Perspectives* Editorial Team comprised of (Lorna Guse- Past Editor, Roslyn Compton- Associate Editor and Dawn Prentice) held five editorial meetings over the last year. Thank you to Kelly Baskerville for her support as the CGNA Communications Director.

In the past year:

- 10 manuscripts were submitted, which is consistent with previous years.
- Three issues of *Perspectives* were published.
- A special edition call for Indigenous Elder manuscripts was circulated with a deadline submission date of September 2021 extended to December 31, 2022, due to a lack of submissions. We are now anticipating this issue to be published at the end of 2022.
- A CGNA Perspectives Gmail account was created: [perspectives@cgna.net](mailto:perspectives@cgna.net)
- Three new journal reviewers joined our team.
- Dawn, Roslyn, and Lorna presented *Channeling the Author Within* at the 21<sup>st</sup> CGNA Biennial Virtual Conference.
- Dawn attended the International Academy of Nurse Editors (INANE) virtual conference August 2-4, 2021, as a representative of *Perspectives*.
- The first *Perspectives* Advisory Board meeting date is being planned led by Lorna Guse.

## **Annual Report for 2021 - 2022**

**Name and Position/Committee:** Elaine Moody, Chair - Research and Scholarship Committee

### **Activities during this period:**

The 2022 CGNA Research and Scholarship competitions were a great success.

#### Research Grant

- There was 1 grant application received. The successful applicant was Marilyn Macdonald.

#### Memorial Scholarship

- There were no eligible applications this year.

#### Ann C. Beckingham Scholarship

- There was a total of 4 applications for this scholarship. This year we were able to provide 4 scholarships of \$2500. The successful applicants were: Lucy Kpiebewieng, Cherryll de la Cruz-Cabalo, Brian Sawatzky and Monique Martin-Parent.

The committee is always seeking new members. Those interested should send an expression of interest to the Chair.

Respectfully submitted,  
Elaine Moody, Chair of the Research and Scholarship Committee





## **Annual Report for 2021 - 2022**

**Provincial Association:** Alberta Gerontological Nurses Association

**Name and Role of Director Reporting:** Edythe Andison, Past President

**Contact Information:** [pastpresident@agna.ca](mailto:pastpresident@agna.ca)

### **Current issues facing the provincial Gerontological Nursing Association:**

We have been limited to member engagement only through virtual means.

Our provincial regulatory body for Registered Nurses and Nurse Practitioners divided into a separate College and Association in January; more work is needed to define the relationship between our Associations.

### **Activities during this period:**

Membership numbers were maintained at the same level as last year, with over 220 members, due to amazing recruitment work by our Board members. We also expect this to increase as our Chapters become active locally with in-person events, and as we enter a CGNA conference year. We continue to expand our use of technology to reach out to our members. We anticipate that this will continue beyond the end of the pandemic as virtual sessions and meeting have become the norm for so many people. The ability to record and post sessions also allows any members that are not able to attend at the time to hear the sessions at their convenience.

#### **Board activities:**

- Board meetings were held June 1st, September 15th, September 29th, October 12th, and December 14th in 2021, and February 8th, March 15th, and April 12th, 2022.
- Our AGM was held on April 30<sup>th</sup> with new members elected to the board for a full slate of board members. This is really exciting as we move through the next year. We hope to recruit to the president-elect position as that is the one position outstanding.
- We circulated a Membership survey – there were 35 respondents (17% of membership)
- CGNA's Social Media policy adopted
- Sponsorship of Alberta Association on Gerontology's "Futures Forum" webinar series; we are collaborating to coordinate a Think Tank this fall.
- The education committee also updated the criteria for the ACE award. This year we had 4 applicants for the \$1000 post-secondary education grant. All applicants met the criteria, and there were no applicants for the other two categories. Therefore, we were pleased to grant 2 post-secondary awards.

- We hosted 3 online webinars, all of which were recorded and posted for member viewing on our website.
- On November 9<sup>th</sup>, we were pleased to have Dr. Jordanna Salma speak on “Improving health outcomes in immigrant older adults: Challenges, resilience and opportunities”.
  - On January 12<sup>th</sup>, Dr. Hannah O’Rourke presented on “Social connectedness among older adults: What does it mean, why does it matter, and strategies to promote it”.
  - On April 30<sup>th</sup>, Dr. Lorraine Venturato shared her work and a discussion to explore the role of home, place, and community in the lives of older adults, and the role that creativity and arts-based approaches to research, education, and clinical care might play in expanding our understanding of older peoples’ experiences.

#### Chapter Activities:

##### Calgary Chapter:

The chapter has been offering biannual study groups (fall and spring) for CNA Gerontological Nursing certification. The study group employs “teach and learn” style review of topics, group discussions, and sample exam questions. Two members who wrote the exam in the fall successfully passed the exam. Study groups run if there are 5 or more interested nurses. For less than 5 people, individual mentorship is provided. An Education Topic Survey was distributed, and 35% of the chapter members participated.

Three speakers presented in online sessions:

- May 2021 – “*Dementia Lives Here*” Project presented by Kim Brundrit, from the Dementia Network Calgary
- October 2021– “Self-Compassion, Mindfulness & Stress Management” presented by Michele Theoret, Registered Psychologist
- February 2022– “Person-Centered Care – Exploring the Role of Empowerment” presented by Dr. Sienna Caspar, Certified Therapeutic Recreation Specialist (CTRS) and Dementia Care Specialist

##### Edmonton Chapter:

2021 was another year in which we were able to connect virtually with members from across the province whether through the Provincial Webinar Series or with our Calgary colleagues for joint events.

It has yet again been a challenging year, but the executive has been working to get a journal club started and has been in discussions with Alberta Association on Gerontology for a joint event in the near future.

##### Red Deer Chapter:

- Polled the membership about future meeting needs- results included connection, education related to geriatric nursing, group setting for socialization, learning more about possible mentorship, review scholarly research, and learning more about local resources.
- AGNA seniors’ hero - discussed creation and criteria for an award to a person/group going above and beyond to help seniors.

- Guest speakers- Innisfail Community Partners in Action- Wendy Evans and Ellen Helgason
- Education minute: “Being Mortal,” by Atul Gawande - the Serious Illness Conversations resources in AHS are based on this book.
- Resource Sharing: [Journal of Advanced Nursing - 2021 - Rodney - Loneliness in the time of COVID-19 Impact on older adults \(2\).pdf](#)

**Of special note:**

- AGNA is celebrating the completion of our 40<sup>th</sup> year of service to our community of practice. We hope to engage in a in-person gathering perhaps in the fall to celebrate this milestone together with past board executives and are membership.
- AGNA’s Bylaws were updated and then approved at our AGM in 2021; this represents a significant investment of time, but now reflect our current practice environment and are available to members on our website.
- We maintained a full Board throughout the year; we have so much gratitude to the nurses and leaders who continued to contribute volunteer hours to AGNA during the challenges of the pandemic.

## **Annual Report for 2021 - 2022**

**Provincial Association:** Gerontological Nurses' Association of BC

**Name and Role of Director Reporting:** Shelley Canning RN PhD GNC(c); President-Elect GNABC

**Contact Information:** Shelley.Canning@ufv.ca

### **Current issues facing the provincial Gerontological Nursing Association:**

Maintaining membership numbers and filling executive positions remains challenging for several of the seven GNABC chapters; two chapters (Fraser Valley and Simon Fraser) have had some discussions regarding the possibility of merging.

### **Activities during this period:**

1. Annual conference: In light of the continued impact of COVID on our members the board decided to postpone the annual conference for 2022. We are hoping to hold an in-person conference in 2023.
2. AGM: Our AGM was held over zoom. Prior to the meeting members had the opportunity to attend a gero-pharmacology presentation and Kahoot game with by pharmacist Dr. Afsham Feroz. This was followed by an original musical representation of the dementia journey by first year nursing student Cassidy Dahl, from the University of the Fraser Valley.
2. Annual GNABC Education award: The recipient of the 2022 GNABC Education Award was announced at our AGM.
3. Joint provincial education sessions: GNABC Education Director Jen Tabamo developed a toolkit to support providing education sessions. Each GNABC chapter is responsible for planning, organizing, and sharing one education session that is available provincially across all chapters. During 2021-2022 seven virtual education sessions were shared throughout the year and saved on the GNABC web-site.
4. Pod-cast: six episodes of Gero-Nurses: Tales from the Front have been shared across streaming platforms with over 350 downloads. The podcast is a collaboration of GNABC and the Centre for Education and Research on Ageing at the University of the Fraser Valley. Guests have included gerontology nurses working in a variety of settings including LTC, acute care, research, and education. Gero-Nurses is available on all the major streaming services including Podbean and Spotify.

### **Of special note:**



At our 2022 AGM several board members finished their terms. GNABC recognizes the important contributions of outgoing board members: Lilian MacTaggart, Jennifer Tabamo, Lia Sambrielaz, and Michael Young. We also welcome the following new board members: Sharon Wang (Treasurer); Kimberly Smith (education chair); Josephine Agudo (media chair); and Mariko Sakamoto (President-Elect).

A very big thank you to Dr. Lillian Hung who has finished her term as President and now sits as Past-President 😊

Finally, I am very privileged to assume the position of President GNABC for 2022-2024.

Submitted by: Shelley Canning RN PhD (GNC)

## **Annual Report for 2021 - 2022**

**Provincial Association:** Manitoba

**Name and Role of Director Reporting:** Jennifer Fulcher RN MN IIWCC President

**Contact Information:** jfulcher@vgh.mb.ca

### **Current issues facing the provincial Gerontological Nursing Association:**

Due to consistently changing restrictions we have been continuing with our virtual meetings until May, where we have an in-person celebration, award night and AGM. We have been creative and thinking of ways to offer incentives for people to participate in our virtual offerings. Our executive team has been stretched thin these past two years with young families, navigating the pandemic with changes in their work, their workplace commitments and even being redeployed. This resulted in a few general meetings to be postponed. Members are in the same situation with competing demands and unable to attend virtual meetings when scheduled.

- 1) COVID 19. We have continued to offer a virtual forum for our executive and general meetings.
  - a. Some front-line staff have been redeployed 4 times in the past two years or are now working shift work and unable to attend our meetings.
  - b. We have been struggling to keep up the momentum, but the future is brighter looking into the latter months of 2022.
- 2) We were previously partnered with ARNM to assist with our meetings and education. We will now be using our own Zoom membership to facilitate these activities.
  - a. We continue to offer our executive and general meetings in a virtual format, therefore have been unable to offer the meal to our members. We draw for two \$25 gift cards for our general meetings to offer something fun and show appreciation for our members.
- 3) Membership recruiting and retention.
  - a. We continue to post information on the WRHA Health Care Connection which goes to every staff member in the WRHA.
  - b. We use social media- Twitter and Facebook to reach our members and promote our association.

**Activities during this period:**  
*(E.g. education sessions, chapter activities.)*

1. Our executive

President: Jennifer Fulcher -term coming to an end

Past President: Victoria Marek – term coming to an end

President Elect: Brandy Stadnyk – term coming to an end and will take over the President role

Treasurer: Shannon Bowman – term coming to an end

Membership: Season Whaley – term coming to an end

Media: Brian Sawatzky – term coming to an end

Secretary: Cathy Dear – term coming to an end

Education: Carrie Wright (continuing term)

June 2, 2021 – Executive Meeting

June 16, 2021- General Meeting

*Speaker: Sheila Smith*

*Topic: A Resident in Distress – Lessons from 3 perspectives*

September 22, 2021 – Cancelled Executive meeting

October 6, 2021 – Cancelled General Meeting

November 17, 2021 – Executive meeting

December 1, 2021- General Meeting

*Speaker: Jacqueline Molina*

*Topic: Transitions from Hospital to Home for Seniors >65 Years old, with Chronic Obstructive Pulmonary Disease (COPD).*

January 4, 2022 – ARNM Support for LTC Nurses Meeting

Presentation for MGNA, and to recruit a few members who are interested in this work: Safe quality practice environments, better suited accountability measures, and to make resources available to our LTC nurses. The expert team they put together will be well-positioned to work collaboratively with other like organizations who are committed to address this.

March 9, 2022 – Executive Meeting

March 23, 2022 – General Meeting

*Speaker: Brian Sawatzky*

*Topic: Evaluating Online Health Information: What Makes a Website Credible and Trustworthy?*

May 18, 2022 – AGM and MGNA distinction award night

*Speakers: Dana Kliewer and Gina Chan*

*Topic: Long COVID in Older Adults*

**Of special note:**

Due to consistently changing restrictions we will be continuing with our virtual meetings until May, where we have booked an in-person celebration, the MGNA distinction award night and the AGM. The executive team has been creative in thinking of ways to celebrate our members, even when we were unable to meet in person. We were able to offer the incentive of a gift card to members and participants of our virtual meetings. The executive team and members alike have been stretched during these unprecedented times, due to balancing work, life and new challenges related to the COVID pandemic. This resulted in a few general meetings being postponed, and the meetings that did take place had very low attendance in comparison to the usual pre-covid numbers. We understand the virtual meeting fatigue that we might all be experiencing, and really look forward to meeting in person and reconnecting with our members.

We are thrilled to announce we are currently in preparation to host our 2022 Conference on October 28, “Addressing Gaps in the System: Bent but not Broken”.



## **Annual Report for 2021 - 2022**

**Name and Position/Committee:** Sylvie Bernard, acting president New Brunswick Gerontological Nurses' Association

### **Activities during this period:**

I have been the acting president for the past year, starting last summer in 2021.

In December 2021, we circulated our pamphlet about the NBGNA with a meeting invitation. The information for the meeting on December 14, 2021 by ZOOM was sent to all the Registered Nurses and Licensed Practical Nurses in all the Nursing Homes in New Brunswick, all the Long-Term Care Units and Veterans Units in both Health Care Network. Only five people attended the meeting, but we did manage to recruit three new members that night.

We organized another meeting on March 29, 2022 by ZOOM and only me and Ronda McCready attended.

The goals for the meetings were just to see the interest, to brainstorm on ways to engage the nurses, educational opportunities and see about the networking possibilities. We also have two vacant positions that we want to fill, the president and president elect. Ronda has agreed to stay on as the treasurer for another term. As for my position, I will stay on as an acting president and secretary for now.

We have two challenges here in New Brunswick: one is the geographical distance between centers and members and two, the bilingual requirements.

Next move – Ronda and I decided not to give up on the NBGNA. So we decided to schedule another meeting for September 2022 and in the meantime, examine our recruitment strategies. Hopefully after the crisis of the COVID pandemic, the nursing professionals will answer our call to join the NBGNA.



## **Annual Report for 2021 - 2022**

**Provincial Association:** NLGNA (Newfoundland and Labrador Gerontological Nursing Association)

**Name and Role of Director Reporting:** Carla Wells, Board Representative, NLGNA

**Contact Information:** 709-630-0793

### **Current issues facing the provincial Gerontological Nursing Association:**

The President of NLGNA has stepped down as President, effective December, 2021. The association is inactive at this point in time.

**Activities during this period:** None.

### **Of special note:**

Remaining executive members have to meet to decide future direction of NLGNA.



## **Annual Report for 2021 - 2022**

**Provincial Association:** Nova Scotia Gerontological Nurses Association

**Name and Role of Director Reporting:** Katie Pitt – Provincial Representative

**Contact Information:** [pittkathlene@gmail.com](mailto:pittkathlene@gmail.com)

### **Current issues facing the provincial Gerontological Nursing Association:**

- There has maintained a challenge attracting and maintaining members.
- Many members unable to get educational funding/leave for activities

### **Activities during this period:**

*(E.g. education sessions, chapter activities.)*

- Directors meet regularly (every 4-6 weeks) with meetings being open to all interested members. We continue to work to fill the vacant positions.
- There is a plan to hold an AGM with educational component in the fall 2022. The hope is to have this in-person.

### **Of special note:**



## **Annual Report for 2021 - 2022**

**Provincial Association:** Gerontological Nursing Association Ontario (GNAO)

**Name and Role of Director Reporting:** Therese Lim, GNAO Past President

**Contact Information:** [limt@tbh.net](mailto:limt@tbh.net)

### **Current issues facing the provincial Gerontological Nursing Association:**

As we complete a second year of the COVID – 19 state of pandemic, the professional and personal lives of our membership and indeed our Board of Directors, continue to be impacted. Like counterparts across the country, GNAO members continue to adapt to the changing demands encountered in the workplace and society, as we care not only for the population we serve, but also for family, loved ones and self.

The Association continues to have four inactive chapters, with further decisions suspended for the duration of the pandemic. Mentorship and connection continue to be available as requested.

### **Activities during this period:**

GNAO members continue to support advocacy work being done by CGNA, the Registered Nurses' Association of Ontario (RNAO) and Registered Practical Nurses Association of Ontario (WeRPN).

The Provincial Board of Directors has met virtually in the early part of the membership and will regroup to meet virtually prior to the virtual 2022 Annual General meeting of members. Our Professional Advocacy Chair has formed a working group that meets virtually on a near monthly basis to further support the work of GNAO.

Active Chapters continue to offer a limited number of virtual education events. These may be in partnership with local health and/or educational organizations or stand alone, and are shared province wide for any GNAO member to attend.

### **Of special note:**

GNAO is fortunate to have a committed Board of Directors. These leaders of the profession continue to share generously of their time and talent, in service of the organization and its membership.

Respectfully submitted (on behalf of Melanie Kelly, Director Ontario) by Therese Lim

## **Annual Report for 2021 - 2022**

**Provincial Association:** Prince Edward Island Gerontology Nurses Association (PEIGNA)

**Name and Role of Director Reporting:** Valerie Abd-El-Aziz, President, PEIGNA

### **Contact Information:**

Tel: 902-316-0496

Email: [vabdelaziz@upe.ca](mailto:vabdelaziz@upe.ca)

### **Current issues facing the provincial Gerontological Nursing Association:**

- Membership recruitment
- Staying relevant through virtual engagement of members; plan to move to in-person education session at AGM and Education Day in Fall 2022.

### **Activities during this period:**

*(E.g., education sessions, chapter activities.)*

The PEIGNA AGM was held online on Jun 9, 2021. The PEIGNA Bylaws 2.0 were presented to the membership at the AGM by external expert consultant Vicki Bryanton.

The annual Education Day, which is usually in conjunction with the AGM, was postponed to the Fall 2021. The board conducted a survey of members to determine if there would be sufficient interest in an online Education Day (either half or full day online). Education Day was again postponed, to Spring 2022. Due to ongoing concerns of low attendance related to the pandemic and the nursing shortage, this has been deferred again to Fall 2022. Plans are for a full in-person Education Day, with four presentations.

An online education session was held on Nov 18, 2021, featuring the Keynote Address by Dr. Sharon Kaasalainen at the CGNA 2021 Biennial Conference, *Strengthening a Palliative Approach in Long Term Care: Where do we go from here?* This was following by an informative discussion of palliative care in long term care on PEI.

The AGM for 2022 is planned for in-person on May 4, 2022 at the University of Prince Edward Island.

**Of special note:**

Despite current challenges, PEIGNA is determined to continue making gerontological nursing education accessible for its members and all nurses interested in working with older adults.

Respectfully submitted by Valerie Abd-El-Aziz, President of PEIGNA.