YUM! Baked Goods—Gluten-free Goodies

Breakfast/Snack Bars

Namaste Bars- *Grain free, organic coconut flour based , dried fruits and nuts (df)* 6 for \$9.00; 12 for \$18.00

Banana ChocoYUM Bars- Almond flour based, qf oats, fresh bananas and dairy free chocolate chips (v)

6 for \$9.00; 12 for \$18.00

Cake Donuts- (can be made df or v) Vanilla glazed; Chocolate glazed; Powdered Sugar; or Cinnamon & Sugar

6 for \$9.00; 12 for \$16.00

Cinnamon Rolls - Gluten-free not guilt-free! 4 for \$7.75

Jam Bellied Scones-Organic Strawberry, Raspberry, Organic Wild Blueberry 6 for \$18.00

Muffins- (df option*) Features Amaranth flour, gf oat bran, and organic yogurt

Flavors: Pumpkin Spice Pecan, Blueberry Chia, Banana Chocolate Chip,

Orange scented Cranberry Walnut, Lemon Poppy Seed, Apricot Strawberry,

Apple Cinnamon and Cherry Acai 6 for \$15.50; 12 for \$31.00

*Above muffins can be made dairy-free, by the dozen, for an additional \$2.00

Flourless Brownie (made with organic garbanzo beans)(df) 6 for \$15.50; 12 for \$31.00

Dessert Bars

Shortbread- Organic Strawberry, Organic Raspberry or Lemon \$15.00 for 9 Bars

Pumpkin Chocolate Marble Squares – Moist and cake like (v) \$16.75 for 9 Bars

Pumpkin Cranberry Squares – Moist and cake like (v) \$16.75 for 9 Bars

Junk in the Trunk Krispy Treat— Organic Brown rice "krispies" with organic peanut butter, homemade caramel, toasted pecans, gf pretzels and chocolate 12 for \$27.00

I Want S'more Please Brownie– *Campfire in a brownie! Graham cracker crust, melty chocolate middle, toasted marshmallow on top* 12 for \$25.00

(df) = dairy-free





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Dessert Bars—Continued

Salted Caramel Blondie– Caramel, Buttery goodness with a touch of sea salt 12 for \$24.00

Peanut Butter Chocolate Bars-Moist, shortbread texture with a swirl of

organic peanut butter and chocolate 12 for \$24.00

Double Chocolate Teff Brownies (v)- chocolate overload! 9 for \$18.00

Breads

Artisan Rolls- Dried Heirloom Tomato and Basil or Asiago Italian Herb 4 for \$5.75

Focaccia- Plain or Italian \$5.00 each (df)

Dinner rolls 6 for \$6.75; 12 for \$13.00

Hamburger/Deli buns 6 for \$8.75

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Cookies

Cowboy-Ground gf Oats, chocolate chips and walnuts

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Jack's – Dark cocoa base with milk chocolate, bittersweet chocolate and white chocolate chips. A chocolate connoisseur's dream!

Sugar- Plain, frosted* or decorated**

Snickerdoodles- Classic recipe rolled in cinnamon and sugar

Oatmeal Raisin-GF Oats with organic raisins

Grain-free Double Ginger-Almond meal, organic coconut flour, organic coconut sugar and freshly ground ginger

Pumpkin Chocolate Chip

Peanutbutter Quinoa-Moist and chewy, featuring organic peanut butter and organic quinoa flour

6 for \$8.00; 12 for \$16.00 **Decorated Sugar cookies 6 for \$18.00; 12 for \$36.00

*Simple one color frosting 6 for \$15.00; 12 for \$30.00

Pies

*9" Fruit –Flavors: Apple, Cherry, Blueberry, Raspberry or Strawberry Rhubarb \$16.50

5" Individual Fruit \$9.75

9" Salted Caramel-Chocolate Pecan \$26.50

5" Individual Salted Caramel-Chocolate Pecan \$13.75

*Please Note: Raspberry, and Strawberry Rhubarb are available during berry season (end of June to end of August). We are more than happy to bake them out of season but may need to adjust the price to accommodate the out-of-season fruit prices.

Galettes

French for freeform pastry or crust. Rustic in appearance, with beauty that is unique to each one created. The crust is lightly dusted with organic sugar for an extra bit of sweetness.

Flavors: Blueberry Honey-Lavender, Apple Cinnamon or Raspberry \$12.75 Each







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Cupcakes

Double Dog Dare Ya– Dark chocolate cake, with a hint of espresso, topped with chocolate ganache

The Razmataz– *Vanilla cake topped with raspberry buttercream (made with organic raspberries)*

Keep It Simple- Vanilla cake with vanilla bean buttercream frosting

Somethin' Pumpkin - Pumpkin spice cake with maple pumpkin spice buttercream (seasonal)

Pucker Up Baby – Lemon cake topped with lemon buttercream

Chunky Monkey– Banana cake topped with peanut butter buttercream (made with organic peanut butter), a dark chocolate drizzle and a bittersweet chocolate chip

The Canadian Bunny- Carrot cake (made with organic carrots) with toasted pecans topped with maple buttercream

The Salty Dog– Dark chocolate cake, with a hint of espresso, topped with a caramel buttercream, a drizzle of hand made caramel and a smattering of sea salt

Summer's Here—Lemon cake topped with raspberry buttercream (made with organic raspberries)

The Hummingbird—Banana cake with pineapple, toasted pecans and cinnamon, topped with vanilla bean buttercream

\$2.75 each (Market only); 6 for \$15.50; 12 for \$31.00

The Poconut— Coconut cake, filled with pineapple buttercream, topped with coconut buttercream and a sprinkle of toasted, raw, organic coconut

Java Joe– Espresso cake with a twist of vanilla bean and coffee buttercream, drizzled with caramel and topped with a dark chocolate dipped, organic coffee bean

Winter's Coming– Chocolate peppermint cake topped with chocolate ganache, white chocolate peppermint buttercream and a sprinkle of peppermint candy (seasonal)

\$3.00 each (Market only); 6 for \$17.00; 12 for \$34.00

Mini Cupcakes **

12 for \$12.00; 24 for \$24.00

** Single cake/frosting combinations, cannot be filled





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Vegan Gluten-Free Cupcakes

My Heart Beets For You-Red velvet cake made with beets and beet puree finished with vanilla frosting (the best way to get your veggies!) (v)

P.B. I Love You- Dark, moist, chocolate cake topped with Peanut butter frosting, drizzled with chocolate and crushed roasted peanuts (v)

Party- Vanilla "funfetti" cake topped with vanilla frosting and sprinkles (v)

I Am Rabbit- Carrot cake, made with organic carrots and toasted walnuts, finished with maple frosting (v)

Coconutty- Coconut cake, topped with Coconut frosting and organic toasted coconut (v)

\$3.75 each (Market only); 6 for \$21.00; 12 for \$42.00

(df) = dairy-free



