

ABA RESULTS NEWSLETTER

A green pencil holder containing various school supplies including orange scissors, a blue ruler, and several colored pencils (pink, yellow, blue, green).

AUGUST
2026

Parent Tip of the Month

PRACTICE SKILLS AT HOME

Outings involve many small skills beyond simply arriving at the destination. Children are expected to wait, stay close, carry their things, pause at doorways, or calmly accept frustrating situations.

These skills take practice, and learning them during a busy store visit or appointment can be very overwhelming for both children and parents.

Try practicing these skills at home when everyone feels calm and comfortable.

You might pretend to wait in line, practice walking and waiting in line, or let your child carry a small bag to the car.

Keep the practice short, positive, and manageable, then slowly add more steps as your child becomes comfortable.

These little practice moments can help real outings feel more familiar and set your child up for success.



Social Skills

SHARING AND PLAY

Skills like taking turns, joining a game, sharing toys, and accepting another person's ideas of play may require practice and intervention.

Play is fun, but it also involves many social and communication skills.

Communication

MORE THAN WORDS

Children communicate through words, gestures, facial expressions, pictures, devices, and behavior. Paying attention to all forms of communication can help us better understand their needs.

ABA Terms

TASK ANALYSIS

A task analysis breaks a larger activity into smaller, teachable steps. For example, handwashing may be divided into turning on the water, using soap, rinsing, and drying.

