



ABA RESULTS NEWSLETTER

MARCH
2026

Parent Tip of the Month

LEARNING IN THE COMMUNITY

One of the biggest misconceptions about therapy is that learning only happens at a table with flashcards.

In reality, some of the most meaningful learning happens during everyday routines—like grocery shopping, going to the park, or running errands together.

Trips to the store help your child practice communication (asking for items, labeling foods), following directions (“put it in the cart,” “stand next to me”), waiting, and tolerating “no” when something isn’t available.

The park naturally targets social skills, turn-taking, gross motor skills, safety awareness, and flexibility when plans change or toys are unavailable.

These real-life moments allow skills to be practiced in a way that feels natural and functional.

Our goal is always to help your child use their skills where they matter most—at home, in the community, and during everyday life with you.

Community Events

TOUCH A TRUCK EVENT- 3/28

We’re excited to once again participate in Touch-A-Truck!

This fun, hands-on community event gives families the chance to explore vehicles up close while building curiosity, confidence, and real-world connections.

We can’t wait to see you there!

Read Across America

WEEK OF 3/1 - 3/7

Monday- Wear Orange

Tuesday- Wear a funky hat

Wednesday- Wear silly socks

Thursday- Wear Red and Blue

Friday- Wear Green

Riley’s Corner

PARENT TRAINING MEETINGS

Parent trainings are a great way to stay connected and support your child’s goals—be sure to schedule yours if you haven’t already!

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USING A TOKEN ECONOMY

A token economy is a simple system where your child earns small tokens (stickers, stars, checkmarks) for completing tasks.

Once the board is full, they trade their tokens for a reward like screen time, a snack, or a preferred activity.

Using visuals at home helps your child see what they are working for and how close they are to earning it.

This reduces frustration, increases motivation, and makes routines like getting ready, homework, clean-up, and bedtime more predictable and successful.

Starting with a small board (3-5 tokens) and pairing it with clear, consistent expectations can make a big difference.

Schedule a meeting with your child's supervisor for help getting started!



Upcoming Events

TOUCH A TRUCK- 3/28

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Principal's Corner

SPRING BREAK- 3/15 - 3/21

School will be closed for Spring Break, but ABA Results will remain open for therapy. We'll be hosting fun Camp Day activities all week to keep learning engaging and exciting!

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Stomp The Swamp

Ben Hill Griffin Stadium - Gate 7
Saturday, March 7, 2026 2PM - 4PM

Raise funds for the University of Florida Center for Autism and Related Disabilities

Proceeds will be used for swimming lessons, identification & safety materials, employment training, & social learning groups.

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Terminology

PROMPT

A cue or support given to help a child perform a skill. Prompts are gradually reduced as independence increases.