

# ABA RESULTS NEWSLETTER

DECEMBER  
2025

## Parent Tip of the Month

### IMPORTANCE OF MODELING

Children learn so much by watching the people around them— especially their parents! When you model positive behaviors, your child gets to see what those skills look like in real life.

Whether it's sharing, saying "please," taking deep breaths, or cleaning up after playtime, your example becomes a real-life demonstration your child can copy.

Modeling helps turn abstract ideas ("be kind" or "use calm hands") into actions your child can observe, understand, and practice.

At home, try narrating your actions as you model them.

"I'm taking a deep breath to stay calm," or "I'm waiting my turn."

This connects your behavior to the language your child hears in therapy, making it easier for them to learn and use the same skills.

The more often your child sees these behaviors modeled naturally throughout the day, the more likely they are to imitate and truly master them!.

## Did You Know...

**Reinforcement doesn't just apply to good behaviors.**

When you give in to whining, crying, or tantrums, the child learns that those behaviors work to get what they want.

Over time, this teaches the child to use those behaviors more often instead of more appropriate ways to ask or wait.

## Gift Giving Guide

### UNDER THE BACB'S PROFESSIONAL AND ETHICAL COMPLIANCE CODE FOR BEHAVIOR ANALYSTS

Behavior Analysts and Technicians (RBTs) do not accept any gifts from or give any gifts to clients because this constitutes a multiple relationship.

## Holiday Closures

CHRISTMAS EVE- 24TH  
CHRISTMAS DAY- 25TH  
NEW YEARS EVE- 31ST  
NEW YEARS DAY- 1ST

