

ABA RESULTS NEWSLETTER

MARCH
2026

Parent Tip of the Month

USING A TOKEN ECONOMY

A token economy is a simple system where your child earns small tokens (stickers, stars, checkmarks) for completing tasks.

Once the board is full, they trade their tokens for a reward like screen time, a snack, or a preferred activity.

Using visuals at home helps your child see what they are working for and how close they are to earning it.

This reduces frustration, increases motivation, and makes routines like getting ready, homework, clean-up, and bedtime more predictable and successful.

Starting with a small board (3-5 tokens) and pairing it with clear, consistent expectations can make a big difference.

Schedule a meeting with your child's supervisor for help getting started!



Stomp The Swamp

Ben Hill Griffin Stadium - Gate 7
Saturday, March 7, 2026 2PM - 4PM

Raise funds for the University of Florida
Center for Autism and Related Disabilities

Proceeds will be used for swimming
lessons, identification & safety materials,
employment training, & social learning
groups.

Read Across America

WEEK OF 3/1 - 3/7

Monday- Wear Orange

Tuesday- Wear a funky hat

Wednesday- Wear silly socks

Thursday- Wear Red and Blue

Friday- Wear Green

Terminology

PROMPT

A cue or support given to help a
child perform a skill. Prompts are
gradually reduced as independence
increases.