

ABA RESULTS NEWSLETTER

FEBRUARY
2026

ABA At Home

FUNCTIONAL COMMUNICATION TRAINING

Reinforcement helps motivate your child to use the skills they're learning in therapy, especially when it's paired with communication.

Functional Communication Training (FCT) teaches your child how to appropriately ask for what they want or need—such as help, a break, or attention—instead of using challenging behaviors.

At home, this might look like praising, responding quickly, or offering a preferred item when your child uses words, signs, pictures, or a device to communicate.

When communication is consistently reinforced, your child learns that expressing their needs is effective and meaningful, which helps reduce frustration and build independence over time.



Valentine's Day

IT'S FINALLY TIME!!

Each year, our clients work with their RBTs to create/decorate their own boxes, practicing creativity and following instructions.

To keep this tradition special, we kindly ask that families avoid purchasing store-bought Valentine's boxes.

Gift Giving Guide

UNDER THE BACB'S PROFESSIONAL AND ETHICAL COMPLIANCE CODE FOR BEHAVIOR ANALYSTS

Behavior Analysts and Technicians (RBTs) do not accept any gifts from or give any gifts to clients because this constitutes a multiple relationship.

ABA Terms

PROMPT FADING

This is the process of gradually reducing the help your child is given so they can successfully complete skills on their own and build independence over time.