

# ABA RESULTS NEWSLETTER

JANUARY  
2026

## Parent Tip of the Month

### REINFORCEMENT VS BRIBERY

Reinforcement is most effective when it is delivered after a child demonstrates a desired behavior. This helps strengthen skills and increases the likelihood the behavior will happen again.

When a reward is offered before a behavior — especially during moments of frustration or challenging behavior — it can shift from reinforcement to bribery.

While this may stop the behavior in the moment, it can make it more likely to happen again in the future.

“You cleaned up — great job! You earned some playtime.”

“If you stop crying, I’ll give you my phone.”

Being mindful of when and how rewards are used can help support learning and long-term behavior change.

## ABA Results in 2026

### ABAR EARLY INTERVENTION

This space allows us to provide individualized early intervention services, support foundational skills, and partner closely with families during these important early years.

We’re so excited to begin this next chapter in the community.

## Did You Know...

Skills practiced in therapy don’t automatically carry over to home, school, or the community. Practicing skills in different settings with different people helps children use those skills more independently.

## Terminology

### PROMPT

A cue or support given to help a child perform a skill. Prompts are gradually reduced as independence increases.