

ABA RESULTS NEWSLETTER

JULY
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ABA At Home

FINISHING THE TASK

When children are learning independence, it can be tempting to do most of the task for them, especially when everyone is busy.

A easy way to build independence without overwhelming them is to let them complete the last step of a routine.

For example, you might help with most of getting dressed, but let your child pull their shirt down at the end. You might open the snack, but let them throw the wrapper away.

This gives your child a chance to be successful and feel involved without expecting the whole routine at once.

Over time, you can slowly give them more steps to complete on their own.

Small moments of independence add up, and they help children learn that they are capable of participating in their own daily routines.

Awareness Month

DISABILITY PRIDE MONTH

A time to recognize disability as a natural part of human diversity. It is a reminder that every person deserves the opportunity to be valued for who they are.

This month, we celebrate each child's strengths, individuality, and right to be supported with dignity.

Firework Preparation

Fireworks can be exciting for some children and overwhelming for others.

If your child is sensitive to loud sounds, try planning ahead with headphones, a quiet space, preferred comfort items, or a calming activity during firework times.

ABA Terms

CONSEQUENCE

A common misconception is that the word "consequence" means something negative.

In ABA, a consequence simply means what happens after a behavior.