



NEWSLETTER

October

THIS MONTH!

While many children enjoy the Halloween traditions of trick-or-treating and pumpkin carving, individuals with sensory processing disorders may interpret and react differently to these holiday activities. We offer the following tips to make this holiday a positive experience:

1. Prepare for the day. To help children understand what Halloween is-and is not- read stories that reflect your values ahead of time. Try to prepare your child for some of the unexpected changes in routine like new places, treats, and costumes.
2. Make costumes safe, imaginative, and comfortable. Share costume guidelines with your child ahead of time to prevent in-store meltdowns, and have your child test out his/her costume ahead of time to get used to wearing it.
3. Practice the sequence/routine of trick-or-treating.
4. Know when to stop the activities. Look for signs of sensory overload in your child and respect their request to be "all done," when given.

RED RIBBON WEEK

To celebrate living a drug-free life, we have spirit days!

- Monday (10/23) - Kick off Red Ribbon Week & Wear Red!
Tuesday (10/24) - Wake Up Drug Free & Wear Pajamas
Wednesday (10/25) - Don't Get Mixed Up in Drugs & Wear Mismatch Outfit
Thursday (10/26) - Team Up Against Drugs & Wear Sports Jersey
Friday (10/27) - Use Your Head, Don't Do Drugs & Wear a Silly Hat
Monday (10/30) - You're Too Bright for Drugs & Wear Neon
Tuesday (10/31) - Drugs are Scary & Wear Your Halloween Costume

PARENT TRAINING

Please remember to log into Central Reach and complete your mandatory bi-weekly Parent Trainings on ABA interventions. Over the past couple of weeks, we have been working our way through the four functions of behavior. So far, we have covered access and attention. Over the next couple of weeks, we will be discussing escape and sensory/automatic reinforcement.

If you have not yet scheduled your monthly Zoom meeting, please contact lana@abaresults.com. These trainings are crucial to the progress of your child and to ensuring that you and your child's therapist are on the same page about progress toward their goals!

EVENTS

Fun Fridays:
10/6 - Johnny Appleseed
10/13 - Fort Myers FD
10/20 - Carving Pumpkins

Others:
10/16 - Camp Day
10/26 - Trunk or Treat!
(5:30-6:30 p.m.)

