



Norfolk Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRE-BALLET (ages 4-6)			5-6p* T Anthony		
BEGINNING TAP			5-6p* T Anthony		
BALLET I (ages 6-11)	5:30-6:30p T Anthony				
BALLET II/III (ages 11 & up)	6:30-8p T Anthony		6-7:30p A Anderson	6-7:30p A Anderson	6-7:30p A Anderson
PRE-POINTE/ POINTE			7:30-8p A Anderson		7:30-8p A Anderson
HIP HOP					5-6p A BrownMyers
CONDITIONIN G/ FLEXIBILITY (ages 7 & up)				7:30-8p A Anderson	



Virginia Beach Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRE-BALLET (ages 4-6)		3-3:45p T. Anthony			
BEGINNING TAP		3:45-4:15p T. Anthony			
BALLET I (ages 6-11)		4:15-5:15p T. Anthony			
BALLET II/III (ages 11 & up)		5:15-6:15p T. Anthony			

*The Wednesday combo class will consist of 30 minutes each of pre-ballet and tap.
Tap shoes required. See instructor to rent tap or ballet shoes for \$10/yr.

At least one ballet class per week is required for **ALL** jazz, hip hop and contemporary students.

Teen & Adult Ballet (\$7/class) is every Saturday from 9:30-11am at Norfolk Academy,
1585 Wesleyan Dr. Norfolk, VA 23502.