

**Northern Virginia Falls Prevention Alliance  
Steering Committee Meeting  
February 23, 2018; 10 a.m. - 12 noon  
Kelly Square; 10777 Main St., Fairfax**

**Agenda**

- 10:00 - 10:20      Welcome/Introductions
- Name, position, organization
  - Current falls prevention programming
- 10:20 - 10:30      Update on Marymount's grant: goals and objectives
- EB falls prevention participants, classes and sites
  - Education and awareness
  - Regional conference
- 10:30 - 11:00      Alliance sustainability
- Regional Training Office
  - Coordination and network support
  - Program support
  - Potential new partners
  - Funding/grants
- 11:00 - 11:40      Purpose/structure of Alliance moving forward
- Leadership: Chair/co-chair
  - Membership
  - Sub-committees
    - Executive (meets monthly; membership and marketing of the Alliance; data collecting and sharing)
    - Programs (increase the number of EB falls prevention programs)
    - Education/Awareness (presentations, lectures, health fairs, CME)
    - Advocacy (legislation, regulations, policies, zoning; liaison with NVAN)
    - Screening/Referral (provider education, referral network, health insurance coverage)
- 11:40 - 12:00      Discussion/Next steps



**Northern Virginia Falls Prevention Alliance  
Steering Committee Meeting  
February 23, 2018; 10 a.m. - 12 noon  
Kelly Square; 10777 Main St., Fairfax**

**Minutes**

**In attendance:** Patty Barnett, Melanie Bush, Beverly Cannizzaro, Cathy Cole, Dianne Duke, Jan Gordon, Holly Hanisian, Sara Pappa, Victoria Powers, Beth Robinson, Shauna Severo, Jennifer Triphen, Rita Wong, Wendy Zenker.

**Welcome/Introductions:** Sara and Rita welcomed everyone and each person introduced themselves.

**Update on Marymount's grant: goals and objectives:** Sara gave a brief update on the goals and objectives of the current grant. This included numbers of trained leaders and classes/programs being offered, speakers' bureau activities and the regional conference. The group discussed the feasibility of offering a regional conference before the end of July. Holly, Diana Venskus and Sara had met previously to brainstorm ideas about target audience, format and timing of such a conference. Their idea was a ½ day event targeted at home care administrators, skilled professionals and caregivers. Steering Committee members present expressed concern about not having enough time to plan a stand-alone conference by July 31<sup>st</sup>. It was suggested that we try to find another conference or meeting already being planned and that we offer to present on falls prevention at such an event. Sara will do some research on similar events and meetings in the region.

**Alliance sustainability:** Rita led a discussion on the future of the Alliance and the Regional Training Office. She distributed a handout with ideas on possible funding sources, costs involved in maintaining the current work and suggested "asks" of the Steering Committee members. The group generated several ideas, including partnering with volunteer groups, embedding the programs in area ADHCs, focusing on research and data collection and analysis as an outcome/deliverable, training senior center staff as leaders of AMOB and SAIL, looking at employee productivity (maybe start with Fairfax County) as ROI justification for current employees as well as retirees and approaching other healthcare entities for support. Rita asked everyone to give some thought to this issue and reach out to her with additional ideas for sustaining our collective work on falls prevention.

**Purpose/structure of Alliance:** Sara distributed a handout on a possible Alliance structure. It included an executive committee and then 4 additional subcommittees (Programs, Education and Awareness, Advocacy and Screening and Referrals). The group felt that it would be more feasible and sustainable to have a Steering Committee that might meet monthly or bi-monthly and then full Alliance membership meetings 2x/year with professional development included. Additional ideas included having an elevator speech ready that all members could use, maintaining a Speakers' Bureau, appointing liaisons from the Alliance to attend other aging-related meetings and using Google docs so work could be completed virtually as needed.

**Discussion/Next steps:** Sara will send out a google poll to set the date and time of the next SC meeting. We will try for the first week of April.