

All American SPORTS ACADEMY

JR. 3D DÉFENSE

AASA's instructor Megan Clark will be offering an 8 week defensive program on Thursday evenings. One of the most critical elements in the fast paced sport of softball is defense. In this 60 minute class we will cover: 1. (Discipline), Speed & Power, 2. (Drills) & Skills, 3. (Defensive) strategies & softball IQ. We will build up different skill sets each week to complete what we could call the package deal of defensive skills.

Class Information

Age group: 10U-14U

Location: AASA Facility
280 E. Larch Rd, Tracy CA

Dates (Thursday): 12/1, 12/8,
12/15, 12/22, 12/29, 1/5, 1/12, 1/19

Time: 7:00pm-8:00pm

Price: All 8 dates \$210



Highlights:

8:1 Player/ Coach Ratio
Instruction by Coach Megan Clark SF State Alumni, Head Coach of AASA 18U, and Nike Camp Director



Register at:

allamericansportsacademy.net

Please note once registered there are no refunds or make-ups