



ELITE

3D DEFENSE

Invite Only

DIRECTED BY COACH DEBBIE NELSON AASA ANNOUNCES THE RELEASE OF THE ELITE 3D DEFENSE PROGRAM. ATHLETES WHO ARE INVITED WILL HAVE THE OPPORTUNITY TO WORK WITH CURRENT AND PAST COLLEGE COACHES, ALONG WITH EX COLLEGE PLAYERS. WE WILL TAKE TWO HOURS ON THE FIELD WORKING (**DISCIPLINE**), SPEED&POWER, (**DRILLS**)&SKILLS, (**DEFENSIVE**)STRATEGIES & SOFTBALL IQ. THIS CLASS IS FAST PAGED WITHIN A COMPETITIVE ENVIRONMENT ALLOWING THE PLAYERS TO EXPERIENCE GAME LIKE SITUATIONS.

HIGH SCHOOL AGES ONLY
SEPT. 13TH&SEPT 27TH
LOCATION: LEGACY FIELDS,
TRACY CA

TIME: 6:30PM-8:30PM
PRICE: \$45/DATE OR \$85 FOR
BOTH

To apply for the program please email Coach Debbie by Aug. 31st listing your age, grad year, and travel ball team
Email: dnelson@allamericansportsacademy.net