

MIRA COSTA

FLAG FOOTBALL
PRESENTS

FRIDAY SUMMER CLINIC

August 16, 2024

9am – 12pm camp

8:30am check-in

Mira Costa Girls Flag Football Team and Coaching Staff would like to invite you to a High Energy Flag Football Camp!

The clinic will focus on the key elements of the game of flag football, fun drills, good competition & prizes!

▶ **LOCATION:**

Mira Costa West Athletic Field
Located on Meadows Ave.
Mira Costa High School
Manhattan Beach CA

▶ **CLINIC INCLUDES:**

Snacks, Water, Clinic Photos & Prizes!

▶ **WHAT TO BRING:**

Wear Sneakers or Rubber Cleats (no metal spikes)
Refillable Water Bottle
Sunscreen (if needed)

▶ **WHO:**

K – 8th Grade
Boys & Girls

▶ **COST:**

\$110 - all fees included

▶ **REGISTRATION**

VISIT: www.costafagfootball.com

Walk Up Registration on day of clinic will be accepted.

QUESTIONS ?

Contact: Ashley Osterkamp

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