

Baby development

6 to 7 months

What you can do to help your baby's development

- Talk and listen to your baby, and respond to their babbling.
- Play together – sing, read, play with toys and make funny sounds.
- Spend time playing outdoors.
- Start introducing solids, if you haven't already.
- Look for and respond to your baby's cues.
- Make sure your baby has their routine health checks.

When to seek professional help at 6-7 months

Your baby:

- isn't looking you in the eyes, or their eyes point in different directions
- doesn't smile at you or show emotions
- isn't babbling or turning towards sounds or voices
- isn't rolling or sitting up on their own
- uses one hand much more than the other.



If you're worried about your baby's development or your baby has lost skills they had before, talk to your child and family health nurse or GP.



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