

# Baby development

## 1 to 2 months

### What you can do to help your baby's development

- Look into your baby's eyes. Smile, hold and cuddle them.
- Play with your baby – talk, read and sing to them.
- Give your baby tummy time.
- Look for and respond to your baby's cues.
- Comfort your baby when they cry.
- Make sure your baby has their routine health checks.

### When to seek professional help at 1-2 months

Your baby:

- isn't making sounds or responding to noises or bright lights
- isn't beginning to smile
- isn't watching faces or looking you in the eyes
- cries a lot and this worries you
- isn't feeding or sleeping the way you expect.

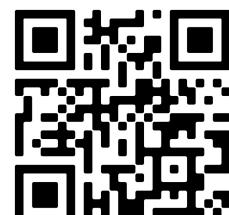


If you're worried about your baby's development or your baby has lost skills they had before, talk to your child and family health nurse or GP.



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1-2 m/o development