

# Child development

## 2 years

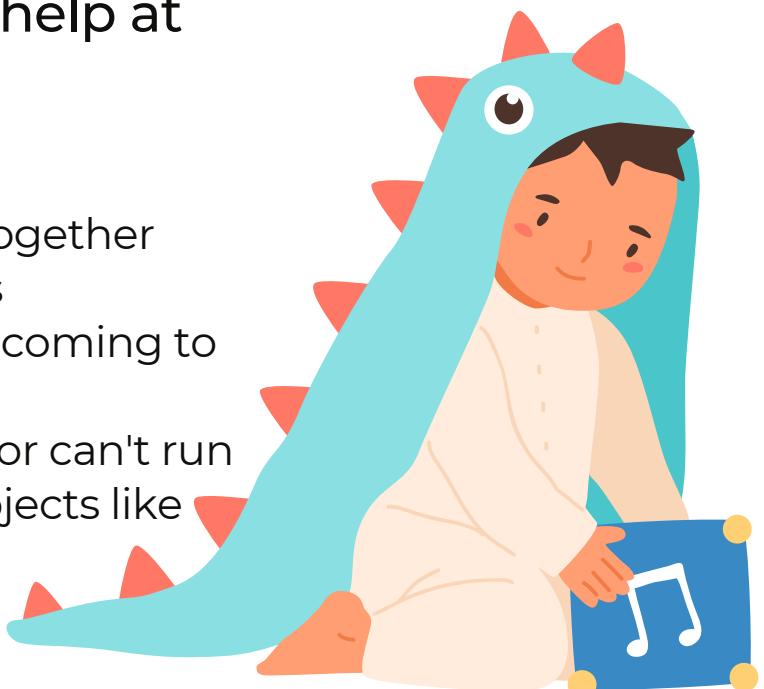
### What you can do to help your child's development

- Give your child the chance to play with other children.
- Talk, listen and respond to your child.
- Play with your child – read, sing and play make-believe.
- Involve your child in cooking, tidying up and other daily tasks.
- Encourage everyday skills like using spoons and putting on shoes.
- Make sure your child has their routine health checks.

### When to seek professional help at 2 years

Your child:

- isn't putting 2 or more words together
- can't follow simple instructions
- isn't showing emotions or isn't coming to you for affection or comfort
- can't walk up and down stairs, or can't run
- finds it hard to handle small objects like pencils.



If you're worried about your child's development or your child has lost skills they had before, talk to your child and family health nurse or GP.

Scan for more info



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