

Baby development

8 to 9 months

What you can do to help your baby's development

- Play together - sing, read and play peekaboo.
- Talk to your baby.
- Listen and respond to your baby's babbling.
- Encourage moving – pick up small objects, roll, crawl or stand up together.
- Make your home safe for a baby on the move.
- Make sure your baby has their routine health checks.

When to seek professional help at 8-9 months

Your baby:

- isn't making eye contact with you
- has eyes that point in different directions
- doesn't smile at you or show emotions
- isn't babbling or turning their head towards sounds
- isn't rolling or sitting up on their own.

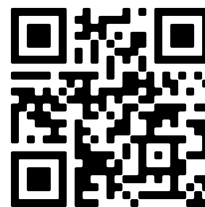


If you're worried about your baby's development or your baby has lost skills they had before, talk to your child and family health nurse or GP.



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8-9 m/o development