

Nahar Torah Niddah Series #2
Niddah D'orysa

Hersh Greszes
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Shalom and welcome back! Now that we understand the introductory remarks, we are ready to *officially* begin learning *hilchos niddah*. We will start by learning about a *niddah d'orysa* – meaning the **biblical** requirements which render a woman a *niddah*. It is important to note that the modern day *psak* may be slightly different – or have added nuances due to additional rabbinical enactments etc. Therefore, please keep in mind that we are *building a background and framework* for understanding the modern day *halachot*; before building a house, you need to gather all the bricks.
 The *Torah*¹ teaches us:

ואשה כי תהיה זבה דם יהיה זובה בבשרה, שבעת ימים תהיה בנדתה וכל הנוגע בה יטמא עד

הערב

Meaning²:

“When a woman has a discharge- her discharge from her flesh being blood- she shall be in a state of niddah for seven days, and anyone who touches her shall remain tameh until the evening.”

From here we learn that a *niddah d'orysa* is *temeah* for 7 days (only), **even if she bleeds for all 7 days!** As long as the bleeding stops on the 7th day, then she can go to the *mikvah* and be *mutteres*³ to her husband. Meaning if she sees Monday through Sunday, as long as the blood stops on Sunday she can go to the *mikvah*! I want to stress the point that according to the *Torah*, a woman who sees blood is *temeah* for 7 days and, regardless of how many days she saw blood throughout the 7 days, can go to the *mikvah* on the 7th day as long as she stops seeing on the 7th day!

Then, the *Gemara* starts to give the context of what constitutes *niddah d'orysa*: that all *dam* (blood) *niddah* has to come from the *m'kor*:

תנו רבנן: "ואשה כי תהיה זבה" יכול (לחשוב) אפילו זבה מכל מקום תהיה טמאה?! תלמוד לומר

"והיא גילתה את מקור דמיה" - לימד על הדמים שאינן אלא מן המקור

Thus, if blood comes out from any other part of her body, including the *bayis ha'chitzon*, it is not going to cause her to become a *niddah*! This is the **first** requirement, we will add 3 more as we go along.

¹ ספר ויקרא פרק טו פסוק יט

² Translation from artscroll.

³ For the sole purpose of understanding, we explain that being *mutteres* to her husband means that now they are allowed to have relations.