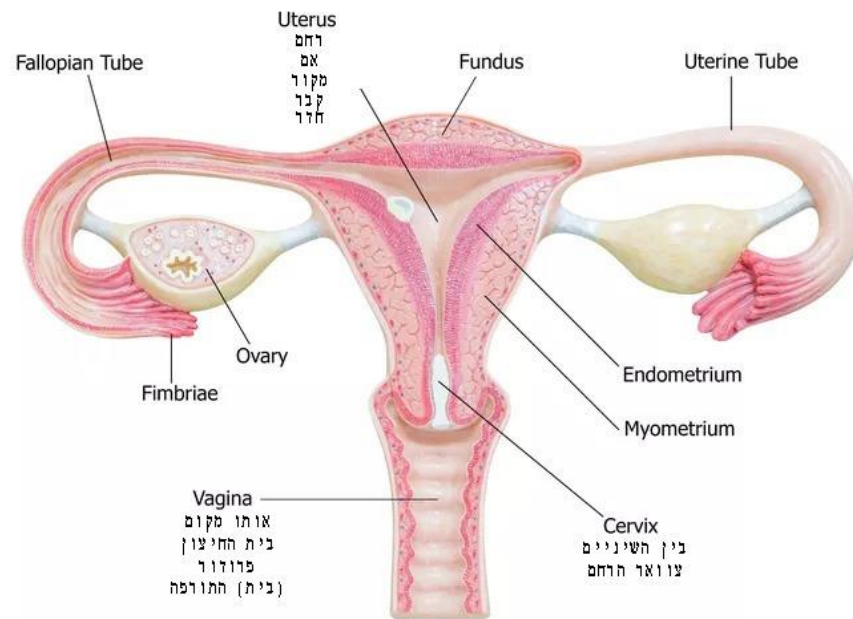


Nahar Torah – Hilchos Niddah Series #3
Biology & New Terms

Shalom everyone! In order for everyone to be on the same page as we move forward it is important that we do a review of biology which is relevant to *hilchos niddah*, as well as introduce and explain all the new terms we will be using.

Below is a picture, with all of the terms – including the ones the *Gemara* uses – which we will be using:



→ The way it works: Every month blood starts to gather up in the endometrium lining of the uterus. At that point, the fallopian tubes let out eggs into the uterus, which wait to get fertilized. If the egg is fertilized- *b'sha'ah tova*, a baby will start to grow with the help of the blood. Otherwise, the blood leaves the uterus, goes through the cervix and into the vagina, and from there the blood exits the body.

○ More New Terms:

Niddah - A woman who bleeds from her *m'kor*.

Zava - A woman who sees¹ blood not during her *yemai niddah*

Zava Ketana - If a woman sees blood on one or two consecutive days during the *yemai zava*.

Zava Gedola - If a woman sees blood 3 consecutive days during the *yemai zava*

Hargasha- to have a feeling. When we say *hargasha* we mean that the woman can feel her period starting. Exactly how we will define and clarify later on.

Hargasha v'lav a'daitay – she had a *hargasha* but wasn't aware/conscious of it.

Veset- this is a woman's period. *Veset* literally means normal or regular time.

Pesichas Ha'kever- The opening of the uterus

¹ When we say "sees blood" we are referring to seeing blood that has left from the *oto makom*- obviously a woman who sees someone else bleed from a wound will not become a *niddah* or *zava* because of that.