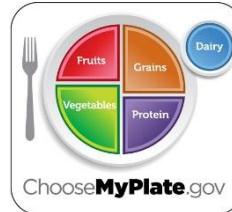


JANUARY-2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
5 Breakfast Assorted Muffins/ Cereal Bars Fruit Juice/Fruit Cup R-F Cheese String Fat Free Milk Choice Lunch Hot Dog w/ Chili Cole Slaw/Bake Bean Sliced Apple/Grapes	6 BREAKFAST Grits w/Cheese Turkey Bacon Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Turkey / Ham / Cheese Sandwich Lettuce / Tomato Slice / Carrots Baked Lay's Chips Apple Slices/Peach Cup Fat Free Milk Choice	7 BREAKFAST Pancake/ Turkey Sausage Pattie Fruit Juice Fruit Cup Cereal Bowls Milk LUNCH Pepperoni Pizza Slice Mexican Corn / Toss Salads Fresh Strawberries / Raisins	8 BREAKFAST Cereal Bars/Cereal Bowls R-F Cheese Stick Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Baked Lasagna w/ Meat Sauce Garden Salad Stuffed Crust Cheesy Breadsticks Bananas / Pineapples	9 BREAKFAST Steak Biscuit Cereal Bar Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Ham /Cheese Sandwich Baby Carrot /WG Sun Chips Fresh Orange	JANUARY 2026 ~~~~~ CEREAL OFFER DAILY Flavored Fat Free Milk offered daily for Breakfast & Lunch ~~~~~ CHEF SALAD OFFER DAILY All Grain Products served meets the USDA nutritional whole grain requirements ~~~~~ HAPPY NEW YEAR ALL STUDENTS CEP Midlands Stem Charter School
12 BREAKFAST Breakfast Pizza Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Chicken Tender/Fresh Broccoli / Seasoned Fries/Dinner Roll Oranges/ Flavored Raisins	13 BREAKFAST French Toast Sticks Sausage Links Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Cheeseburgers Lettuce/Tomato Slice / Carrots Baked Lays Chips Granny Smith Apples Applesauce Fat Free Milk Choice	14 BREAKFAST Chicken Biscuit Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH State Fair Corndogs Baked Beans Sun Chips Bananas / Pineapples	15 BREAKFAST Assorted Pop-Tart Assorted Yogurt Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Texas Chopped BBQ Sandwich Creamy Cole Slaw Baked Bean Red Grapes Slice Peaches Fat Free Milk Choice	16 NO SCHOOL Parent / Teacher Conferences	
19 BREAKFAST NO SCHOOL MLK Holliday	20 BREAKFAST Pancake w Bacon Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Pepperoni Pizza Slice Mexican Corn / Toss Salads Fresh Strawberries / Raisins Milk Choice	21 BREAKFAST Sausage Biscuit Fruit Juice/ Fruit Cup Fat Free Milk Choice LUNCH Sub Sandwich Lettuce/Tomato/Cheese/Pickle WG Sun Chips Cantaloupe /Pineapple Cup	22 BREAKFAST Blueberry Breakfast Loaf Assorted Yogurt Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Beef Taco Salad w Toppings Sour Cream / Taco Sauce Black Bean/ Mexican Corn Watermelon Slices / Diced Pears Milk	23 BREAKFAST Cereal Bars/Cereal Bowls R-F Cheese Stick Fruit Juice Fruit Cup Fat Free Milk Choice LUNCH Turkey / Ham / Cheese Sandwich Lettuce / Tomato Slice Assorted WG Sun Chips Bananas / Applesauce	 ChooseMyPlate.gov
26 BREAKFAST Chicken Biscuit/ Cereal Bows R-F Cheese String Fruit Juice /Fruit Cup LUNCH Cheeseburger Lettuce/Tomato/Pickle Steam Corn Orange Wedge/Apple Sauce	27 BREAKFAST Blueberry Muffin/ Yogurt R-F Cheese String Fruit Juice/Fruit Cup Fat Free Milk Choice Lunch Hamburger Steak w/Gravy Rice/Lima Bean/Field Peas Dinner Roll Strawberry/Grape	28 BREAKFAST Sausage Biscuit/Cereal Bars R-F-Cheese String Fruit Juice/ Fruit Cup Fat Free Milk Choice LUNCH Pepperoni Pizza Slice Black Bean/ Toss Salad Dice Pears/Slice Peach Fat Free Milk Choice	29 BREAKFAST Banana Muffin/ Cereal bowl Yogurt/Graham Cracker Fruit Juice/Fruit Cup Lunch Flavored Chicken Wings Macaroni/Cheese/ Cabbage Field Peas Diner Roll Sherbet/ Pine Apple	30 BREAKFAST Cereal Bars/R-F Cheese String Fruit Cup/Fruit Juice Lunch PBJ Sandwich Baked Lay Chips Celery Stick/ Baby Carrot Sliced Apple/Grape Fat Free Milk Choice	MAVERICKS CAFE Menu Subjects Changes <i>This institution is an equal opportunity provider.</i> <i>Esta institucion es un proveedor que ofrece igualdad de oportunidades</i> 