

September 2025

MAVERICKS CAFÉ MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 LABOR DAY	2 BREAKFAST Blueberry Muffin Cereal Bowls Cheese Strings Fruit Juice /Chilled Fruit LUNCH Pizza Corn /Toss Salad Ham / Turkey Salad Bananas / Peach Cups	3 BREAKFAST Sausage Biscuit Yoga / Cereal Bowls Fruit Juice / Chilled Fruit LUNCH Hamburger Steak w/Gravy Mashed Potato /Lima Beans Wheat Yeast Rolls Sherbet / Apple	4 BREAKFAST Cheese Grits Bacon / Sausage Cereal Bars Chilled Fruit / Fruit Juice LUNCH Chopped BBQ Sandwich Baked Beans Creamy Cole Slaw Fresh Strawberry Orange	5 BREAKFAST Cereal Bowls Pop-Tart / Cheese String Fruit Juice / Chilled Fruit LUNCH Corn Dogs Sun Chips Celery Stick Apple Sauce Cups
8 BREAKFAST Chicken Biscuit Cereal Bowls / R-F Cheese Sticks Fruit Juice / Chilled Fruit LUNCH Cheeseburger /Kaiser Buns Potato Wedge Steam Corn Turkey / Ham Chef Salad / Cracker Fresh Orange Slices / Mix Fruit Cup	9 BREAKFAST Blueberry Muffins / Cereal Bars Flavored Yogurt Fruit Juice / Chilled Fruit LUNCH Hot Dogs Creamy Cole Slaw / Baked Beans Grilled Chicken / Ham Chef Salad Crackers / Condiments Golden Apples / Raisins	10 BREAKFAST Grill Cheese Sandwich Cereal Bowl / Cheez-It's Fruit Juice / Chilled Fruit LUNCH Turkey / Ham / Cheese Sandwich Lettuce / Tomato Slice / Carrots Baked Lay's Chips Turkey / Ham Chef Salad /Crackers Chicken Salad w / Lettuce/ Tomato Bananas / Peach Cups	11 BREAKFAST WG Pop-Tarts Cereal Bars Assorted Yogurt Fruit Juice / Chilled Fruit LUNCH Beef Taco Salad / Tortilla Chips Veggie / Cheese Toppings Sour Cream / Taco Sauce Black Bean Fiesta / Mexican Corn Ham Chef Salad Gala Apple / Mandarin Oranges	12 BREAKFAST Sausage Biscuit Cereal Bowl / Cheez-It's Fruit Juice / Chilled Fruit LUNCH Pepperoni Pizza Sun Chips / Carrots/Celery Turkey / Ham Chef Salad / Crackers / Condiments Red Grapes / Diced Pears
15 BREAKFAST Blueberry Muffin Cereal Bowl / Variety Yoga Fruit Juice / Chilled Fruit LUNCH Chicken Tender Season Rice/Yeast Roll Green Beans/Field Peas Turkey / Ham Chef Salad WG crackers / Condiments Gala Apples / Pineapple Cup	16 BREAKFAST Cereal Bowl/Cereal Bars Cheese Sticks Fruit Juice / Chilled Fruit LUNCH Pepperoni Pizza Slice Mexican Corn / Black Beans Grilled Chicken / Ham Chef Salad Crackers / Condiments Peach Cup / Tangerines	17 BREAKFAST Pop Tart Pastry/ Cereal Bar Variety Yogurt Fruit Juice / Chilled Fruit LUNCH Baked Lasagna Steam Broccoli / Garden Salad Cinnamon Rolls Grilled Chicken / Ham Chef Salad Crackers / Condiments Bananas / Diced Pear Cup	18 BREAKFAST Mini Pancakes Sausage Patty Cereal Bowl Fruit Juice / Chilled Fruit LUNCH Chicken DRUMETTES Macaroni & Cheese Green Beans Corn Breads Watermelon / Grape Turkey & Ham Salad WG Cracker	19 BREAKFAST Turkey Ham Cheese Sliders Cereal Bar Fruit Juice / Chilled Fruit LUNCH Ham & Cheese Sandwich Lettuce Tomato Pickles Lay Potato Chips Turkey / Ham Chef Salad WG Crackers / Condiments Fresh Pears / Applesauce
22 BREAKFAST Donut Cake Stick / Cereal Bowls Variety Yogurt Fruit Juice / Chilled Fruit LUNCH Corn Dogs Mexican Corn / Baby Carrots Turkey / Ham Chef Salad/Crackers Tangerines / Mix Fruit Cup	23 BREAKFAST Cheese Grit Sausage Links Cereal Bowls R-F Cheese Stick Fruit Juice / Chilled Fruit LUNCH Turkey / Ham / Cheese Sandwich Lettuce / Tomato Slice Assorted WG Sun Chips Turkey / Ham Chef Salad/Crackers Gala Apple / Mandarin Oranges	24 BREAKFAST Flavored Pancakes Sausage Links Fruit Juice / Chilled Fruit LUNCH Baked Spaghetti w/ Meat Sauce Steam Broccoli / Garden Salad Cinnamon Rolls Turkey /Ham Chef Salad /Crackers Red Grapes / Diced Pear Cup	25 BREAKFAST Blueberry BREAKFAST Slice Cereal Bowls R-F Cheese Stick Fruit Juice / Chilled Fruit LUNCH Chicken Tenders Seasoned Rice / Yeast Rolls Steamed Carrots / June Peas Turkey / Ham Chef Salad /Cracker Fresh Orange Slices / Applesauce	26 BREAKFAST Grilled Cheese Sandwich Fruit Juice / Chilled Fruit LUNCH Beef Hotdog Sun Chips Baby Carrots Turkey / Ham Chef Salad WG Crackers / Condiments Golden Pears / Flavored Raisins
29 BREAKFAST Bananas Muffin Yogurt / Cereals Bowls Fruit Juice / Grapes LUNCH Pop Corn Chicken Sun Chips Broccoli Celery / Apple Sauce Plums	30 BREAKFAST Grilled Cheese Cereal Bowls / Yogurt Fruit Juice / Chilled Fruit LUNCH Chopped BBQ Sandwich Baked Beans / Cole Slaws Fresh Pears / Sliced Apples			

NUTRITION INFORMATION PORTAL

September 2025

~~~~~  
**Assorted Fat Free Milk,  
 Fruit & Fruit Juices  
 Offered Daily for Breakfast**

~~~~~  
ALL STUDENTS ARE CEP

~~~~~  
**All Grain Products served  
 meets the USDA nutritional  
 whole grain  
 requirements**  
 ~~~~~

This institution is an equal
 opportunity provider.
 Esta institucion es un
 proveedor que ofrece
 igualdad de oportunidades.

