



2026 Summer Track & Field Program

The Southwest Ohio Track Club is a tax-exempt non-profit organization. We focus on providing instruction in Track and Field to elementary, middle school, high school, post collegial, and masters' athletes. The Summer season includes practices and competitions in all track and field events including: hurdles, sprints, distance, pole vault, high jump, long jump, and throwing events. Come try something new or develop your existing talents! Just bring your running shoes! Our skilled coaching staff is extremely qualified, having competed or coached at nearly all levels...up to and including the Olympics!! Athletes from nearly all schools in the Miami Valley have participated in the SWOTC summer track and field program. With the extra practice and skilled coaching many have gone on to win HS state titles and become collegiate athletes and even National Champions.

The Track & Field program starts May 26th, 2026 and continues thru the mid of July depending on an athlete's competition schedule. The practices are Monday, Tuesday, and Thursday.

Club Membership is \$60.-- and includes all coaching as well as equipment and facility use. Discounts are available for families with multiple siblings participating at the same time. No discounts will be given for missed practices. The club membership does not include any competition entry fees.

To sign up, visit our website www.swotc.org and complete and submit the 2026 sign up form. To complete the sign up process you need to come to one of the practices and pay your annual membership fee.

If you plan to compete on an USATF sanctioned meet or championship. You will need a USATF membership in addition. On those meets a SWOTC uniform must be worn during competitions. Please talk to one of the coaches if you need more details.

Practices for ages 7-12: Mondays, Tuesdays and Thursdays May 26th – July 16th 5:00 - 6:00 PM Practices for ages 13+: Mondays, Tuesdays and Thursdays May 26th – July 22nd 6:00 - 7:30 PM*

*Practice may extend beyond 7:30 for specific events...talk to your event coach!

Location: Yellow Springs High School, John Gudgel Track, 420 E Enon Street, Yellow Springs

Meet Schedule (selected meets)

June 10, 2026	SWOTC Mini Meet 1	Yellow Springs	All age cat.
June 13&14, 2026	Ohio Senior Olympics	Westerville, OH	50 and older
June 17, 2026	SWOTC Mini Meet 2	Yellow Springs	All age cat.
June 24, 2026	SWOTC Mini Meet 3	Yellow Springs	All age cat.
June 24-27, 2026	USATF National Youth Championships	Huntsville, AL	Youth
July 8, 2026	SWOTC Mini Meet 4	Yellow Springs	All age cat.
July 16-19, 2026	USATF Masters Outdoor National Champ.	Geneva OH	Masters