



GAME INSTRUCTIONS

Plummeting Plates

OVERVIEW

Players' hand-eye coordination will be tested when they attempt to catch paper plates dropped from above their heads into a single stack. The player with the most plates in their stack at the end of the game wins!

WHAT YOU'LL NEED

- 2-4 players
- 1 volunteer per player
- 21 paper plates per player
- A sturdy elevated surface or stage for volunteers to stand on during the game

HOW-TO

PREP

- Separate your plates into stacks of 21 and evenly space them along the elevated surface or edge of your stage.
- At floor level in front of your elevated surface, clear about 4 square feet per player to move around.

PLAY

1. Have your volunteers stand on a secure and safe elevated surface, and hand each one a stack of 20 paper plates.
2. Select your players and give them a single paper plate that they'll hold with both hands for the entire game.
3. Have players pair up with a volunteer and stand in front of them.
4. When the game begins, instruct the volunteers to drop one plate at the same time when you count down from three.
5. The students holding the plates at floor level will be tasked with catching the falling plates on top of the plate they're holding.
6. Have your volunteers continue to drop plates on your command until all the plates have been dropped. The player with the most plates stacked on their first plate at the end of the game wins!