

ALWC KIDZ QUEST MIDDLE SCHOOL LEADER GUIDE

February 16, 2025



BOTTOM LINE

Be you, be humble.

SCRIPTURE

1 Peter 5:5b NLT

GOAL OF SMALL GROUP

To encourage students to take off the tendency to compare and instead, put on humility, confidence, and celebration, both for themselves and others.

THINK ABOUT THIS

Comparison is a rollercoaster we don't just ride in middle school. It's a cycle of peaks and valleys we must navigate for the rest of our lives! While this is especially heightened in middle school, it's something your students will be dealing with continually as they grow up. So, this is a great opportunity to plant seeds of truth and form helpful habits that they can lean on to combat comparison now and in the future. With that in mind, it's important to present two big concepts to your students this week. The first is simply that, in humility, they can recognize the way God made them uniquely. And they can choose to let that define who they are rather than all the other things that comparison tells them should speak to their identity. The second is that one of the best cures for comparison is celebration. When they celebrate not just themselves but the way God made others around them, it leaves less room for comparison to creep in and redirect their minds toward harsh and unhelpful thinking about themselves and others.

This guide is a suggestion, not a formula. Adjust the content as needed, and don't feel like you need to complete everything listed.

MIDDLE SCHOOL SMALL GROUP

February 16, 2025

1

15mins

Supplies:

- Bibles
- Series Definition Board
- Series Definition Board

DISCUSSION

- Pick a few questions to answer from the list. Be sure to answer the “Open the Bible” questions with your students.
- Have a student put this week’s series definition (Comparison) on your group’s Definition Board and review.
 1. How are you tempted to compare yourself to others?
 2. How can that comparison make you feel better? And how can it make you feel worse?
 3. How might choosing humility help you combat comparison? Give an example. (Celebrating both yourself and others helps you avoid comparison)

OPEN THE BIBLE: Read 1 Peter 5:5b NIV.

5. Why do you think God opposes the proud and shows favor to the humble?
 1. How does this help us understand why humility is important to God?
 2. Do you think humility makes a person stronger or weaker? Why?
6. We are called to “clothe ourselves with humility.”
 1. How does humility look in your daily life?
 2. Can you think of an example where someone showed humility toward you or someone else?
7. How does knowing God loves you and made you exactly how you are help you be confident without being proud?

REFLECT

8. What is one way you can celebrate yourself this week instead of comparing yourself to others?
9. What is one way you can turn to Jesus this week when you are tempted to compare yourself to those around you?

Supplies:

- Series Definitions
- Bible
- Crayons/Markers
- Coloring Page
- Memory Verse Match

MIDDLE SCHOOL SMALL GROUP

February 16, 2025

2

15mins

EXPERIENCE

Supplies:

- Award
- Page
- Pens

Ask students to create an award for the person to their right. Ask them to use the provided paper and pens to create an award for the person they selected. To get them thinking, ask them to consider what that person does well, what makes them interesting or unique, or what they admire about them. When everyone is done, take a quick look at the awards to make sure they're appropriate and encouraging, and then have a mini awards ceremony to celebrate each student in your group.

If students do not know each other, here is a list of awards that can be awarded that are always true:

Supplies:

- Child of God
- Fearfully and Wonderfully Made
- Unique and Valuable
- A blessing to others
- Perfectly Created
- Strong and Capable

THIS AWARD IS PRESENTED TO

(WRITE NAME HERE!)

FOR

(WRITE REASON HERE!)

AWARD PRESENTED BY:

(WRITE NAME HERE!)





Humility

Being respectful towards yourself and not thinking you are better than others

CONFIDENCE

being certain of yourself or something else

PRIDE

having self respect, personal worth

BALANCED

staying steady and strong in the center

BRAVE

staying strong in what you personally believe in

COMPARISON

how things are the same or different

GROWTH

a process of learning a new skill to make a positive change in your life