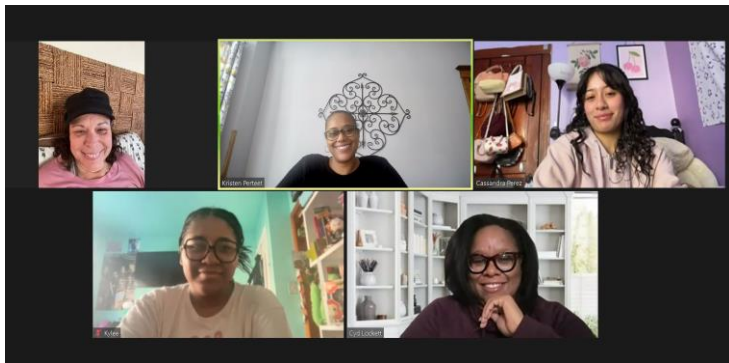


BE EMPOWERED



A mentorship program that equips young women in grades 8-12 with the skills and confidence to face and overcome the challenges that await them as they navigate school and enter adulthood. The program empowers young women to become resilient and capable leaders.

The mentor sessions are a combination of virtual and in-person. The program is customizable to meet the individual needs of the mentee. Mentees will be impacted academically and behaviorally and will develop the skills to become future leaders.



Lessons and Activities

- Leadership
- Setting Boundaries
- Financial Literacy
- Goals and Communication
- Empowerment and Self-Advocacy
- College and Careers
- Mental and Physical Health
- Self-esteem and Confidence
- Social Media
- And Much More

