

Kentucky native shares story of double lung transplant

New book 'Incurable Lungs' offer tips, insight, support

LEXINGTON, Kentucky (Oct. 5, 2024) – Writing a book was never on businessman Thomas Williams' bucket list. Life, however, sent him down an unforeseen path.

In *Incurable Lungs – An Unexpected Journey That Almost Took My Breath Away*, Williams documents his disease and the journey that followed. The need for a life-saving transplant took him home to Kentucky, and he credits Lexington doctors for his successful recovery.

"I have been blessed with outstanding medical support at UK HealthCare, as well as caregivers, particularly my wife, Gale," he said.

Williams, originally from Campbellsville, Kentucky, received a double lung transplant on Jan. 6, 2021, at the University of Kentucky Transplant Center. *Incurable Lungs* is based on his journal after he was diagnosed with Idiopathic Pulmonary Fibrosis in 2018 while working in Houston, Texas. The book's net proceeds will benefit Donate Life Kentucky Trust and the Pulmonary Fibrosis Foundation.

By sharing the ups and downs of pulmonary fibrosis and his double lung transplant, Williams hopes to help others navigate similar circumstances. *Incurable Lungs: An Unexpected Journey That Almost Took My Breath Away* is now available on www.incurablelungs.com.

On social media:

<https://www.facebook.com/people/Incurable-Lungs/61565711391605/>

<https://www.instagram.com/incurablelungs>

<https://www.linkedin.com/thomas-williams>

About Tom Williams:

Thomas Williams is a native Kentuckian who spent most of his professional career in the energy business. Growing up in Kentucky, and then later working in Washington, D.C., and Houston, Texas, his professional focus has been on advancing technology to utilize the nation's natural resources in an environmentally responsible manner. He lives in Lexington, Kentucky, with his wife, Gale, where they spend a lot of their free time planning their next adventure.

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Attached: 300 dpi digital photo



Kentucky

