

About Our Committee

Our committee is made up of dedicated members from across the Union District Baptist footprint. Members have served in the medical profession, received an education in the health and wellness field, or are interested in the wellbeing of others. We serve from our hearts, and we believe in our mission.



Why Join Us

Promoting health and wellness among our congregations is a top priority of the UDBA Health & Wellness Committee. If this an interest for you, then join us as we educate, advocate, and empower our churches to live healthier lifestyles!

Creating healthy congregations is our goal!

Get In Touch With Us

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 www.uniondistrictbaptist.org

HEALTHY BODIES, HEALTHY MINDS!



Caring for the Mind, Body, and Soul

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**UNION DISTRICT
BAPTIST ASSOCIATION**
"Empowering Churches for Kingdom Impact"

HEALTH & WELLNESS COMMITTEE

"Caring for Our Flock"

"I am come that they might have life, and that they might have it more abundantly."

John 10:10 KJV

