Scripture Confessions

To foster a positive mental attitude

**Joan Stephanie Life Enthusiast**

**Colossians: 4:6** **ESV** Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.

**Confession** – I will let my speech always be gracious, seasoned with salt, so that I may know how I ought to answer each person.

**Proverbs 15:23 NLT** A person finds joy in giving an apt reply – and how good is a timely word!

**Confession –** I will find joy in giving an apt reply – and a good and timely word.

**Proverbs 15:1 NLT** A gentle answer deflects anger, but harsh words make tempers flare.

**Confession –** I will remember that a gentle answer deflects anger, but harsh words make tempers flare.

**Psalms 141:3 NLT** Take control of what I say, O Lord, and guard my lips.

**Confession –** I will let the Lord take control of what I say and ask Him to guard my lips.

**Luke 6:45 NLT** A good person produces goods things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart.

**Confession –** I will be a good person that produces good things from the treasury of a good heart…

**Proverbs 16:24 NLT** Kind words are like honey-sweet to the soul and healthy for the body.

**Confession –** I will remember that kind words are like honey-sweet to the soul and healthy for the body.

**Ephesians 4:29 NLT** Don’t use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

**Confession –** I will not use foul or abusive language. I will let everything I say be good and helpful, so that my words will be an encouragement to those who hear them.

**Colossians 3:17 NLT** and whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.

**Confession –** I recognize that whatever I do or say, it must be representative of the Lord Jesus, giving thanks through him to God the Father.

**Psalm 34:13** NLT Then keep your tongue from speaking evil and your lips from telling lies!

**Confession –** I must keep my tongue from speaking evil and my lips from telling lies!

**Proverbs 15:4 NLT** Gentle words are a tree of life; a deceitful tongue crushes the spirit.

Confession – I will speak gentle words and remember that a deceitful tongue crushes the spirit.

**James 1:19NLT** Understand this, my dear brothers and sisters: You must all be 2uick to listen, slow to speak…

**Confession –** I will be quick to listen, slow to speak…

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