

NEWSLETTER

Did you know?

Reading can relax your body by lowering your heart rate and easing the tension in your muscles. A 2009 study at the University of Sussex found that reading can reduce stress by 68%. It works better and faster than other relaxation methods!

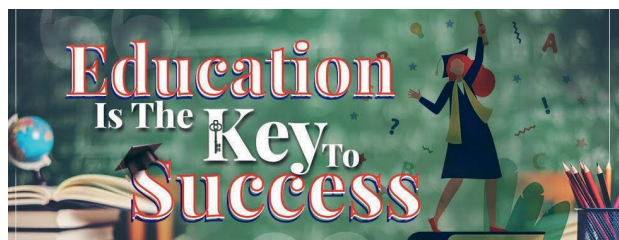
Reading stimulates the brain to grow and be more active. It improves concentration, understanding, and processing, making learning new topics more accessible. Reading teaches us about the world, opens our minds to new experiences, develops empathy, builds confidence, strengthens the brain's connections, and creates new connections. It improves vocabulary, language development, comprehension ability and ignites imagination!

Our in-house tutor, Ms. Crystal, who earned her Master's degree in education from The Ohio State University, coupled with our in-house reading programs, helped our youth improve his reading skills by two levels in 30 days!

Congratulations young man, what an accomplishment!!!

Culturally responsive training/coaching/teaching is more about how you present than what you present. It involves meeting youth where they are and using a strength-based approach to mimic their cultural learning styles. It means tailoring the curriculum to how the youth best learns.

We do not have to look far to be reminded of both the promise and vulnerability of our youth. The challenge is not merely one of resources but also identifying what skills youth lack. Addressing social ills and helping our youth succeed in life is a primary goal here at the FLY House. We regularly elevate the needs of others above our interests and use our skills and knowledge not to try to change our youths' risk factors but to empower them with the abilities to overcome them.



Meet our Board President Sue Morrow Workman, LSW

Sue is an experienced licensed social worker with a demonstrated history of working in corrections and the mental health care industry. She is a strong behavioral health service professional with a Bachelor of Science Social Work focused in Criminal Justice/Social Work from The Ohio State University.

"My goal is to make a difference." -Sue Morrow Workman

Behavioral Intervention

Every person is different, with different cultural and social values. At the FLY House, we are mindful of those differences, and we treat our youth with dignity and respect. Our behavior management is more than just developing procedures to get youth to do what we want; we promote opportunities for youth to address their needs, improve their situation, and correct inappropriate behavioral patterns.

Earning the buck\$!

Our incentive program has been developed to encourage our youth to learn appropriate behaviors and life skills that each member of our society needs to display to lead a productive and socially acceptable life. During their time at the FLY House, they have opportunities to earn real cash! Responsible money management is our primary goal and is a critical component of our FLY Bucks program.

Our youth feel a sense of value, accomplishment, and pride by earning and purchasing items!

Green - No Infractions - \$10

- Today you have demonstrated respect to staff and peers. You have completed all your chores in a timely manner and remained honest with staff, peers, and most of all, with yourself. You have completed your homework assignments, participated in group and all other activities, and met with your therapist/case manager, if necessary, and took accountability for all your actions. You lead by example! Way to go!

Yellow - Slight Infraction - \$5

- Today you faced a challenge. You talked it through with staff, your therapist, case manager, or someone from your treatment team. You took accountability, accepted your behavioral intervention plan, and followed the rules you received. Good job!

Red - Several Infractions - \$1

- You faced many challenges today and it appeared you had a difficult time getting through them. Tomorrow is a new day and we believe you will have a much better day! Please remember your treatment team is here for you. We believe in you and want to see you succeed!

We are off to a great start!

Major Critical Incidents = 0
Restraints = 0
AWOL = 0
30-day Notices = 0
Successful Positive Behavior Interventions = 7
Green Days = 43
Yellow Days = 7
Red Days = 0