



Fall Meals Menu

Poultry:

- 🌀 Lemon Ginger Grilled Chicken served with Broccoli in Orange Sesame Sauce and Roasted Herb Baby Potato
- 🌀 Chicken Curry with Almond served with Rice
- 🌀 Pesto Stuffed Chicken Breasts with Tomato Relish served with Roasted Herb Carrot and Parsnip and Mashed Potato
- 🌀 Walnut Chicken served with Romaine and Grapefruit Salad, Steamed Vegetable
- 🌀 Coq au Vin served with Mashed Potato
- 🌀 Peach and Ginger Turkey Meatballs served with Honey Sweet Potato Tajine and Honey Glazed Carrots
- 🌀 Turkey Stuffed Pumpkin
- 🌀 Chicken with Creamy Mustard Sauce served with Wild Rice and Broccoli

Beef:

- 🌀 Onion Mustard Shoulder Blade Beef Roast served with Sweet Potato Casserole and Roasted Winter Vegetables
- 🌀 Beef with Cherry Tomatoes, Olives, Figs and Cashews served with Israel Couscous
- 🌀 Tasty Meatloaf served with Mashed Potato
- 🌀 Chili Mac & Cheese
- 🌀 Hearty Red Wine Beef Stew
- 🌀 Beef Stroganoff served with Egg Noodles
- 🌀 Kefta Tajine served with Cumin Potato Tajine
- 🌀 Date and Beef Tajine served with Rice Pilaf, Tempura Broccoli and Cauliflower
- 🌀 Beef and Sweet Potato Tajine
- 🌀 Beef, Apple and Raisin Tajine served with Mashed Potato

Pork:

- 🌀 Pork and Root Vegetables Stew
- 🌀 Pork Apple and Cranberries Stew served with Sweet Potato Casserole, Maple Glazed Carrots
- 🌀 Apple Butter Ham served with Cauliflower Puree, Roasted Beet Salad
- 🌀 Rosemary Pear Pork Tenderloin served with Roasted Vegetable, Barley
- 🌀 Maple Molasse Pork Tenderloin served with Roasted Winter Vegetable, Warm Quinoa Salad

Fish:

- 🌀 Mustard Walnut Crusted Salmon served with Turnip and Parsnip Puree, Steamed Broccoli
- 🌀 Maple Balsamic Salmon served with Maple Glazed Carrots, Sauté Broccolini, Roasted Baby Potato



- ✧ Salmon with Pesto Sauce served with Wild Rice, Roasted Butter Beets
- ✧ Pan-Seared Lemon Pepper Tuna Steak served with Cauliflower Puree, Seared Asparagus
- ✧ New England Baked Haddock with Garlic Butter served with Tempura Yam, Sauté Green Vegetable

Soup:

- ✧ Chicken Noodle Soup
- ✧ Butternut Squash Soup
- ✧ Tomato Soup
- ✧ Vegetable soup with chicken drumsticks
- ✧ Carrot Cream

Breakfast:

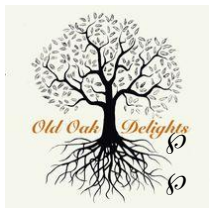
- ✧ Fruit Salad with Orange Blossom Syrup
- ✧ Buttermilk Pumpkin Waffle
- ✧ Apple Cinnamon Waffles
- ✧ Pumpkin Pancakes
- ✧ Cranberry Orange Scone
- ✧ Cinnamon Swirl Coffee Cake
- ✧ Pumpkin Coffee Cake
- ✧ Spiced Pear and Ginger Muffin
- ✧ Pumpkin Cinnamon Roll Muffins
- ✧ Stuffed Crepes
- ✧ Breakfast Sandwich: Bagel or English Muffin, Bacon or Sausage
- ✧ Orange Date and Almond Bread

Snack:

- ✧ Chai Spiced Snickerdoodles
- ✧ Molasses Cookies
- ✧ Granola Bar
- ✧ Honey Nut Treat

Dessert:

- ✧ Fruit Salad with Orange Blossom Syrup
- ✧ Lime Coconut and Almond Cake
- ✧ Pear, Cardamone and Honey Crème Anglaise Tart
- ✧ Caramel Apple Blondies
- ✧ Apple Cider Donut Holes
- ✧ Caramel Apple Crisp Cups
- ✧ Maple Glazed Pecan Shortbread Bars



- § Pumpkin Brownies
- § Cherry Apple Crisp
- § Butterbeer Cupcake
- § Strawberry, Yogurt and Chocolate Square



Bundle price deal #1: \$150 including

- 7 full meals/dinner
- 4 lunches
- 6 breakfast/snacks
- 2 desserts (can be change for breakfast/snack)

*Note: You can trade 2 breakfast/snacks items for one additional lunch options.

Bundle price deal #2: \$200 including

- 7 full meals/dinner
- 7 lunches
- 10 breakfast/snacks
- 3 desserts (can be change for breakfast/snacks)

Bundle price deal #3: \$110 including

- 7 full meals/dinner

Bundle price deal #4: \$150 including

- 10 full meals/dinner

Bundle price deal #5: \$215 including

- 14 full meals/dinner

Addition option:

You can request items not on the list like bread loaf, crackers and other stuff. We can do a trade in the bundle or add a small fee to the order.