

**THE LEARNING NEST – SEPTEMBER MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Holiday	2 Holiday
5 Holiday	6 Lunch Bagel with cream cheese Applesauce Bananas Yogurt	7 Lunch Popcorn chicken Potato Smiles Seasonal fruit	8 Lunch: Mini Pup Dogs Seasonal Fruit Seasonal Veggies	9 School Pizza
12 Lunch: Pasta with Alfredo Sauce Seasonal Fruit Carrots	13 Lunch Mini Muffins Strawberry Yogurt Bananas Apple Sauce	14 Lunch Whole Grain Chicken Nuggets Potato Smiles Seasonal Fruit	15 Lunch Turkey Sliders Seasonal Fruit Seasonal Veggies	16 SCHOOL PIZZA
19 Lunch: Vegetable Pasta Salad Seasonal Fruit Carrots	20 Lunch Croissant Applesauce Banana Yogurt	21 Lunch Vegetable Fried Rice String Cheese Fresh Fruit	22 Lunch Mini Pup Dogs Seasonal Fruit Seasonal Veggies	23 SCHOOL PIZZA LUNCH
26 Lunch: Mac and Cheese Seasonal Fruit Carrots	27 Lunch Bagel with cream cheese Applesauce Bananas Yogurt	28 Lunch Whole Grain Chicken Nuggets Potato Smiles Seasonal Fruit	29 Lunch Turkey Sliders Seasonal Fruit Seasonal Veggies	30 SCHOOL PIZZA LUNCH