

**THE LEANING NEST – SEPTEMBER 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5 Lunch Waffel Bananas Strawberries Yogurt	6 Lunch Popcorn Chicken Fresh Fruit Veggies	7 Lunch: Vegetable Fried Rice String Cheese Seasonal Fruit	8 SCHOOL PIZZA LUNCH
11 Lunch Mac and Cheese Seasonal Fruit and Veggies	12 Lunch Pancakes Bananas Strawberries Yogurt	13 Whole Grain Chicken Nuggets Seasonal fresh fruit Vegetables	14 Lunch: Chicken Burger Sliders Fresh Fruit Veggies	15 SCHOOL PIZZA LUNCH
18 Lunch Chicken    Vegetable Pasta Fresh Fruit Veggies	19 Lunch French Toast Sticks Bananas Strawberries Yogurt	20 Lunch Toasted    Cheese Sandwich Fresh Fruit Veggies	21 Lunch: Spaghetti with Red Sauce Fresh Fruit Veggies	22 School Pizza Lunch
25 Lunch Cheezy    Chicken Broccoli Bake Fresh Fruit	26 Lunch Mini Muffins Bananas Strawberries Yogurt	27 Lunch Popcorn Chicken Fresh Fruit Veggies	28 Turkey Sliders Fresh Fruit Veggies	29 School Pizza Lunch