



*Natalie
Dau*

Motivational Speaker, Author,
Guinness World Record Holder,
Media Producer, Athlete

Natalie Dau is a highly-rated keynote speaker who inspires people to be the best versions of themselves through sharing her real-life stories of accomplishing amazing feats. She has had huge success in crafting content that has reached tens of millions of people around the world and continues to push the boundaries as an author, through physical endeavours, and via her social media.

SIGNATURE TOPICS

- ✓ Women empowerment
- ✓ Building resilience
- ✓ High performance at any age
- ✓ Teamwork for success
- ✓ How vulnerability helps us to connect
- ✓ Breaking boundaries
- ✓ Finding your identity

700K

@rockstararms

WHAT YOU CAN EXPECT

Through thought-provoking insights and personal anecdotes, you'll gain a deeper understanding of who you are, what you value, and have the tools to unlock your full potential to live a more fulfilling life.



SOME OF NATALIE'S CLIENTS

HSBC World Championship
Business Forum; Accenture;
VidCon; SPH Media;
EastSpring Investments; It's
a Girl Thing; Asics; Garmin;
LaunchPad; CMC Markets;
Aeroviation; Meta; Westin
Hotels; Up2Speed, Lead
Women; Chiva Som; Figma;
Soneva Resorts; AG1;
Discovery Channel; BBC
Studios; HSBC Rugby 7's;
Queensland Tourism;
Ironman; Oakley; Apple;
Great Eastern

Get in Touch!

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