

African American Virtual Town Hall Series

Resource Guide



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Provided by:

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ECONOMIC RESOURCES: Small Business Owners

California Small Business Loan Guarantee Program & Disaster Relief

One of the IBank Small Business Finance Center's loan guarantee programs is designed for Disaster Relief specifically and is currently available to small businesses needing assistance to overcome economic injury caused by COVID-19.

[Learn More](https://www.ibank.ca.gov/small-business-finance-center/) <https://www.ibank.ca.gov/small-business-finance-center/>

Disaster Loans-Small Businesses

The U. S. Small Business Administration (SBA) provides low-interest, long-term disaster loans to businesses of all sizes, private non-profit organizations, homeowners, and renters to repair or replace uninsured/underinsured disaster damaged property. SBA disaster loans offer an affordable way for individuals and businesses to recover from declared disasters.

[Learn More](#)

https://disasterloan.sba.gov/ela/Documents/Three_Step_Process_SBA_Disaster_Loans.pdf

U.S. Small Business Administration

Providing disaster loan assistance for small businesses nationwide.

[Learn More](https://disasterloan.sba.gov/ela/) <https://disasterloan.sba.gov/ela/>

Facebook Small Business Grants

Facebook is offering \$100M in cash grants and ad credits for up to 30,000 eligible small businesses in over 30 countries where they operate.

[Learn More](https://www.facebook.com/business/boost/grants?ref=alias) <https://www.facebook.com/business/boost/grants?ref=alias>

Working Solutions-Small Business Support

Working Solutions is closely monitoring the evolving coronavirus (COVID-19) situation, and they are here to support those in the small business community who are being impacted.

[Learn More](#)

<https://www.workingsolutions.org/news/2020/3/16/working-solutions-covid-19-response>

EDUCATION INFORMATION & OPPORTUNITIES

David E. Glover Emerging Technology Center

At the David E. Glover Emerging Technology Center, we create technology and design programming designed for youth, adults, and seniors from basic to advanced skill levels. All of our classes are free for low-income Oakland and East Bay residents.

[Learn More https://www.degetc.org/register](https://www.degetc.org/register)

Free Homeschooling Resources

One of the biggest concerns for new homeschool parents—or those who find themselves unexpectedly homeschooling due to school closures—is the cost. There are many ways to save money on a homeschool curriculum, as well as many resources to help your kids learn every subject, from math and science to art and physical education. There are even virtual field trips and space exploration tours available. The best part? Many of these tools are available online for no cost.

[Learn More https://www.thoughtco.com/free-homeschool-resources-4151635](https://www.thoughtco.com/free-homeschool-resources-4151635)

A 2 Z Homeschooling or Online Teaching Program

Online schools and programs that can ease the stress of homeschooling. Online homeschooling programs are the easiest for those who are emergency homeschooling or temporarily homeschooling because all you need is an internet connection and a compatible device. This is also the most parent-friendly option in homeschooling because it takes the teaching aspect off the shoulders of the parents.

[Learn More](#)

https://a2zhomeschooling.com/concerns_homeschooling/coronavirus-and-homeschooling-looking-for-temporary-educational-alternatives/

Free Educational Resources for Distance Learning

Publishers offering free distance learning resources. Users can learn about the specific resources available as publishers continue to expand their offerings. Districts are not mandated to utilize only state-adopted instructional materials, and many classrooms utilize a network of resources. Educators and parents/guardians may discover the individual resources they want for a particular need.

[Learn More https://www.cde.ca.gov/ci/cr/cf/distancelearnresources.asp](https://www.cde.ca.gov/ci/cr/cf/distancelearnresources.asp)

FOOD BANKS/FOOD PANTRIES & OTHER RESOURCES

Alameda County Community Food Bank

If you are in need of food, please call the Emergency Food Helpline 1-510-635-3663. As an essential business, they will remain open during this time. Anyone in need of food is allowed to access food distributions, groceries, etc. during the shelter in place.

[Learn More - Oakland & Hayward Locations](https://www.accfb.org/health-and-safety/) <https://www.accfb.org/health-and-safety/>

Oakland Food Pantries

They not only provide listings of pantries, but also information on: food closets, food banks, soup kitchens, congregate meal locations, food boxes, vouchers, etc.

[Learn More](https://www.foodpantries.org/ci/ca-oakland) <https://www.foodpantries.org/ci/ca-oakland>

Oakland Free Food Resources

Comprehensive list of free food locations in Oakland, Ca.

[Learn More](https://www.freefood.org/c/ca-oakland) <https://www.freefood.org/c/ca-oakland>

Top Free Food Centers

Listing of several food distribution services for children and families

[Learn More](https://www.freefood.org/c/ca-hayward) <https://www.freefood.org/c/ca-hayward>

Telegraph Community Ministry

If you or someone you know is in need of a meal, pantry food, or clothing items.

Telegraph Community Ministry serves those in Oakland and Alameda County who are dealing with issues related to poverty.

[Learn More](http://www.telegraphcenter.com/) <http://www.telegraphcenter.com/>

P-EBT

This program, called P-EBT, is for students who are normally able to get free or reduced-price school meals. Apply and get up to \$365 per child to spend on groceries. Children may continue to receive "grab n go" meals or emergency food at COVID-19 emergency feeding sites offered by schools and community locations, even if they are receiving P-EBT benefits.

[Learn More](https://ca.p-ebt.org/en/) <https://ca.p-ebt.org/en/>

HEALTH AND WELLNESS

COVID-19 Testing - CDC Report

There are laboratory tests that can identify the virus that causes COVID-19 in respiratory specimens. State and local public health departments have received tests from CDC while medical providers are getting tests developed by commercial manufacturers.

[Learn More https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html)

Human Good

We all want to live with purpose. To stay connected with family and friends. Keep learning and grow. Contribute to our community. And our goal is to help you do just that. Say hello to HumanGood. Find out more about our communities and healthy senior living.

[Learn More http://www.humangood.org](http://www.humangood.org). [Watch a short video](#)

Tips for Maintaining a Healthy Mind & Body

Unburden your mind. Worry never makes things better. Relieve any feelings of anxiety and fear.

[Learn More https://occurnow.org/healthy-mind-%26-body](https://occurnow.org/healthy-mind-%26-body)

The ABP's Five Star Family Enhancement Plan

The Association of Black Psychologists Inc. is extremely concerned about the recent threat and its psychological and emotional impact and are offering a variety of resources to help communities cope with pandemic

[Learn More](#)

https://drive.google.com/file/d/19Y8bNOREYdNWwm7-wQ3w_NY38tBuaojk/view?invite=CND9zdQJ&ts=5e925541

voices for Healthy Kids funding

The Voices for Healthy Kids' mission is to support, drive and inform local and state policy change efforts that will dramatically improve the health of children who are Black/African American, Hispanic/Latino, American Indian, and Alaskan Native or from families who have low income through campaigns, partnerships/networks, research and communications.

[Learn More https://voicesforhealthykids.org/](https://voicesforhealthykids.org/)

HOUSING RESOURCES

211 Alameda County

211 provides Health, Housing, Human Services resource listings.

[Learn More http://211alamedacounty.org/2-1-1-alameda-county-resource-finder/](http://211alamedacounty.org/2-1-1-alameda-county-resource-finder/)

The Department of Housing and Urban Development (HUD)

HUD was ordered to suspend evictions and foreclosures for the next 60 days. The moratorium only applies to homeowners with mortgages insured by the Federal Housing Administration (FHA), a part of HUD that insures home loans made by FHA-approved lenders. The moratorium only covers FHA mortgages for single family homes.

[Learn More](#)

https://www.hud.gov/press/press_releases_media_advisories/HUD_No_20_042

Fannie Mae

The Federal Housing Finance Agency (FHFA), which oversees Fannie Mae, Freddie Mac, and the Federal Home Loan banks, is providing payment forbearance to borrowers impacted by the coronavirus for up to 12 months due to hardship.

[Learn More](#)

<https://www.fanniemae.com/portal/media/corporate-news/2020/covid-homeowner-assistance-options-7000.html>

Freddie Mac

The Federal Housing Finance Agency (FHFA), which oversees Fannie Mae, Freddie Mac, and the Federal Home Loan banks, is providing payment forbearance to borrowers impacted by the coronavirus for up to 12 months due to hardship.

[Learn More http://www.freddiemac.com/about/covid-19.html](http://www.freddiemac.com/about/covid-19.html)

Public Housing

HUD is working with Congress to prevent evictions in public housing programs across the country during the coronavirus pandemic.

[Learn More https://www.hud.gov/](https://www.hud.gov/)

Abode Services

Assisting low-income, un-housed people, including those with special needs, to secure stable, supportive housing; and to be advocates for the removal of the causes of homelessness.

[Learn More](#)

OTHER COMMUNITY RESOURCES

OCCUR - Community Capacity Building Agency

Providing technical assistance, community resources and skills building trainings

[Learn More](#)

Tech Exchange

Tech Exchange staff is available to discuss resources and access options to support home technology needs.

[Learn More](#)

Spectrum Community Services Inc.

Provides the HEAP program, and they provide energy bill assistance and weatherization services to low-income residents of Alameda, Castro Valley, Fremont, Hayward, Livermore, Newark, Oakland, Pleasanton, San Leandro, San Lorenzo, Union City.

[Learn More](#)

Pandemic Unemployment Assistance (PUA)

is one of the federal provisions that helps unemployed Californians who are not usually eligible for state Unemployment Insurance (UI) benefits. This includes business owners, self-employed workers, independent contractors, and those with a limited work history who are out of business or have significantly reduced their services as a direct result of the pandemic.

[Learn More](#)

Oakland City Council Meetings

Its eight members are elected directly by the people of Oakland. The Council is made up of one representative from each of seven districts and one at-large representative. The Council sets goals and priorities for the City. Join via teleconference.

[Learn More](#)