Annual Report 2019-2020 Softskill and Personality Development Cell

LAKSHYA 2019 "Aim High"

A certified soft skill development training programme (Lakshya 2019" Aim High") was organised by Linus Educational Services in the month of July. The training programme mainly aimed the first year students. The trainer of the programme Was Mrs. Meena Ramaswamy (Director Operations AMC). The programme was too aware the students about their course, Career, talents and skills. Various refreshment activities were included in the session.



Programme Chart

Date: 23 July 2019

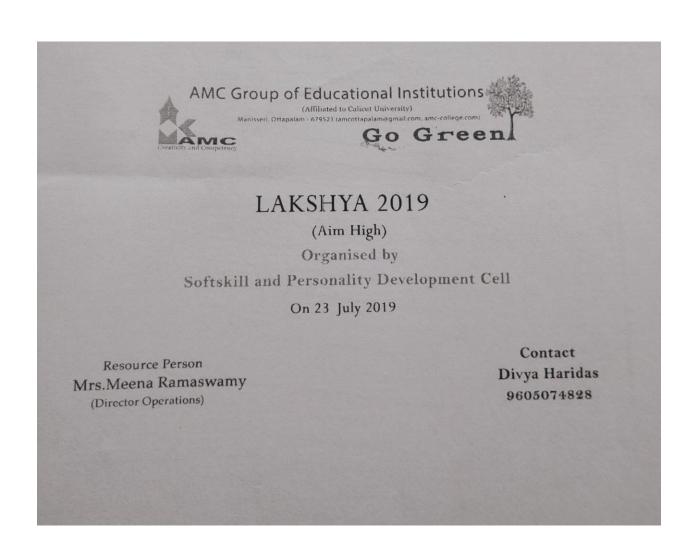
Venue : Audio Visual Hall

Welcome Speech: Krishnaja. P. Co ordinator, 1B. Com. C operation

Inauguration: Dr. Byju. K

Resource Person: Mr. Ramesh, Faculty, Art of Living

Vote of thanks: Mrs. Sarala. K. T, General Head



International Yoga Day

Organized by

Softskill and Personality Development Cell

Date: 21/06/2019

Venue: Audio Visual Hall

International Yoga Day was celebrated at AMC on June 2 I with all its grandeur. The Speech was delivered by Krishnaja . P. Co ordinator of the cell. Honourable Principal Dr. Byju. k inaugurated the session. The trainer of the programme was Mr. Ramesh. Who represent Art of Living Programme run worldwide by Sri Sri Ravi Shankar. The students were educated about the benefits of Yoga on a regular basis. General Head, Mrs. Sarala. K. T, proposed Vote of thanks . The session was really beneficial for the students.







INTERNATIONAL YOGA DAY

Organised by
Softskill and Personality Development Cell
On 21 june 2019

Trainer Mr. Ramesh (Art of Living) Contact Divya Haridas 9605074828

Programme Chart

1.Prayer

2. Welcome Speech: Krishnaja. P, Co ordinator, 1B. Com Co operation

3. Inauguration : Dr. Byju. K

4. Resource Person: Mr. Ramesh, Faculty, Art of Living

5. Vote of thanks: Mrs. Sarala. K. T, General Head

Co-ordinator

Divya Haridas