CO-OPERATIVE FOR **A**SSISTANCE AND **R**ELIEF **E**VERYWHERE (CARE)

The AMC Group of Educational Institutions has a clear policy norms to redress the grievances of students. Its main aim is to develop a transparent, responsive and accountable attitude among all the stakeholders of AMC Group of Educational Institutions in order to maintain a harmonious and pleasant educational ambience in the institute.

As per the regulation, Grievance Redressel Committee is constituted in the college to take care of the students complaints.

There are many problems registered in the grievance cell from the side of students both academically and personally. Some of them were settled internally. But some cases cannot be solved internally. So a counselling cell named Cooperative for Assistance and Relief Everywhere (CARE) was introduced.

The objective of this is imparting stress relief in academic and personal life and also to empower them to face the challenges in life.

The beneficiaries of the cell are the students who face problems in academic and personal life. They shared their problems and thoughts in this cell.

The counselling cell has two wings, internal mentors and external mentors.

These members met together and shared their thoughts about the problems faced by the students and gave suggestions to them.

Once in a week counsellors rendering their services to those who need help. Those unresolvable cases are referred to external mentors.

As we needed professionally qualified psychologist for counselling our college has made an MOU with ICCONS (Institute for Communicative and Cognitive Neuro Science) which is an authorized central GOVT organization doing counselling activities for various groups.

It started functioning from the year 2019 onwards .We recommended some students to ICCONS for getting guidance and support. After the counselling these students improved their self confidence and were able to change self defeating habits. Hence it proved to be a successful endeavor.