

ANNUAL REPORT
COUNSELLING CELL
CARE
2020-2021

TEACHERS IN CHARGE

Internal Counsellors for the year 2020-21

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|----------------------------|--|
| Ms. Nisha Sasikumar | : Vice Principal |
| Ms. Vasanthi P | : HOD – Dept of Economics |
| Mr. Jagadeesh | : Asst. Prof. Dept of Commerce |
| Mr. Rajan K | : Asst. Prof. Dept of Economics |

External Partners : ICCONS, Shoranur

REPORT OF THE COUNSELING CELL (CARE) FOR THE ACADEMIC YEAR 2020-21

The College Council meeting held in the beginning of the academic year assigned Mrs Nisha Sasikumar, Vice Principal as teacher in charge of the counseling cell for the entire college. Mrs Vasanthi P was appointed as additional Counseling cell as a facilitator for the overall development of the students.

The Cell works in association with the various department of the college. Each class has one class teacher in charge and she is in charge of the counseling cell. It is the duty of this teacher to identify the needy students of their class and others in the department.

Class wise interactive sessions were arranged for all batches. Senior teachers are appointed as Internal Counselors for girls and boys by the college council. These internal counselors give the students the courage to speak and share their problems. As needed internal counselors communicate and make sessions with related parties to

solve his/her problem.

Group sessions are conducted on the topics like need for counseling, personality development, mental health, self-confidence and stress management. Apart from this identified students are given individual counseling also.

Internal Counselors for the year 2020-21

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|---------------------|---------------------------------|
| Ms. Nisha Sasikumar | : Vice Principal |
| Ms. Vasanthi P | : HOD –Dept of Economics |
| Mr Jagdheesh | : Asst .prof .Dept of Commerce |
| Mr Rajan K | : Asst.prof .Dept of economics. |

External Partners: ICCONS ,Shoranur,GOI,MOU signed on 19th January 2021.

This academic year, the counseling cell has conducted group and individual sessions.

The main focus of Counseling Cell during the even semester was on the problems faced by the students during online sessions. Lack of mobile range, non-availability of gadgets created panic and stress among few students.

Dept heads identified and distributed few gadgets to students with help of Social service club, who were financially very poor. Fear of examinations, lack of concentration, time management and failure were other commonly found issues. Faculties arranged special counselling to those students and were successful in making them confident before exams. Individual Saturday classes were arranged to those students as remedial tool. We tried

to identify such students and arranged special counseling for them.

CASE HISTORY

From dept. of management two girl students of BBA finance (Former problem with mother and latter love affair), both underwent counselling at ICCONS, our external partner. Now they are comfortable and managing their problems. The internal cell recommended one student (boy) from 2nd BA Economics for counselling from external partner, as he was not able to control his anger towards his girlfriend who betrayed him. Another student (male) was showing symptoms of drugs intake and internal counsellors recommended his parents to take him to rehabilitation Centre. He remained in the rehabilitation Centre for a week and continued his studies smoothly. A student from 2rd co-operation (female) was having troubles from sister in law, and she was just married and as it was love marriage she didn't get support from her family. The internal counselling cell recommended the case to WDC and they solved the matter.

On average five to ten cases were handled every month. Students had wide confidence and trust on internal counselors and they were opening up their issues in a very closed and friendly manner.

In this report the name of students are not mentioned, so as to keep the promise of confidentiality given to students. A Diary is maintained by the Cell for future references for restricted persons.



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MEMORANDUM OF UNDERSTANDING

This Memorandum of understanding entered on 19th of January 2021 between AMC group of Educational Institutions , Affiliated to University of Calicut, Kothayur road, Manissery, Ottapalam, 679521 , represented by its Principal Dr Byju K (hereinafter referred to as the first party) which term shall mean and includes his successors, representatives etc., and the ICCONS (Institute for Communicative and Cognitive Neurosciences), Kavalappara, Shoranur, Palakkad - 679523 represented by its Medical Superintendent (hereinafter referred to as the second party).

ABOUT SECOND PARTY:

ICCONS is under the guidance of SRCCD (Society for Rehabilitation of Cognitive AND Communicative Disorders) which is an autonomous body registered under Travancore –Cochin Literary, scientific and charitable societies Act 1955. ICCONS ,Shoranur is an advanced centre with inpatient and outpatient facilities, college for paramedical courses like BASLP, MASLP and clinical psychology and PhD programs. The institute has a professional wing which provides facilities for assessment, counselling and behavioural intervention in clinical psychology.

Medical Superintendent
Institute for Communicative &
Cognitive Neurosciences
ICCONS
Kavalappara, Shoranur - 679 523



M. C. ...
AMC GROUP OF EDUCATIONAL INSTITUTIONS
AFFILIATED TO UNIVERSITY OF CALICUT
MANISSERY, OTTAPALAM

SL. NO. 1210 500 Date 15.1.2021

SOLD TO AMC Group of Educational Institutions, Manissery

Rajalashmi
RAJALASHMI
ACTING STAMP VENDOR
CHERFALCHERY ROAD, OTTAPALAM

TERMS OF AGREEMENT

Whereas, **the second party is authorised to be the external grievance cell Partner of the college and to provide experienced professional support to conduct counselling facility to those students recommended by the first party. Provided**

If the Internal grievance cell of the first party, recommends a student for counselling under clinical psychology, the first party should obtain consent letters from the student ,parent of the student concerned and a recommendation letter from the Authorised In Charge of internal grievance cell of the first party.

On receipt of the three consents, the second party will start counselling to the concerned student. The cost of counselling will be borne by the parent of student concerned. The Second party will charge a sum of rupees two hundred and fifty (Rs 250.00) per sitting. If the student concerned approaches the second party without recommendation of first party a higher amount will be charged.

First party and second party should keep the entire case file strictly confidential. Assessment of emotional problems and mental health problems and if needed Individual counselling should be provided to the student.

The second party agrees to address parents, teachers and students and make them aware of the need of counselling and this will be rendered by the second party, free of charge.

This agreement will be in force for one year starting from 19th January 2021 and ends on 18th January 2022, to the best satisfaction of the first party.

The parties have set their signature on this document under their office seal.

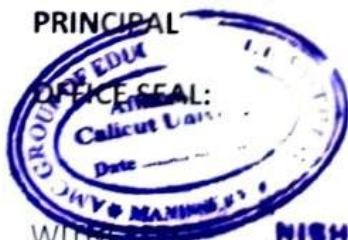
In witness whereof, the parties here have affixed their signature to this MOU on the day, month and year hereinabove first mentioned.

FIRST PARTY


SECOND PARTY

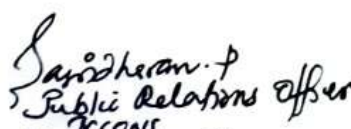

M. Cost, M. Ed, M. A., M. E. A., M. A., M. Phil, Ph.D
DR BYJU K
VICE PRINCIPAL
ANG GROUP OF EDUCATIONAL INSTITUTIONS
AFFILIATED TO CALICUT UNIVERSITY
MANISSERY, PIN - 672 527

PRINCIPAL




WITNESSES

1. 
NISHA SASIKUMAR
VICE PRINCIPAL
ANG GROUP OF EDUCATIONAL INSTITUTIONS
MANISSERY, PIN 672527

2. 
Sandeheran P
Public Relations Officer
ICCONS
Kavalappara, Shoranur.

MEDICAL SUPERINTENDENT

OFFICE SEAL


Dr HAMZA M MBBS, MD
Medical Superintendent
Institute for Communicative &
Cognitive Neurosciences
ICCONS
Kavalappara, Shoranur - 679 523




6/11/21